CANADIAN FASHION HOUSES SHINE, INSIDE

FRIDAY'S JACKPOT
Lotto MAX
$25 MILLION
estimated

The world's largest global newspaper
metro®
TORONTO • THURSDAY, OCTOBER 15, 2009
metronews.ca

EXCLUSIVE OFFER

see details on F7 STYLE
axcess Sears

News on the Move

What's this barcode for?
Learn how to scan the barcode with the instructions at the top of pg 3

Relating pg 16

Cue the date movie

Eradicating Poverty

To mark the United Nations' International Day for the Eradication of Poverty this Monday, Metro Canada is taking a look at how Canadians are fighting poverty and making ends meet.

- Today

We introduce you to a local resident who is living in poverty because of the recession, page 3.

- Tomorrow

Metro looks at how local agencies are trying to help those who are living below — and above — the poverty line.

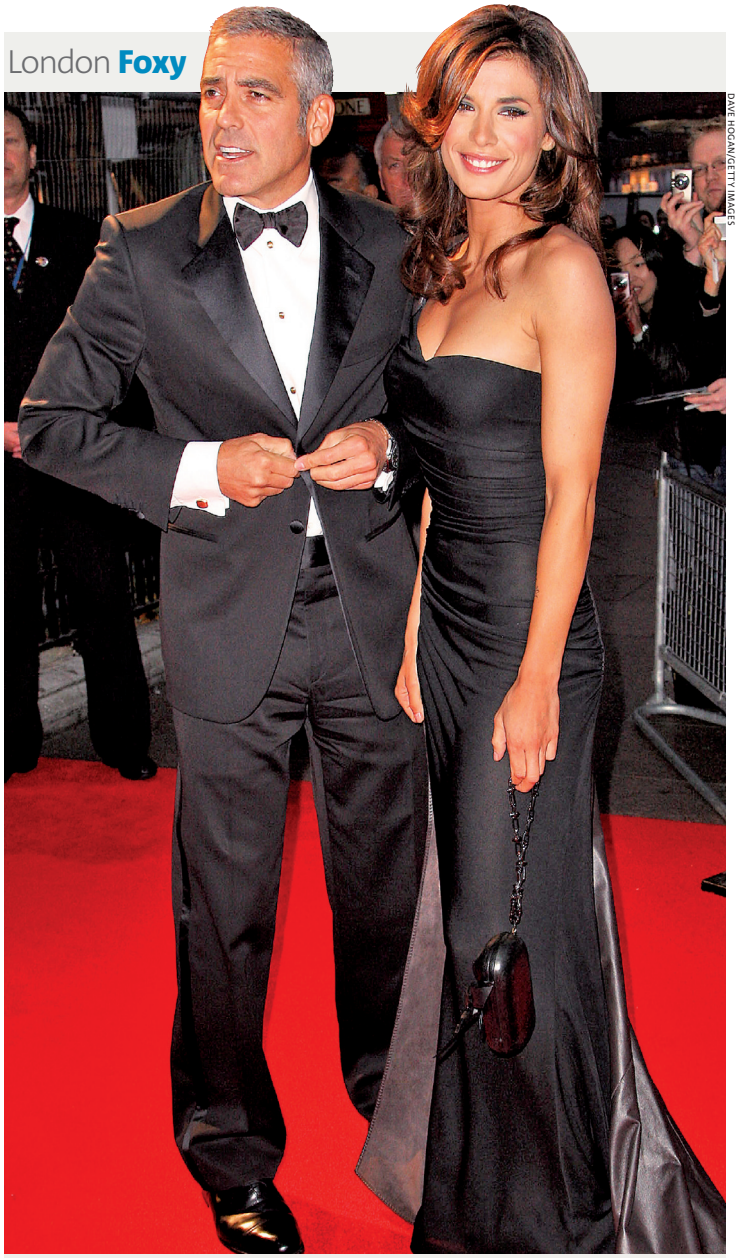
- Online

Metro Canada wants to hear your ideas on how we can eradicate poverty and learn about how the issue is affecting your community. Go to metronews.ca to share your views, tell your story, or upload a picture.

On the web

Visit metronews.ca for news updates

London Foxy



DAVE HOGAN/GETTY IMAGES

George Clooney and Elisabetta Canalis attend the opening gala premiere of Fantastic Mr. Fox yesterday during The Times BFI London Film Festival in London, England.

Tighter belts?

McGuinty says no tax hikes in fall economic statement

Premier Dalton McGuinty is warning of belt-tightening ahead of the fall economic statement, but says raising taxes is not part of the plan.

McGuinty says government finances have taken a hit from the recession, and that means caution is needed when it comes to funding increases for any program.

McGuinty isn't saying whether those tough choices mean things like job or program cuts, but adds tax hikes are not on the table.

He says the government will still support key priorities like health, education and social programs for the most vulnerable.

Although the Children's Aid Society says it's facing a $67-million shortfall and is calling on the government for help, McGuinty would only say the government and the agency will have to find a way to work together through the economic downturn.

Dalton McGuinty

THE CANADIAN PRESS

Teens drawn to black market smokes: Study

The latest study of cigarette butts collected around high schools in Ontario and Quebec suggests more teens are buying their smokes on the black market, prompting a call to make tobacco possession illegal for those under age 19.

The study commissioned by the Canadian Convenience Stores Association and the National Coalition Against Contraband Tobacco, released yesterday, found 30 per cent of butts gathered near Ontario high schools were contraband, up from 26 per cent last year.

The numbers were even higher in Quebec, where 45 per cent of the cigarette butts collected near high schools were contraband, up nine percentage points from 2008.

THE CANADIAN PRESS

CANADA'S MOST RELIABLE NETWORK.†
BEST SURFING. START TO FINISH.™
Visit rogers.com/reliable for details.
ROGERS

†Most reliable network refers to call clarity and dropped calls (voice) and to session completion rate (data) as measured within Rogers HSPA footprint and comparing with competitors' voice and data 1xEvdo networks. Rogers HSPA network not available in all areas. See rogers.com/reliable for details. ™Rogers, Mobius Design & Best Surfing. Start to Finish. are trademarks of or used under license from or with permission of Rogers Communications Inc. or an affiliate. Google and the Google logo are trademarks of Google Inc. The HTC logo HTC Dream™ are trademarks of HTC Corporation used under license or with permission. All other brand names and logos are trademarks of their respective owners. © 2009 Rogers Wireless.

Free Daily News Group Inc., operating as Metro Toronto 1 Concorde Gate, Suite 703, Toronto, Ontario M3C 3N6. Publisher: Bill McDonald

The CIBC Newcomer to Canada Plan.

It's worth a talk™.

Free day-to-day banking for 1 year

Cash Back on a Safety Deposit Box

Simplified mortgage approval process

Save money on your banking.

The **CIBC Newcomer to Canada Plan**[1] is a convenient easy to use package designed to help you save money.

Free day-to-day banking for 1 year.

Open a CIBC Everyday® Chequing Account and for 1 year you'll pay no monthly fee and no fees on an unlimited number of transactions[2] – like withdrawals at CIBC branches and bank machines, writing cheques, paying bills, and pre-authorized payments.

Cash Back on a new Safety Deposit Box[3].

If you open a CIBC chequing account and open a new Safety Deposit Box, you'll receive up to $45 Cash Back. Check with your branch for availability.

Simplified mortgage approval.

The CIBC Newcomer to Canada Plan also offers you a streamlined approval process and low down payment requirements[4] with a CIBC Newcomer Mortgage.

Talk to a CIBC advisor at any branch, visit www.cibc.com/newcomers or call 1 800 465-CIBC (2422).

CIBC

For what matters.

1. The CIBC Newcomer to Canada Plan may be changed or withdrawn at any time. Unless otherwise specified, special offers are limited to one per person. Offers apply to newly issued products only. To be eligible to receive the CIBC Newcomer to Canada Plan offers, the customer must present his/her official Permanent Resident Card or Letter to prove they are currently a landed immigrant, for the CIBC Everyday Chequing Account and Safety Deposit Box offers, the customer must have attained landed immigrant status within the last 2 years; for the CIBC Newcomer Mortgage, see note 4. For all CIBC Newcomer benefits, the benefit must be requested when applying for a product. **2.** Offer available on new CIBC Everyday Chequing Accounts only. A transaction includes a cheque, withdrawal, pre-authorized payment, bill payment and debit purchase. The waived fees are the regular monthly fee of $3.90 for up to 10 transactions plus $0.65 for each additional transaction beyond 10. Fee(s) apply to withdrawals at non-CIBC bank machines. Although transactions fees, including for processing cheques, are waived for one year, a fee applies if you purchase a booklet of cheques. Fee waiver is in effect for one year, after which regular monthly and transaction fees will automatically apply without prior notice. **3.** Offer applies only to new Safety Deposit Boxes (where available) rented to Newcomers who also open a new CIBC chequing account. The prorated annual Safety Deposit Box fee plus taxes is due when the Safety Deposit Box is first rented, the regular annual Safety Deposit Box fee plus taxes will be collected in January of each year. The customer will be reimbursed the cost of the small Safety Deposit Box rental (up to $45) plus tax into their CIBC chequing account approximately one to four weeks of the box being rented. This cannot be combined with any other Safety Deposit Box offer. **4.** CIBC Newcomer Mortgage is limited to landed immigrants (regardless of when they attained that status) who do not have a Canadian credit bureau file that was opened more than 3 years ago. Minimum down payment required. Credit approval is required. Other conditions and restrictions apply. Ask for details. "It's worth a talk." and "CIBC For what matters." are TMs of CIBC. ®Registered trademark of CIBC.

News on the Move IN THREE EASY STEPS

1 DOWNLOAD THE **FREE** SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

ScanLife

Local

Search resumes for Toronto woman

Provincial police are resuming search efforts, for one day only, in the case of a Toronto woman who went missing in the northern Ontario wilderness in 2007. Christina Calayca, left, was last seen near Rainbow Falls Provincial Park in August 2007 while going for an early morning jog during a camping trip with friends. Police are following up on a report by a Minnesota-based search team that scoured the area last month for clues about her mysterious disappearance. THE CANADIAN PRESS

AWARDS
METRO INTERNATIONAL
NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

INDEX

Canada Pg 8
World Pg 14
Comment Pg 16
Sports Pg 19
Fall Fun Pg 21
Entertainment Pg 34
TV Listings Pg 39
Celebrity Buzz Pg 41
Take Five Pg 42

Tomorrow's Metro

Urban Compass

April Lindgren breaks down the issues affecting Torontonians.

metronews.ca

WHAT'S ONLINE TODAY

Videos MetroTube of the day and past videos

Blog Our new family law columnist, Brahm Siegel, tackles Letterman, Edwards, divorce and adultery at **metronews.ca/familymatters**

Lotteries

Lotto 6/49: 4, 17, 19, 22, 24 & 46 Bonus 30
Ontario 49: 1, 13, 19, 24, 31 & 46 Bonus 23
Ontario Pick 3: 4 5 3; **Ontario Pick 4** : 0 8 2 9
Encore: 5677575
Daily Keno: 5, 10, 12, 14, 16, 17, 18, 19, 26, 35, 39, 44, 46, 48, 50, 51, 54, 55, 60, 68
These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

'This too shall pass'

Former business consultant deals with new life in the recession

Eradicating Poverty

HEATHER BUCHAN
for Metro Toronto

RENE JOHNSTON/TORSTAR NEWS SERVICE

Volunteers work on sorting food at the Daily Bread Food Bank in Toronto. So far this year over a million people have used Daily Bread to help feed their families.

John (not his real name) never imagined he would be relying on a food bank to feed his family.

A successful business consultant, he provided his wife and four children a life of comfort. But when he was laid off from his job in the summer of 2008, his family was faced with hardships they never imagined.

It wasn't a life of extravagance, but John was able to send his four children to private school, and his family had two cars. But as the months wore on and no sign of any work came, the financial strain worsened.

"At first, it's the minor things," he says. "You lose the freedom of being able to have the occasional slice of pizza, or being able to grab a coffee on the road. But over time, it gets bigger."

He calls having their second car repossessed "a big slap in the face."

Soon, the family stopped shopping at Sobeys and headed to No Frills. They now belong to a food bank.

John and his family are part of an increasing number of GTA families relying on food banks because of the recession. In fact, the majority of new clients at The Daily Bread Food Bank are those who have lost their jobs or had their hours cut at work. Thirty five per cent of clients in the past six months have lost their jobs. So far this year, more than a million people have accessed Daily Bread.

"I remember when I grew up, I never had to worry about food on the table," says John. "And I pray my kids will have that same confidence in me, but I don't know."

In order to send his kids to camp this summer, John offered to do janitorial work at the camp in lieu of payment. While working at the camp in May, he found out the power to his home had been turned off.

As painful an experience as the past year has been, John remains optimistic. "This too shall pass, as it says in the Good Book."

Zoo drops $60K in legal fees following split

MONEY The Toronto Zoo spent just over $60,000 in legal fees last year to wind up the Toronto Zoo Foundation, following an acrimonious split with the fundraising group.

It spent a further $14,063 hiring a public relations consultant, according to a report to the government management committee. The breakup concluded in May, when the zoo foundation dissolved itself and transferred about $9 million still in its coffers to the Toronto Community Foundation.

The report on consulting services shows that Carter Professional Corporation billed the zoo $60,282 last year for "legal and consultation services" related to the foundation's transfer of its assets.

Councillor Glenn De Baeremaeker, who sits on the zoo's board of governors, said the bill didn't seem unreasonable, given the amount of money at stake. The records also show the zoo paid $14,063 for outside public relations advice. The zoo has its own public relations staff.

TORSTAR NEWS SERVICE

No grounds to detain Khadr: RCMP

COURTS Pakistani authorities were willing to release Abdullah Khadr into Canadian custody 10 months before they finally let him go, a senior RCMP officer testified yesterday.

However, Det.-Insp. Konrad Shourie said there were no grounds to detain the Canadian citizen, so Khadr remained in Pakistani detention until he was finally released without charge in December 2005.

Detained

- Khadr has been detained without charge since his arrest in Dec. 2005

The Toronto-born Khadr is fighting extradition to the United States, which wants to try him for plotting to kill Americans and buying weapons for al-Qaida. He argues that self-incriminating statements he gave should be discounted because he was tortured while in Pakistani custody.

THE CANADIAN PRESS

m.metronews.ca

Scan this barcode for more Local news on your smartphone.
Learn how to scan the barcode with the instructions at the top of this page

Correction

The Canadian Press erroneously reported in Tuesday's Metro that the Ontario legislature was made from limestone. In fact, the building is made from sandstone.

The Second City TORONTO
BUY TICKETS NOW!
"EDGY, STARTLING, AND HILARIOUS..."
-CBC Radio 1
TUES-FRI @ 8PM, SAT 8 & 10:30PM, SUN 7PM
416-343-0011 • WWW. SECONDCITY.COM
SHUT UP and Show Us Your tweets

Woman riding scooter hit by van

A 35-year-old woman riding a scooter downtown was hit by a car and thrown off, suffering severe head injuries and broken bones in her arm and a leg. The crash happened yesterday when the scooter driver was hit by a van southbound on Jarvis Street. Police are investigating. TORSTAR NEWS SERVICE

TONY BOCK/TORSTAR NEWS SERVICE

Denise Bilsland, York Region Children's Aid Society and Ken Heslop, London-Middlesex Children's Aid Society discuss the effect of government cut-backs on vulnerable children and families.

First Nations aid dwindling

Children's aid, government squabble over paying bills

Children's aid societies helping First Nations children say they are stuck with the bulk of a $67 million province wide cash crunch along with communities in areas of the province hit hard by the economic downturn.

The Ontario Association of Children's Aid Societies, the group representing 53 provincial agencies, and the government are in a squabble over who will pay the bills to protect vulnerable children.

The societies say 49 of their agencies face a total shortfall of $67 million this year. The government says it increased payments to the societies by $30 million this year and have tripled support in the last decade to $1.4 billion.

$18.5B

The provincial youth minister says there is little they can do as they face their own $18.5 billion deficit.

Cash-strapped agencies will have difficulty responding to high-risk child abuse allegations within required timelines as staff will have to be cut at societies throughout Ontario if funding is not improved, they say.

Children and Youth Minister Laurel Broten agreed the problem is now acute because the province faces its own financial struggle with an $18.5 billion deficit.

TORSTAR NEWS SERVICE

McGuinty quiet on eHealth completion

REPORT It's no longer certain whether health records will be online in Ontario by the deadline of 2015, Premier Dalton McGuinty said yesterday.

McGuinty has asked new Health Minister Deb Matthews to take a "long, hard, cold, analytical look" at where things are at with electronic health records and to be honest about timelines.

Matthews, McGuinty said, must "take into account the auditor's impartial advice, take into account what we've been able to do ... and let's be honest with ourselves and with Ontarians about our capacity to get that 2015 target."

The government is currently working to implement the recommendations of a scathing auditor general's report on eHealth.

EHealth was set up last year to create electronic health records after the first provincial agency given that task, Smart Systems for Health, spent $650 million but failed to produce anything of lasting value before it was quietly shut down last September.

THE CANADIAN PRESS

Auditor's report

- The auditor's report said $1 billion was poured into an electronic health-record system that's years away from completion and allowed consultants to run amok with little oversight while millions of dollars in untendered contracts went out the door.

OPP make a long-weekend Impact

TRAFFIC Ontario Provincial Police have tallied up the figures from a Thanksgiving long weekend safe-driving blitz.

Officers checked 145,071 vehicles during "Operation Impact" and charged 7,155 people with speeding.

Another 657 were charged with seatbelt and child restraint infractions and 187 drinking and driving charges were laid.

In addition, 113 three-day suspensions were handed out on a holiday weekend that saw just one death on provincial highways. THE CANADIAN PRESS

Your Guide to Better Photography

The NEW Nikon D3000 with its INTUITIVE GUIDE MODE

The new 10.2 megapixel D3000 combines Nikon's award-winning technology with simplicity never before seen in such an advanced D-SLR camera. Move up to a D-SLR system with confidence and begin shooting like a seasoned photographer thanks to the D3000's step-by-step Guide Mode that walks you through the process of capturing the kind of pictures you've always wanted to take. And with Nikon's exclusive EXPEED™ advanced digital image processing technologies, you'll enjoy photos with exceptional colour and sharpness at lightning-quick speed.

Learn more at nikon.ca or visit an Authorized Nikon Canada Dealer.

EXPEED

Nikon

nikon.ca

*The D3000 comes complete with a two-year Canadian warranty for the body, and all NIKKOR lenses come with a five-year Canadian warranty when purchased from an Authorized Nikon Canada Dealer.

RESEARCH STUDY

DO YOU HAVE OSTEOARTHRITIS? ARE YOU UNDER 60?

We are looking for people with **osteoarthritis** who are **under the age of 60 years** to complete one brief questionnaire and one telephone interview about living with arthritis.

For information about this important research, please call Katherine at the Arthritis Community Research & Evaluation Unit (ACREU), University Health Network.

Toll Free: 1-866-724-0003

ACREU Arthritis Community Research & Evaluation Unit

University Health Network
Toronto General Hospital | Toronto Western Hospital | Princess Margaret Hospital

POST-MENOPAUSAL
WOMEN NEEDED

We are looking for healthy volunteers to participate in research studies

416.759.5554
pharmamedica.com

HEALTHY MEN & WOMEN

We are looking for healthy volunteers to participate in research studies

You may be compensated up to $2200 upon completion of the study

PHARMA MEDICA
RESEARCH INC.

416.759.5554
pharmamedica.com

Suspect sought in robbery

Toronto police are trying to identify a suspect in a home robbery near Kennedy Road and Eglinton Avenue East on Sept. 21. At about 1:30 p.m., a man described as white or Hispanic, standing about five-feet-six with a medium build with short black hair, came to the home claiming to be selling lawn care products. TORSTAR NEWS SERVICE

What's your online status?

Social sites have real-life divisions

It's hard to leave your social status behind, even on the Internet, and two popular social networking sites — Facebook and MySpace — are being held up as a perfect example.

U.S.-focused research suggests Facebook generally draws those with higher education and social status.

Eszter Hargittai of Northwestern University in Chicago sees no mystery in the transfer of real-world divisions to Facebook and MySpace. "Existing social divisions translate online," said the associate professor in the communications studies department. "These sites are mainly used for hanging out with people you already know."

Hargittai's research found there is a difference by ethnicity and parental education in the United States as to who uses Facebook versus MySpace. Hispanic students, for example, are more likely to use MySpace because that's where "their friends hang out."

Facebook, it seems, is for the more upwardly mobile. "It's about who you know, what you're doing, where do you go, where were you on your holiday," said Shirley Steinberg, an expert in media literacy and popular culture at McGill University. "Just the use of the words 'status update' has a middle-class implication."

MySpace doesn't do any of that, said Steinberg. "Just the title, 'MySpace,' itself implies that it's personal."

She says MySpace users tend to be in their early teens, and the site is known for attracting musicians and artists and for letting its users be creative.

THE CANADIAN PRESS

Facebook country

- The same divisions don't exist in Canada, but that's mostly because MySpace has such a low profile in this country.

Boyd Conservation Area **Born to run**

RENE JOHNSTON/TORSTAR NEWS SERVICE

An early morning frost and blustery winds, not what you might expect for a tune-up to next month's provincial high school cross-country finals, created havoc for a record number of 3,800 runners from 214 schools across Ontario competing yesterday at the Boyd Conservation Area.

News in brief

BANKRUPTCY Canwest Global Communications wants its restructuring to be dealt with quickly but the insolvent media conglomerate is facing resistance from U.S. investment firm Goldman Sachs, concerned a multibillion-dollar agreement with Canwest could be jeopardized by too speedy a process. Canwest made its first appearance yesterday in a Toronto court since filing for creditor protection last week. Company lawyers set out a timetable that could see it exit restructuring by the end of January.

MISSING Andrea Susan Gordon, a 20-year-old woman who police say has significant developmental delays, has been missing since Sunday. She was last seen near Jane Street and Falstaff Avenue around 5:45 p.m.

METRO NEWS SERVICES

Province cuts new business startup program

LABOUR The McGuinty government has quietly suspended aid to help the unemployed start a business while it reviews ways to extend its "Second Career" long-term retraining program for workers laid off in the recession.

No new applications are being accepted for the self-employment benefit program, which helps about 3,000 people on unemployment insurance annually with $61.9 million in funding.

"It certainly provides a service but I'll be candid — the resources are finite and we have a huge demand," Training, Colleges and Universities Minister John Milloy said yesterday. He noted that Ontario auditor general Jim McCarter last year raised questions about the program's effectiveness in part because of a lack of consistent criteria for acceptance of applicants across the province.

"We want to make sure we're helping those most in need," said Milloy.

TORSTAR NEWS SERVICE

LIMITED TIME OFFER. ANYTHING-BUT-LIMITED LINEUP.

OVER 30% OFF.
The most movies, sports and variety of programming for the whole family.

ON DEMAND.
Watch what you want, when you want. Free for all Rogers Digital TV customers.

EXCLUSIVE CHANNELS.
CNN HD, TLC HD, Speed HD, CBC Newsworld HD, TCM, AMC and more.

ENJOY SAVINGS OF OVER $21 a month.[1]
Don't miss out on Canada's most popular Digital TV package.[2] Call 1 888 ROGERS1 today.

THE WAY TV SHOULD BE.™
rogers.com/VIP

ROGERS™

1. Offer available for a limited time, cannot be combined with any other discounts and is subject to change without notice. Minimum 1-year term required. Early Cancellation Fee applies. Regular monthly rates apply after promotional period. Offer only available to new TV customers.
2. Based on number of subscribers. On Demand not available in all areas. Digital Service Fee of $2.99/mo. applies after the promotional period. Basic Cable and Digital Box required. Channels and programming may vary by region. CRTC Local Programming Improvement Fund (LPIF) Fee also applies, corresponding to 1.5% of your recurring TV monthly service fees.
™Trademarks of or used under license from Rogers Communications Inc. or an affiliate. © 2009 Rogers Cable Communications Inc.

Make your next trip to Starbucks even more rewarding.

We'll give you $25 on your Starbucks Card.†

Think of it as both a Visa* credit card and a Starbucks Card—

working together to get you just what you need, just how you want it.

With it, you'll earn 1% back on all Visa purchases to spend at Starbucks.‡

To apply now, visit rbc.com/starbucks.

© 2009 Starbucks Coffee Company. All rights reserved. NSP10-09095 ** Registered trademarks of Starbucks Corporation. ® Registered trademarks of Royal Bank of Canada. * Registered trademarks of Visa International Service Association. Used under license by Royal Bank of Canada. † To receive the $25 bonus, your application must be received and approved by Royal Bank of Canada. After the first purchase with your Visa Card, please allow 4–6 weeks for your $25 to appear on your Starbucks account. Existing Starbucks Duetto Visa cardholders are not eligible for this offer. This offer may not be used or combined with any other offer. ‡ 1% is earned on purchases only, not on cash advances (including Visa cheques and balance transfers), interest charges or fees and credits for returns or adjustments will reduce or cancel the amount earned based on the amount originally charged; money earned can be spent at participating Starbucks locations.

Restraints for children lacking among taxi companies surveyed

A study of 35 taxi companies across the country has found the majority do not provide child-restraint devices such as car seats. The study, by researchers at the University of Western Ontario, was published in the October edition of Paediatrics and Child Health. THE CANADIAN PRESS

Canada

PM announces clean coal project

Prime Minister Stephen Harper says carbon capture and storage will define the future of Canada's energy industry. He says that's why Ottawa is investing $343 million in a coal-fired electricity generation plant in Alberta. The plan is for the plant to use leading-edge technology to capture and store underground up to one million tonnes of carbon dioxide a year. The money is coming out of the federal government's $1-billion clean energy fund. THE CANADIAN PRESS

Promotion by MPs OK: Tories

But party logo on cheques ruled out

The Harper government says placing the Conservative party logo on mock federal cheques is clearly offside, but individual Tory MPs are free to highlight their names on the promotional placards.

It's the latest twist in a Canada-wide promotion of last January's federal budget that opposition critics say is designed to win partisan advantage for Prime Minister Stephen Harper's minority government — all at taxpayers' expense.

"It's an abuse of the system by the Harper messaging machine," said Liberal MP Wayne Easter.

Nova Scotia MP Gerald Keddy had his knuckles publicly rapped yesterday by Harper after presenting two separate mock federal stimulus cheques bearing the Conservative party logo.

"It's an abuse of the system by the Harper messaging machine."
Wayne Easter, Liberals

That's a flagrant breach of rules under the Federal Identity Program.

But Harper's officials insist there's nothing wrong with Tory MPs presenting government cheques on which their own name, or Tory sloganeering, is the most prominent feature.

THE CANADIAN PRESS

Dad admitted to murders: Tracker testimony

COURT The self-styled tracker who found a man wanted by police dehydrated and weak in the woods says the father immediately confessed to killing his three children.

"'I'm Allan and I killed my kids.' Those were his exact words," Kim Robinson testified what Allan Schoenborn told him.

Robinson, who was incredulous at the revelation, said during the first-degree murder trial that Schoenborn went on to say he killed the children to "save them from a life of humility."

Robinson then asked Schoenborn how he killed them.

"He said, 'With my bare hands.'"

His explosive statements yesterday followed the gut-wrenching testimony of the children's mother, Darcie Clarke.

Clarke came home April 6, 2008, to find Kaitlynne, 10, Max, 8, and Cordon, 5, dead in their Merritt, B.C., home.

She has testified her estranged husband had struggled with mental illness in the past, but she said he was a loving father and it never occurred to her he might harm their children.

THE CANADIAN PRESS

DANIEL HAYDUK/THE CANADIAN PRESS

Rishi Gill, one of two defence lawyers, arrives yesterday at the trial of Allan Schoenborn in Kamloops, B.C. Schoenborn is accused of murdering his three children in Merritt, B.C., in April 2008.

News in brief

SCHOOL Dalhousie University says it has lost an appeal that places its undergraduate medical education program on two years' probation. The Halifax medical school had appealed a preliminary finding by the Liaison Committee for Medical Education, an international accrediting body.

INQUIRY A public inquiry in eastern Ontario examining institutional responses to sex-abuse allegations has requested an extension until late fall to finish its report. The $50-million Cornwall inquiry is looking into allegations that a pedophile clan operated and public officials covered it up.

THE CANADIAN PRESS

m.metronews.ca

Scan this barcode for more Canada news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Carries More.
Consumes Less.

The Chevrolet Traverse. Lots of room for eight people – and their stuff. The best highway fuel efficiency among eight passenger crossovers.† Plus the best coverage in Canada – 5 Year/160,000km powertrain component warranty with roadside assistance and courtesy transportation.Δ And if you don't love it, our 60-Day Satisfaction Guarantee lets you bring it back.‡ Put us to the test against anyone. And may the best car win. Visit chevrolet.gm.ca.

Chevrolet Traverse

CHEVROLET
MAY THE BEST CAR WIN.

†Based on Natural Resources Canada's 2009 Fuel Consumption Guide. Your actual fuel consumption may vary. Excludes other GM vehicles. ΔWhichever comes first, see your dealer for details. ‡Return between 30-60 days with less than 4,000km. Vehicle usage fee and other restrictions apply. Take retail delivery by 11/30/09. *Chevrolet is a brand of General Motors of Canada, the Official Vehicle Partner of the Vancouver 2010 Olympic and Paralympic Winter Games. TM© 2009, VANOC. Used under Licence.

vancouver 2010
CHEVROLET
OFFICIAL VEHICLE*

NEW Activities! Custom Routines!

Wii Fit™ Plus

Fit some Fit in.

Create custom workouts with **NEW** Yoga and Strength Training exercises. Track results and measure calories burned after all activities. Plus choose from 15 **NEW** Training Plus games!

Available at Walmart
Save money. Live better.

EVERYONE E CONTENT RATED BY ESRB
Mild Cartoon Violence

Wii™ console sold separately.

© 2007 – 2009 Nintendo. Wii Fit and Wii are trademarks of Nintendo.

Nintendo

Beer thief flushed out, plane makes unscheduled stop

An Air Canada Jazz aircraft flying to Fort McMurray, Alta., from Vancouver had to make an unscheduled stop in Kelowna, B.C., after a man stole some beer from the beverage cart and tried to hide the evidence by flushing the empty can down the toilet. He was taken off the flight by police. THE CANADIAN PRESS

Envoy sent warnings

Possible torture of Afghan prisoners

How much — and when — did Ottawa know about the possible torture of Afghan prisoners?

A former Canadian diplomat says he warned the federal government in May 2006 of "serious" and "alarming" problems with the handling of prisoners in Kandahar.

Richard Colvin, now deputy head of intelligence at the Canadian embassy in Washington, filed several reports throughout his 18 months in Afghanistan.

He filed an affidavit with the Military Police Complaints Commission, which is investigating what military cops knew, or should have known, about the possible torture.

The Conservative government repeatedly said in the spring of 2007 that it had received no credible reports of prisoner abuse.

But Colvin says he spoke out after he became aware of problems on arriving in Kandahar in April 2006.

> **"I made investigations and detailed my findings formally."**
> Richard Colvin

"Judging these problems regarding Afghan detainees to be serious, imminent and alarming, I made investigations and detailed my findings formally," Colvin wrote.

The report was submitted to the Foreign Affairs department, and was also sent to senior military officers.

It's unclear whether the stark warnings were passed along to Defence Minister Peter MacKay, who was in the foreign affairs portfolio at the time, or former defence minister Gordon O'Connor. THE CANADIAN PRESS

MORE COVERAGE, PAGE 15

RYAN REMIORZ/THE CANADIAN PRESS

Adil Charkaou flashes a victory sign in Montreal yesterday after Ottawa's case collapsed.

'It's the end of this nightmare'

SECURITY Ottawa's terrorism case against Adil Charkaou has unravelled.

A security certificate against the Montreal man accused of having terrorist ties has officially been declared null and void.

And Charkaoui, a married father of three who has steadfastly denied any links to terrorists, said yesterday: "Finally, it's the end of this nightmare."

> **"It's ... a historical decision."**
> Adil Charkaou

Federal Court Justice Daniele Tremblay-Lamer says the certificate has been quashed and Ottawa has no right to appeal.

Ottawa's case against Charkaoui began to collapse this summer when Ottawa's lawyers withdrew evidence against him.

Later, a ruling unlocked an ankle bracelet that tracked his every move.

Charkaoui said he has been waiting for six years to be a free man again.

"It's a great decision for me, a historical decision." THE CANADIAN PRESS

Did nightfall doom pilot in Algonquin crash?

TRAGEDY Investigators are checking whether the pilot of a small plane that crashed in Algonquin Park was allowed to fly at night.

Four people died when the Piper PA-28 crashed near Devine Lake Saturday night.

Killed were Sudbury pilot Kevin Houle, his wife Lorry Lemaire Houle, both 50, their 17-year-old daughter Emily Houle and boyfriend Micheal Rollins, 17.

Transportation Safety Board official Bryce Fisher says Houle filed a flight plan to leave Kingston at 4:30 p.m. and fly to Sudbury.

But he says preliminary data show the plane left Kingston at 6:23 p.m., which would have meant Houle was flying in the dark. THE CANADIAN PRESS

News in brief

WELCOME A baby girl was born in a Windsor parking lot yesterday. Police say mom and dad were headed to a hospital but were caught in traffic. THE CANADIAN PRESS

Colin & Justin's After the Heist HOMETOUR

Benefiting the Canadian Cancer Society / Société canadienne du cancer

THANK YOU TO OUR GENEROUS SPONSORS AND SUPPORTERS

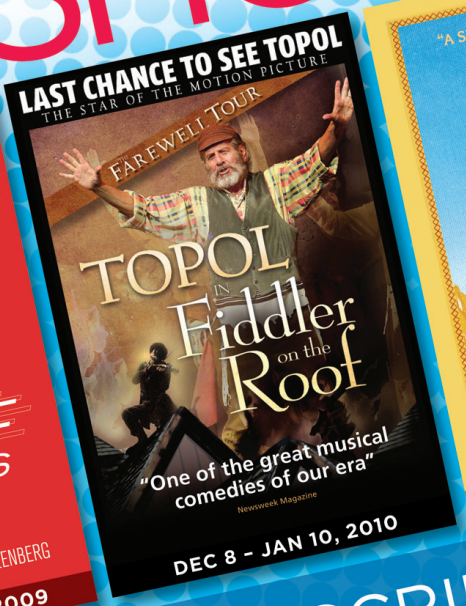
Creative Sponsor: ZEBRA
Promotional Partner: FALL HOME SHOW Powered by RE/MAX
Media Sponsors: metro, 97.3 EZ Rock
Volunteer Partner: Sutton
Gold Sponsors: Celestica Solid partners. Flexible solutions., HunterDouglas
Silver Sponsors: HOMESENSE, e-space home fashions lifestyle de maison
VIP Night Partner: JACKSON-TRIGGS NIAGARA ESTATE
Bronze Sponsor: LP Landscape Plus Ltd.

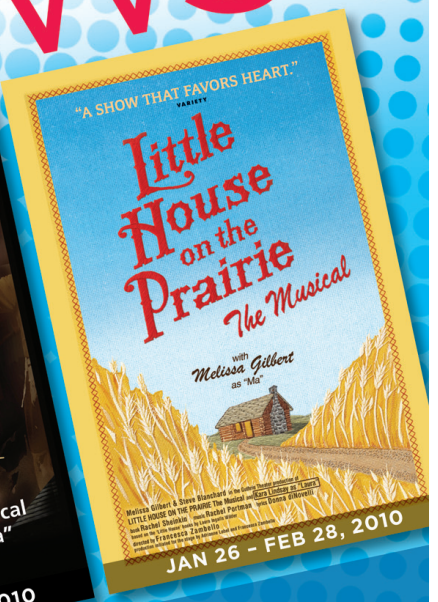
Additional supporters:
Altima Kitchens
DeBoers
Go Resilient Canada/Karndean Flooring
Mistura Restaurant/Sopra Lounge
REM Inc.
Stacaro Toronto
Villa Cappella (Richard & Jude Rand)

For more information about the Canadian Cancer Society, our programs and services please visit www.cancer.ca or call 416-323-7145

David Mirvish PRESENTS
the 2009/10 mirvish
theatre subscription
A SEASON WITH
CHARACTER

SIX SMASH SHOWS





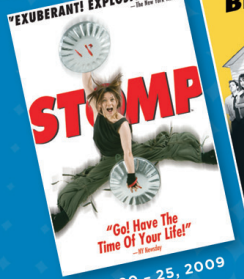
SUBSCRIBER BENEFITS

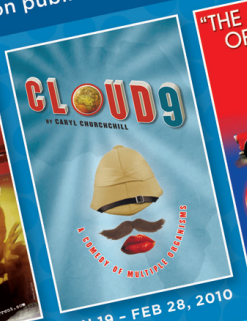
- FIRST CHOICE OF SEATS
- SAVINGS OF UP TO 36%
- FREE, EASY & FLEXIBLE TICKET EXCHANGE
- PARKING DISCOUNTS
- FREE SUBSCRIPTION TO EMAIL NEWSLETTER
- DINING DISCOUNTS
- MIRVISH INTERNATIONAL TRAVEL ADVENTURES
- SHOW REMINDER
- BONUS SHOWS & SPECIAL OFFERS
  Including STOMP, AUGUST: OSAGE COUNTY, MY MOTHER'S LESBIAN JEWISH WICCAN WEDDING, RENT, CLOUD 9, GREASE, MAMMA MIA! & much more!

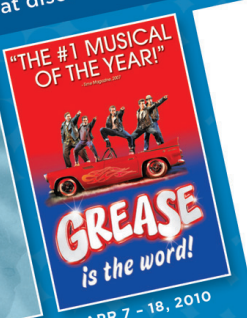
AIR CANADA PRESENTING SEASON SPONSOR

MORE GREAT SHOWS AVAILABLE FIRST TO MIRVISH SUBSCRIBERS

Every Season, we also offer a number of extra attractions that are not a part of the Subscription Package. Subscribers, however, have first call on tickets to these bonus shows—before they go on public sale—and at discount prices!







SUBSCRIBE TODAY!
416.593.4225 MIRVISH.COM

RCMP seize computers during search of bishop's residence
RCMP in Nova Scotia have seized three computers and various storage devices during searches of the residences and office of Bishop Raymond Lahey, accused in Ottawa of possessing child porn. THE CANADIAN PRESS

Knife threat prompts security review

PHILIP CROUCHER
for Metro Canada

COURTS The Department of Justice is reviewing its security policies after a 16-year-old female allegedly hid a knife in her genitals then tried to use it in the attack of a 22-year-old woman inside a Halifax provincial courthouse yesterday afternoon.

"We understand that she got through the metal detections (at the courthouse) because she had placed the knife in her vagina," said the department of justice's Christine Mosher, who is the executive director, court services division, responsible for sheriff services.

The knife was reportedly a fold-up model with a five-inch blade.

Mosher noted the "standard operating procedures permit pat searches only, not body cavity searches" for people coming into the courthouses, although they do have the authority to restrict access "if it comes to that."

Mosher also said communication was sent out to provincial sheriffs yesterday advising them of what happened at the Spring Garden Road location.

Charges

- The 16-year-old female from Upper Tantallon is facing charges of attempted murder, uttering threats and various weapon-related offences.

News in brief

OLYMPICS Vancouver's Olympic organizers are warning residents to prepare for "life as unusual" after they unveiled a transportation plan that will see road closures around the city begin as early as mid-January. Many streets will be hit with no-stopping restrictions for weeks and Olympic lanes giving priority access to athletes, media and public transit vehicles will come into effect in February. To reduce the chaos, officials are hoping to cut traffic back by 30 per cent in both Vancouver and Whistler. THE CANADIAN PRESS

Prentice denies walkout at Thailand climate talks

Environment Minister Jim Prentice contradicted his top climate-change envoy yesterday by denying some countries walked out after Canada's address during recent climate talks in Thailand.

Prentice insisted no one left the room after the Canadian delegation suggested replacing the Kyoto Protocol with an entirely new global-warming pact.

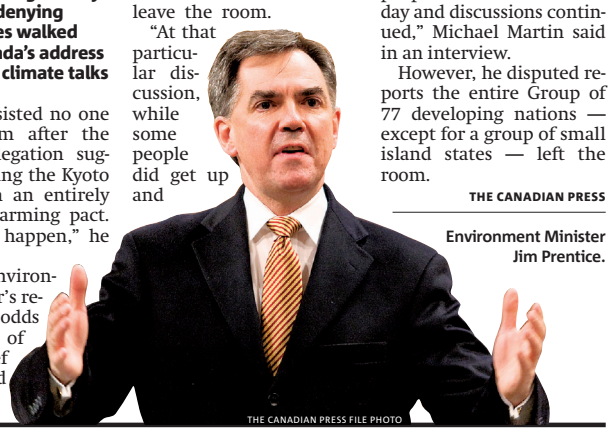
"It did not happen," he told the CBC.

But the environment minister's remarks are at odds with those of Canada's chief negotiator and ambassador for climate change, who told The Canadian Press some countries did, in fact, leave the room.

"At that particular discussion, while some people did get up and leave, others didn't and the meeting continued and people came back the next day and discussions continued," Michael Martin said in an interview.

However, he disputed reports the entire Group of 77 developing nations — except for a group of small island states — left the room.

THE CANADIAN PRESS


THE CANADIAN PRESS FILE PHOTO

Environment Minister Jim Prentice.

Apartment Finder

To advertise contact Jason Saddler at 416-443-4394

YONGE & EGLINTON
65 BROADWAY AVENUE
This area has everything you could want and more!
1 BDRMS from $975/mo+hydro.
2 BDRMS from $1395/mo+hydro.
• Renovated suites • low rise building
• 2 blocks to subway • outdoor pool
CALL 416-932-1095 FOR A VIEWING
WWW.UCCIPROPERTIES.COM

UPTOWN DVP & YORK MILLS
1200 & 1202 York Mills
Newly Renovated 2 Bedroom Suites
From $1177/mth.
Close to York Mills & Sheppard Subway • Easy access to 404, 401, 407 & DVP • Minutes to Fairview Mall • Tuck shop, Daycare & Hair Salon on site • TTC at your door
416-449-9910
Rentalsyorkmills@sterlingkaramar.com
www.sterlingkaramar.com

YONGE & SHEPPARD
CONDO STYLE LIVING
151 Beecroft Rd
1 BEDROOM SUITES
from $1285/mo.
• Direct access to subway
• 5 full size appliances
• Individually controlled heating and A/C
• Secure underground parking
• Balcony or Terrace
• Games room, fitness studio, lounge w/kitchenette, business centre
SHORT TERM rentals available
Preludebyconcert.com
416-733-3176

FACING DUNDAS WEST SUBWAY STATION
Bachelors from $739
1 Bedroom from $929
A/C / Indoor Pool / Indoor Mall Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West
416-532-3331

JANE/STEELES
310/320 Niska Road *(north york)*
FRESHLY PAINTED AND WELL MAINTAINED
Spacious 1, 2 & 3 bdrms from $735/mo.
UTILITIES INCLUDED! Walk to York University
Parking Available
Large balconies
Call 416-720-9500

Pharmacy & Danforth Ave.
1 & 2 bdrms from $835
Including utilities, new décor, close to subway, shops
1 MONTH FREE ON 1 BDRM ONLY
9-5 Mon-Fri 12-5 Sat & Sun
416.698.7233
WWW.PRINCESSMGMT.COM

DOWNTOWN BLOOR & DOVERCOURT
730 Dovercourt
LRG Bach, 1 & 2 Bed Suites
From $857/mth.
Walk to Ossington & Dufferin Subway • Walk to Wal-Mart & Dufferin Mall • Minutes to U of T • Lovely views of the Lake • Beautifully Landscaped
416-534-1139
Rentalsdoversquare@sterlingkaramar.com
www.sterlingkaramar.com

EGLINTON-KIPLING
35 Warrender Ave.
1 Bdrm from $980
2 Bdrm from $1,145
Immediate & Later
Beautiful treed setting, near schools, TTC, 427/401, airport, shopping, C/AC avail, Prkg, Hydro, Indoor Pool, Fitness Facility, Security
1 MONTH'S FREE RENT
APPLY 1450 KIPLING,
S.W. OF EGLINTON 416-231-2003
WWW.PRINCESSMGMT.COM

YONGE & EGLINTON
100 Roehampton Ave.
STUDIOS from $825/MO
1 BR from $1075/MO
• Enjoy the freedom of walking to everything you need • Steps to subway, shopping and restaurants • You'll love the swimming pool • Laundry room on every floor
Call for a tour
416-487-8253 • www.parkproperty.ca

St. Clair & Brimley
3744 St. Clair Ave. E.
1BR from $795
2 BR from $880
• Low rise buildings with bright, spacious suites
• TTC at door • short ride to GO station
• RH King School district
Call for a tour
416-266-8906 • www.parkproperty.ca

ROSEDALE
83 Elm Avenue
2 bdrm renovated apart
Beautiful convenient location
available Mid October
From $1,550/Mo.
call: 416-928-4884
for a tour of the suite
ESBIN PROPERTY MANAGEMENT

Metro Supports Give Girls A Chance!
Educate a Girl. Change the World.
Find out why, whether it's on native reserves in Canada or in Third World country villages, educating girls is the key not only to economic growth, better health and prosperity but our best bet in the battles against terrorism and AIDS by visiting: www.givegirlsachance.org

The Premium Choice in Rental Living

TORONTO
Rideau Towers
35 Thorncliffe Park Drive 416-628-1942
43 Thorncliffe Park Drive 416-628-1942
47 Thorncliffe Park Drive 416-628-1942
49 Thorncliffe Park Drive 416-628-1942
Leaside Towers
85/95 Thorncliffe Park Drive 416-628-1942
Rouge Valley Residence
45 Generation Blvd. Scarborough ..416-284-2873
The Bay Club
925 Bay Street 416-925-0808
The Colonnade
131 Bloor Street West 416-963-7703
Fifty on the Park
50 Portland Street 416-316-1550
OTTAWA
Horizon Towers
160 Chapel Street 613-789-6000
KITCHENER
Margaret Place
305/315 Margaret Avenue 519-744-3468
MISSISSAUGA
Elmwoods
30 Elm Drive 905-848-4653
Maplewoods
1477 Mississauga Valley Blvd. 905-275-2700
Forestwoods
1547 Mississauga Valley Blvd. 905-279-8910
Tomken Place
935 Dundas Street East 905-276-9480
The Valleywoods
1423 Mississauga Valley Blvd. 905-272-8626
Meadowvale Gardens
2869 Battleford Road 905-826-1741
The Arista
3665 Arista Way 905-949-4653

Morguard RESIDENTIAL www.morguard.com

Cancer agency wants to recruit 40,000 for project
The B.C. Cancer Agency says it wants to recruit 40,000 people to take part in the BC Generations Project, aimed at finding out how environmental exposure, lifestyle and genetic makeup contribute to cancer and other chronic diseases. THE CANADIAN PRESS

Canada ready before virus peaks: Health chief

Canada may be behind other countries in rolling out its swine flu vaccine, but the population should be immunized by Christmas before the virus peaks, the country's chief public health officer said yesterday.

David Butler-Jones said when the H1N1 vaccine becomes available in early November, Canadians will be immunized faster than people in other parts of the world.

Flu Outbreak

In some jurisdictions, such as Iqaluit, Nunavut, the population will be immunized within a matter of weeks, he said.

"The advantage in Canada that we have is that — while we may not start first with a few people — we will very quickly be able to immunize everybody in Canada who wishes it, in advance of the real peak," Butler-Jones said after a research funding announcement in Winnipeg.

With health officials pushing everyone to get immunized, Prime Minister Stephen Harper said yesterday he will be one of those rolling up his sleeve.

David Butler-Jones

"My plan is to get the vaccine," he said at a news conference in Wabamun, Alta. "As yet, of course, we haven't actually made a final decision or set a date. We're awaiting final approval of the vaccine but we expect that imminently."

A Canadian Press-Harris-Decima poll released last week indicated one-third of those surveyed planned to get the swine flu shot.

Canada has been criticized for not getting out the vaccine quickly enough when it is already available in the United States and other countries.

The Canadian Medical Association Journal released a modelling study this week that showed the vaccine could have a large dampening effect if used early enough to combat a fall wave of H1N1.

THE CANADIAN PRESS

Baby-killing couple waits for ruling

COURT A Manitoba couple sentenced to life in prison for killing a five-year-old girl will have to wait to find out whether their first-degree murder convictions will be reduced.

Manitoba's Court of Appeal reserved decision yesterday in the horrific murder of Phoenix Sinclair, whose mother and stepfather were convicted last year.

THE CANADIAN PRESS

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

500 loan service
Brokers National
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free:
1-877-776-1660

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# M08000730
www.mortgagegenie.org
416-667-9834

PFS Loan Centre
Need a loan?
Bankrupt, Proposal or Past Bad Credit?
Why pay sky high payday loans? Our rates are affordable!
Think smart. Think Prudent.
Car paid off? (6 years or newer - up to $15,000)
Personal loan (1 yr. on job, $15/hr min. req.)
Rebuild your credit!
PrudentLoanApprovals.com 416.634.2013

METRO PAYDAY LOANS
Approval Over The Phone
Same Day Service
Cheque Cashing *Some Locations
$200 - $800
416-667-0077
www.metropaydayloans.com

SkylarkMortgages.ca
Since 1977
1st, 2nd, 3rd
Mortgage Money Available
Res/Comm • Debt Consol
Bankrupt/Consumer Proposal
Power of Sale • Renovations
Self-Employed • No Credit
APPROVAL BY PHONE • CALL STEVE
416.824.3260

MONEY PROBLEMS?
gta credit
MAKE ONE MONTHLY PAYMENT FOR ALL YOUR DEBTS No need for BANKRUPTCY
North York: 416-650-1100 | Scarborough: 416-754-0011 | Mississauga: 905-275-4200 | Brampton: 905-796-3100 | Ajax: 905-426-8400
GTA CREDIT SOLUTIONS SERVICES LTD. www.gta-credit.com

CREDIT-ZONE
NEED A CAR LOAN? CALL CREDIT-ZONE
APPLY ONLINE AT
www.creditzonecanada.com
1-800-519-9566

Financial Problems?
DEBTS??
Missed Mortgage Payments?
ONE SMALL monthly payment to
AVOID BANKRUPCY
We can HELP (416)-663-5444
www.alliancecredit.ca

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# M08000730
www.mortgagegenie.org
416-667-9834

MORTGAGE APPROVED!
• 1st and 2nd Mortgage for any purpose
• Purchase or re-finance up to 95%
• With rates at historic lows, now is the time to re-finance your home!
• Consolidate cards into one payment
• Self-employed? No income qualifying?
• Good, bad or no credit?
• Behind in Mortgage Payments?
CALL TODAY FOR DETAILS
COMMERCE VENTURES
416-913-9593
OR 647-273-5626
License # 10734

Visit metronews.ca to watch metrotube of the day

HAS YOUR DISABILITY CLAIM BEEN DENIED?
Then you need an effective lawyer on your side.
-Free initial consultation
-No fees until we settle
- Individual & Group Plans only
Call Stephen Ellis, B.A. (Hons.), LL.B, Barrister & Solicitor
tel: (416) 512 2301 • Fax: (416) 512 2025 • stephen@ellislaw.ca

Metro Supports Give Girls A Chance!
Educate a Girl. Change the World.
Find out why, whether it's on native reserves in Canada or in Third World country villages, educating girls is the key not only to economic growth, better health and prosperity but our best bet in the battles against terrorism and AIDS by visiting: www.givegirlsachance.org

PSYCHICS

Powerful Indian Astrologer
Pandit Sivarama Guruji
Black Magic • Evil remove immediately • Etc. • He speaks English, Hindi, and Tamil
Business investments • Work problems • Money problems • School exams • Court cases
Family arguments • Jealously • Worries about loved ones • Childless couples
Money blessing • Sexual problems • Depression • Drinking problems • House production
He is very special in removing black magic & gives production
he performs all types of pujas for all problems
Call: 416-829-2941 (Islington & Albion)
Open 7 days a week from 10:30 am to 8:00pm

'A UNIQUE INDIAN SPIRITUAL ASTROLOGIST'
PANDIT – BHABATRAJ
YOU HAVE PROBLEMS? HE HAS SOLUTIONS!!!
Business, Love, Marriage, Education, job, Money Problems, Children Mistakes, Husband&Wife Relationship, Sexual Problems, Wealth, Sickness, Depression, Course, Jealousy, Personal Matter
HE REMOVES BLACK MAGIC EVIL & VOODOO WITHIN 48 HRS.
100% Guaranteed Results
I CAN HANDLE ANY KIND OF PROBLEMS
CALL FOR APPOINTMENT 647 895 4455
679 Markham Road, Toronto, ON M1H 2A4 @ Markham & Lawrence

The Most Powerful Spiritualist from INDIA
★ Pandit Vijay Varma ★
I help in all problems and work with God & Holy Spirit.
Are you suffering in silence and nobody knows your pain and sorrows, but you & God know? Well you are not alone, The Holy Spirit will guide you to me and convince you, I will remove and destroy all bad luck, witchcraft, jealousy & black magic permanently. With my superior strength and holy given powers & protect you from evil things etc.
3075 Hurontario St. • 647.330.0672

SPIRITUAL READER & ADVISOR
By the sound of your voice, she will tell you past, present & future. Gives you advice on love, marriage, business, home, family. She will not ask why you called, she will tell you. Specializes in reuniting loved ones where others have failed. She has succeeded. She is superior over all, she is gifted with amazing powers. With one call you will be convinced, with her gifted powers. Immediate results guaranteed. No problem is to big or small, so if you're ready for life changing results, call for a free consultation 416-840-6615

CLICK TO THE BEAT.
Get the latest in what's happening on the music scene, CD Reviews and more...visit metronews.ca/music

BDO Dunwoody Limited
Debt Worries?
We'll help you find the right solution to relieve your financial stress.
1-800-561 DEBT (3328)
www.bdodebthelp.ca
Trustee in Bankruptcy - Credit Counsellors - Proposal Administrators

BACHIR
Great Clairvoyant
37 yrs of experience, where others have failed, I succeed, bring back loved ones forever, success in business, life, sexual impotence, removing spells, general protection etc
Results in 48 HRS
100% Guaranteed
TEL: 647-248-4754

Mr. Saleem
Renowned African Medium & Clairvoyant (english, french and portuguese speaking). Love specialist, resolves all problems, business success, release from spells, protection against enemies. Court cases, reunite lovers' forever even hopeless cases. 25 years experience. Quick Results. Don't suffer in silence seek help!
647-281-4609

DIVORCE

SIMPLE (UNCONTESTED)
DIVORCE
ezdivorce.ca
1-888-EZ-EZ-123
3 9 3 9
Lawyer-prepared and filed for you
Member Better Business Bureau

Quick DIVORCE
SIMPLE (UNCONTESTED)
Lawyer Assisted
Lawrence West/Allen Road
416-849-4200

MOVERS

Executive Movers
$40/HR PLUS 1 HR TRAVEL 2 MEN & A TRUCK, INSURED AND BONDED WE WRAP FURNITURE USING PLASTIC AND/OR BLANKETS FAST AND FRIENDLY
Call Moses:
647-989-4284
647-654-4284

CAREER TRAINING

Start a new Career
• PSW Course
• Medical Office Assistant
Register Today
416-913-4700
ABM College of Health and Technology
705 Lawrence Ave. W/Allen Rd.

French nuclear plant closed temporarily

France's nuclear safety authority has suspended work at a nuclear plant after discovering it had underestimated plutonium levels. The ASN safety agency says the plant in Cadarache failed to notice and then waited months to report several extra kilograms of plutonium in closed spaces. THE ASSOCIATED PRESS

World

Anti-monarchy sentiment growing?

A survey by a national broadcaster shows that four out of 10 Norwegian lawmakers want to see the country's figurehead king abdicate in favour of a republic. The results of the survey show that 68 members of Norway's 169-member parliament are for the dissolution of the 104-year-old constitutional monarchy, led by King Harald V. That number was 57 in a similar survey conducted by the newspaper VG in 2001. THE ASSOCIATED PRESS

News in brief

AFRICA African cardinals denounced the "cultural imperialism" of wealthy countries in their aid, trade and health care policies for Africa, saying yesterday that the West's promotion of abortion rights and condoms is destroying the continent's moral fabric. "We want to be helped, but helped ... with respect of what we are and what we want for ourselves," Cardinal Theodore-Adrien Sarr of Dakar, Senegal, said, denouncing "hidden" agendas of aid groups that promote abortion rights and condoms to fight HIV.

DELAWARE A six-year-old boy who faced punishment for taking his favourite camping utensil to school — a combination folding knife, fork and spoon — got a reprieve Tuesday night when the school board made a hasty change to its code of conduct. Zachary Christie had faced 45 days in a school for troublemakers after taking the item to school last month.

THE ASSOCIATED PRESS

New photo shows a 'happy' Dugard

The first photo of Jaycee Dugard since she was reunited with her family after 18 years in captivity shows a smiling woman with long, light brown hair.

Dugard, now 29, tells People magazine she's "so happy to be back with my family" after being reunited Aug. 27. People published the photo and comments from Dugard in its latest issue, which hits newsstands Friday.

Excerpts of the story, and the cover of the magazine with Dugard's picture, were posted on the magazine's website yesterday.

Dugard is living with her mother and two daughters — Angel, 15, and Starlit, 11 — fathered by her alleged kidnapper, Phillip Garrido.

Dugard appears on the latest edition of People magazine.

Authorities say Dugard and her daughters lived in a hidden encampment of sheds and tents in Garrido's backyard. Garrido and his wife, Nancy, have been charged with kidnapping and rape in Dugard's 1991 disappearance outside her California home.

Family spokeswoman Erika Schulte told NBC's Today show yesterday that Dugard decided to release photos as a way to "share her joy with the world" and show how well she's doing.

THE ASSOCIATED PRESS

m.metronews.ca

Scan this barcode for more World news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Iraq releases death toll

VIOLENCE Iraq's government said at least 85,000 Iraqis were killed from 2004 to 2008, officially answering one of the biggest questions of the conflict — how many perished in the sectarian violence that nearly led to a civil war.

What remains unanswered by the government is how many died in the 2003 U.S. invasion and in the months of chaos that followed it.

A report by the Human Rights Ministry said 85,694 people were killed from the beginning of 2004 to Oct. 31, 2008 and 147,195 were wounded. The figures included Iraqi civilians, military and police but did not cover U.S. military deaths, insurgents, or foreigners. And it did not include the first months of the war after the 2003 U.S.-led invasion. Violence in Iraq has declined dramatically since the height of the fighting but almost every Iraqi family has a story of relatives killed, maimed or missing.

85,694
Official government death toll of Iraqis from 2004 to late 2008. Many suspect the true number is higher.

Ali Khalil, 27, of Baghdad, said he was not surprised by the government's figures.

"I expect that the real numbers of the people killed are higher than this," said Khalil, whose father was shot in late 2006.

He added that he did not think the country would return to the high numbers of dead in the future because security has improved. "We have already lost dear ones, and we hope that our sadness and losses will cease."

THE ASSOCIATED PRESS

FLIGHT CENTRE® Unbeatable

Airfares

Cancun $99
Travel Oct 25 - Nov 7/ts + taxes & fees $272

Orlando $39
Travel Oct 25 - Nov 1/wg + taxes & fees $215

Fort Lauderdale $139
Travel Dec 5 - Dec 12/ts + taxes & fees $234

London $149
Travel Nov 8 - Nov 13/ts + taxes & fees $395

Vancouver one-way $169
Travel Oct 30/ws + taxes & fees $62

Glasgow $199
Travel Nov 17 - Nov 25/ts + taxes & fees $397

Jamaica $199
Travel Oct 31 - Nov 8/c6/5g + taxes & fees $269

Manchester $199
Travel Nov 17 - Nov 25/ts + taxes & fees $399

New York $228
Travel Nov 11 - Nov 18/pd + taxes & fees $116

Amsterdam $399
Travel Nov 4 - Nov 18/ua + taxes & fees $406

Beijing $599
Travel Nov 18 - Nov 25/ua + taxes & fees $352

Hong Kong $799
Travel Nov 11 - Nov 25/ua + taxes & fees $171

Sydney $1099
Travel Nov 3 - Nov 17/fj + taxes & fees $225

Biggest Sun Sale Ever

Save up to 49%Δ
when you book your winter sun holiday with Flight Centre in October. BONUS benefit from exclusive offers from your favourite sun providers.

All-inclusive Holidays

Varadero 7 Nights 4-Star $395
Oasis Turquesa + taxes & fees $210
DEPARTS Oct 20/swg/wg.

Santa Lucia 6 Nights 4-Star $437
Oasis Brisas + taxes & fees $205
Departs Oct 30/nol/ts/5g.

Puerto Plata 7 Nights 4.5-Star $458
Grand Oasis Marien + taxes & fees $458
Departs Oct 29/vat/ts/5g.

Puerto Vallarta 7 Nights 4-Star $568
NH Krystal Puerto Vallarta + taxes & fees $272
Departs Oct 22/vat/c6.

Punta Cana 7 Nights 4-Star $592
Occidental Grand + taxes & fees $310
Departs Oct 25/acv/ac.

Jamaica 8 Nights 4-Star $697
Holiday Inn Sunspree + taxes & fees $269
Departs Oct 31/nol/ts/5g.

Holidays

Orlando
Family Special Air + 7 Nights $149*
Ramada Maingate West + taxes & fees $215
INCLUDES accom near *Walt Disney World* Resort. Departs Oct 25/ggv/wg. ADD 7-day *Magic Your Way* Base Ticket for $231 per child.

Las Vegas Air + 3 Nights $245
Circus Circus + taxes & fees $241
INCLUDES accom on the strip. Departs Dec 4/swg/wg.

Glasgow Air + 2 Nights $339
Holiday Inn Express + taxes & fees $397
INCLUDES accom with breakfast. ADD Hop on, Hop off tour of Glasgow for $20. Travel Nov 17 - Nov 25/ggv/ts.

Miami Weekend Air + 3 Nights $479
Mimosa Hotel + taxes & fees $115
Departs Nov 5/ggv/aa. ADD Key West day trip from Miami for $79.

Essential Egypt 8-Day Tour $559^
Essential Egypt + local payment USD180
HIGHLIGHTS Cairo, Aswan and Luxor plus excursions to Abu Simbel, Valley of the Kings, Karnak Temple and the East Bank. Departs Nov 22/tdk.

Salem Halloween Air + 3 Nights + Car $599
Doubletree Club Bayside + taxes & fees $114
INCLUDES Boston accom and 4-day car rental to explore Halloween festivities in Salem, only 16 miles North of Boston. Departs Oct 29/ggv/ac.

Cruise Holidays

Eastern Caribbean
Air + 7-Night Cruise $620
Norwegian Pearl + taxes & fees $330
INCLUDES transfers. HIGHLIGHTS Samana Bay, St Thomas, Tortola and Great Stirrup Cay. Roundtrip Miami. Sails Nov 28/ncl.

Western Caribbean 5-Night Cruise $289
Navigator of the Seas + taxes & fees $98
HIGHLIGHTS Cozumel and Belize. Roundtrip Miami. Sails Nov 30/rcl.

Mediterranean 10-Night Cruise $629
Vision of the Seas + taxes & fees $59
HIGHLIGHTS Rhodes, Crete, Katakolon, Malta, Tunis/Tunisia, Malaga and Lisbon. Departs Athens. Sails Nov 9/rcl.

Exotic Asia 13-Night Cruise $739
Legend of the Seas + taxes & fees $132
HIGHLIGHTS Mumbai (Bombay) India, Goa India, Cochin India, Phuket Thailand, Kuala Lumpur (Port Kelang) Malaysia and Singapore. Departs Dubai. Sails Nov 4/rcl.

PERFECT HOLIDAY PROMISE
Enjoy your holiday or we'll give you $100 towards another one!†

1 866 317 0959 | flightcentre.ca

*Conditions apply. Ex:Toronto. USA and international air only prices are per person for return travel unless otherwise stated. Domestic air only prices are per person for one-way travel unless otherwise stated. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. *Family price is per person based on 2 adults and 2 children 17 years and under. Child Magic Your Way Base Ticket rate based on ages 3 to 9. ΔFor full terms & conditions of all exclusive supplier offers visit www.flightcentre.ca/holidays/sun_sale or ask a Flight Centre consultant for details.swg/wg=sunwing, ws=westjet, 5g=skyservice, c6=canjet, pd=porter, ua=united, fj=air pacific, ac=air canada, vat/ts=transat, ggv=gogo, tdk=topdeck, aa=american, ncl=norwegian, rcl=royal caribbean, nol=nolitours. ^ Price in US$. † The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A $100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384*
TICO

Clinton challenges Russians on visit

U.S. Secretary of State Hillary Rodham Clinton yesterday challenged Russians to open up their political system and embrace diversity and dissent. THE ASSOCIATED PRESS

world 15

A new bread and butter

Some Afghan farmers coming around to wheat over opium as Canada offers high-quality crops

In Afghanistan's war-scarred agrarian society, where farmers tend the land the same way generations of their predecessors did, change happens slowly — especially when it comes to the grassroots civilian effort to replace insurgents with resurgence.

The goal is to restore the "golden age" of farming that existed before the Russians invaded in 1979, with the help of more modern tools like irrigation and fertilizer, as well as lucrative, practical crops like wheat to replace the burgeoning poppy trade.

When the Canadian government offered 50-kilogram bags of high-quality Canadian wheat to about 6,000 Afghan farmers last year, only the most adventurous were willing to give it a try. For them, that pioneering spirit is beginning to pay off.

"They had a bumper crop last year," said Jean-Frederic Beauchesne, the economic growth officer for the Canadian International Development Agency, who is part of Canada's Provincial Reconstruction Team in Kandahar city.

Farmer Din Mohammad

Wheat and other suitable cash crops, such as safflower, are considered key elements in an ongoing struggle to wean Afghanistan from its addiction to opium poppies. Afghanistan produces roughly 90 per cent of the world's opium, which is used to make heroin.

But while production is down slightly across the country, opium production remains the single largest cash crop in Afghanistan, and by far the largest source of income for both the farmers and the warlords who buy it from them.

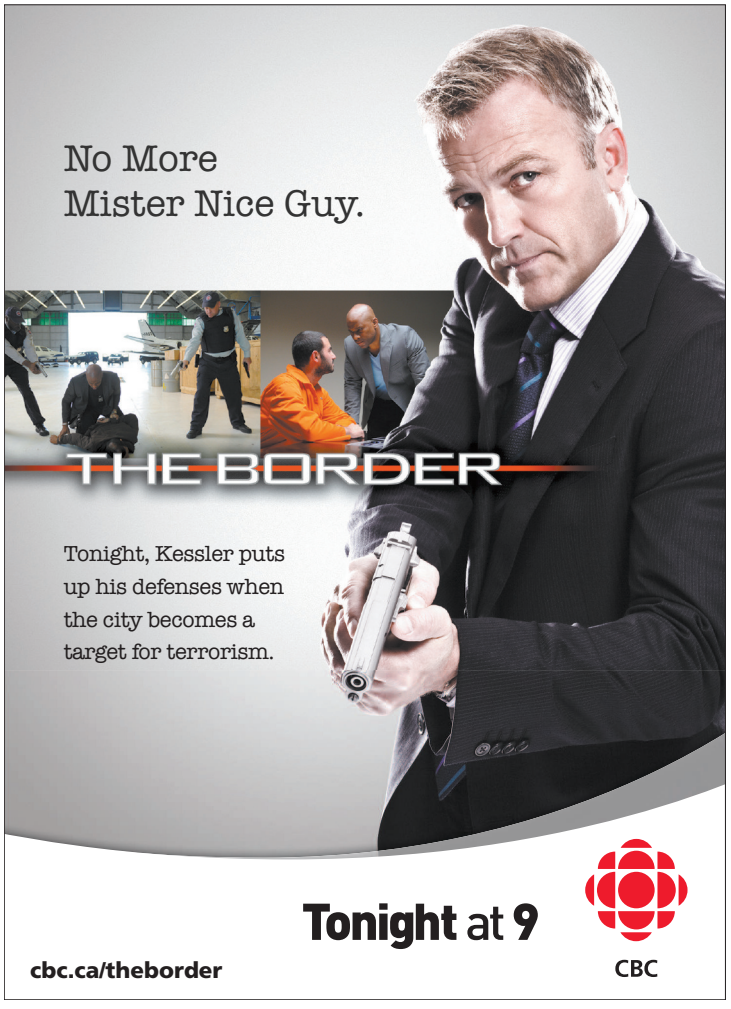
Convincing farmers to try a new crop is never easy, especially in a country so set in its ways.

"The fact is we don't understand if (wheat) is good or not, because we haven't used this before," said Din Mohammad, a farmer in the Daman district.

The Canadian government produced about 350 metric tonnes of wheat last year for Afghan distribution through Mercy Corps, a non-government organization based in Portland, Ore., that provides aid in more than 30 countries around the world. THE CANADIAN PRESS

News in brief

TROOPS British Prime Minister Gordon Brown ordered hundreds more troops to Afghanistan yesterday, pledging to bolster the international effort on the condition that Britain's allies also do their fair share to support the war effort. Britain has the second-largest force in Afghanistan after the U.S., which has 67,000 troops there. THE ASSOCIATED PRESS



The Comwave Comparison

comwave
One-Rate Plan
$29.95/month
Includes Unlimited Calling to Canada & U.S.A.
VoiceMail, Call Display, Call Waiting, Call Return, Three Way Calling, Call Forwarding And Much More!

Bonus
FREE Cordless Phone System with your Comwave Home Phone
3 Handset Cordless Phone System
DECT 6.0 DIGITAL
Interference free
Speaker Phone
VoiceMail Indicator

Rogers
Rogers Extra Value Plan
$41.31/month
Includes 1000 Minutes to Canada & U.S.A.
VoiceMail, Call Display, Call Waiting, Call Return, Three Way Calling, Call Forwarding

Bell
Bell Home Phone Choice
$68.79/month
Includes Unlimited Calling to Canada & U.S.A.
VoiceMail, Call Display, Call Waiting, Call Return, Three Way Calling, Call Forwarding

HOME PHONE LINES
ALL FEATURES FREE

Enhanced	Unlimited Canada	One-Rate	Global
$14.95/month	$19.95/month	$29.95/month	$39.95/month
Unlimited Local Calling	Unlimited Calling to Canada	Unlimited Calling to Canada & U.S.A.	Unlimited Calling to 25 Countries!
✓ All Features FREE	✓ All Features FREE	✓ All Features FREE	✓ All Features FREE

FREE
Cordless Phone System with your Comwave Home Phone
3 Handset Cordless Phone System
DECT 6.0 DIGITAL
Interference free
Speaker Phone
VoiceMail Indicator
Caller ID/Call Waiting

Call Comwave Today For our Guaranteed Lowest Long Distance Rates

New Low Rate India 2.9¢/min

comwave 1-866-543-5097

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911.The Global Home Phone plan is limited to 3000 minutes per month. Excess minutes used will be billed at 3.95 cents per minute. The rates are based on a 3 year term. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your home phone service no questions asked. The Rates of $41.31/month and $68.79/month are as advertised on http://www.homephonechallenge.ca on Oct. 5 2009. Comwave One-Rate Plan does not include applicable taxes. By accepting the free cordless phone set, you are agreeing to a 3 year term and agree to waive the Satisfaction Guarantee period. Coupon must be redeemed in 120 days from date of activation. Terms and conditions apply, see www.comwave.net for details.Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your home phone service no questions asked. Terms and conditions apply, see www.comwave.net for details.

TORONTO
Associate Publisher, Irene Patterson
Managing Editor, Jim Reyno
Retail Sales Director, Tracy Day
Prod/Distribution Director, Gerry Moher
METRO CANADA
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA
METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

Cuddle up with popcorn, movie

Relating

The critics have not been at all kind to Couples Retreat (The Globe and Mail warns, "Couples, Retreat") but the romantic comedy led at the box office last weekend with $35.3 million.

Date movies, like family movies, aren't designed to have particular appeal to anyone in particular, but to be tolerable compromise entertainment for everybody.

They should be earthy enough to make him laugh, yet not so crude as to put her off her popcorn. The audience isn't too picky. The point of the exercise is to go to a movie together. As long as you both aren't rolling your eyes at the same scenes, the date movie can be considered a success.

These productions aren't my usual thing, especially when quality cinema like Zombieland beckons, but I care about our relationship, dearest reader. I saw it for you. I want this to work out.

I also care enough about my beloved not to subject her to date movies, so I went alone. Weirdly, I wasn't the only single there.

There probably isn't much need to recount the plot. The movie stars Vince Vaughn, Jon Favreau, who is looking uncannily like Tony Soprano, and some Kristins. Four couples find themselves stuck in a tropical resort where they're forced into relationship therapy.

On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

A movie talking about relationships could be seen as a bit of a horror movie for guys, so it's laced with what are clearly intended as dude moments: Penis jokes, girls in bikinis, some sharks and a totally bitchin' Guitar Hero showdown.

The big message? Don't take each other for granted. Cheating is wrong.

Weirdly, on the press junkets for the movie, Vaughn slipped this bit into an interview: "The only expert thing I know about a relationship is that I don't know anything. I think every time I think I know something, obviously you then learn that you don't know anything, but I do know this to be true: I know that men marry women hoping that they will not change, and women marry men hoping that they will change, and inevitably everyone is disappointed."

Should have put that one in the movie, Vince.

Instead, and I hope I'm not spoiling anything, the couples, after much upset, remember why they fell in love with each other in the first place, and there's a Wizard of Oz wrap-up ending where they find out they had it in them all along.

Date movies, eh?

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Healing through truth, reconciliation

Mardi Tindal

I met Desmond Tutu in 1990 when interviewing him about the dismantling of apartheid in South Africa. Like most Canadians I was well aware of apartheid and greatly admired Tutu's personal risk-taking in the cause of liberation for South Africans.

My admiration grew even deeper five years later as he began chairing the South African Truth and Reconciliation Commission. He opened the heart of a whole nation to truth-telling about all that had diminished them, destroyed trust and prevented them from being all that they could be as "rainbow people of God."

While aware of the shameful past of South African apartheid, most Canadians were far less aware about our own societal sins regarding our history of Aboriginal residential schools. These schools, created by the government of Canada to assimilate native children into white culture, and run by the churches, led to untold suffering and cultural loss. Children endured long separations from their parents and were unable to speak their own language. Too many also experienced physical and sexual abuse.

Since 2003, the United Church of Canada has worked with other churches and Aboriginal and survivor groups to promote a national truth-telling and

FocusOn FirstNations

healing process. Over the next five years, we as Canadians will all have the opportunity to participate in a Truth and Reconciliation Commission through national and community events, as well as commemoration activities.

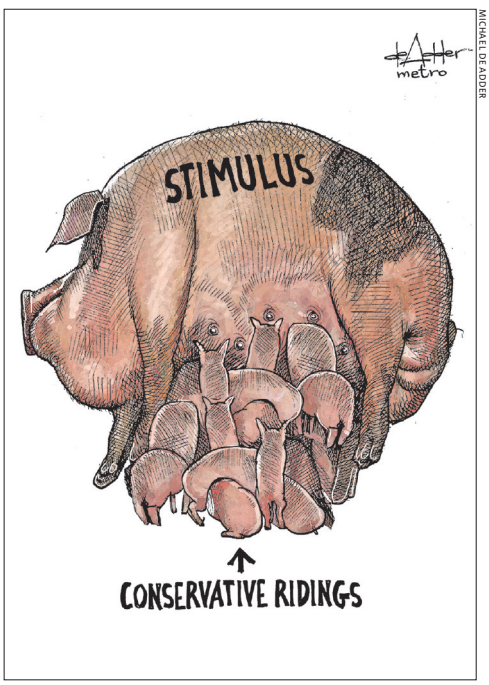
Today, with survivors, Aboriginal, church and government leaders, I will join Gov. Gen Michaëlle Jean to mark a renewed effort in our own truth-telling and healing process.

Acknowledging wrongdoing is the first step on the road of repentance. At the United Church, we have worked hard to become informed and responsive to the harmful impact of the residential schools on Aboriginal Peoples and their cultures. We have apologized to former residential school students, their families and communities. But there is much more listening and, we trust, healing ahead of us.

Today, all Canadians are being given the opportunity to come to terms with our own national shame — and with the promise of healing.

As Desmond Tutu did for South Africans, Aboriginal Peoples' leaders here in Canada are helping us to face the pain with promise; and to move through anger and apology to shared hope. They invite us to listen deeply to all the stories of this land.

Mardi Tindal is the 40th moderator of the United Church of Canada.



MICHAEL DE ADDER

Tell us your views by email to torontoletters@metronews.ca or comment on metronews.ca or on Twitter @metrotoronto
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Toronto 1 Concorde Gate, Suite 703, Toronto, ON M3C 3N6, Tel: 416-486-4900; Fax: 416-482-8097; Advertising: 416-486-4900 ext. 316 • adinfotoronto@metronews.ca; toronto_distribution@metronews.ca; News: jim.reyno@metronews.ca

leisurerules
everything else is work...
www.leisurerules.ca
WIN $100.00
Looking for something new to do at lunch? Try a free public treasure hunt. A new hunt starts tomorrow. Sign up for free at www.leisurerules.ca
Find it. Snap it. Send it. Win!

Sprott subsidiary taking over Wintraysan Capital
Orion Oil & Gas Ltd., a new subsidiary of Toronto-based mineral explorer Sprott Resource Corp., announced plans yesterday that will allow it to access $100 million in financing through a reverse takeover of Vancouver-based Wintraysan Capital Corp. THE CANADIAN PRESS

Business

DOLLAR	GAS	OIL	TSX
US 97.48¢	US $4.43	US $75.18	11,532.78
US 1.00¢	US 15.2¢	US $1.03	119.24

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Cross-border spree again?

Loonie's surge ignites concerns shoppers will flee south

The loonie's apparent march toward parity is adding pressure on Canadian stores to lower prices in time for Christmas shopping season at a time retailers say they can least afford it.

The newest worry, aside from the impact the soaring currency will have on exports, is that Canadian consumers will once again start heading south in a cross-border shopping frenzy in search of bargains for everything from clothes to electronics.

"Canadian consumers have shown time and time again that they are going to vote with their wallets. If they are not happy, they are going to shop elsewhere," said Mark Beazley of the Retail Council of Canada.

After a brief pause on Tuesday, the loonie resumed its ascent, rising a full cent to close at 97.48 cents US yesterday.

THE CANADIAN PRESS

Pundit predicts

- Influential currency analyst Dennis Gartman, who writes a newsletter from Virginia, says it is becoming evident the U.S. administration favours a weak greenback as a way to boost exports and predicts the loonie could revisit $1.10 US, the modern-day high reached in November 2007.

m.metronews.ca

Scan this barcode for more Business news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Business in brief

MORTGAGE Scotiabank, CIBC and the Bank of Montreal all raised their five-year closed mortgage rates by 0.35 percentage points following a similar move by the Royal Bank last week. THE CANADIAN PRESS

Autos drag down U.S. retail sales

U.S. ECONOMY U.S. retail sales declined in September by the largest amount this year as car sales plummeted following the end of the government's popular Cash for Clunkers rebate program. But outside of autos, sales were better than expected.

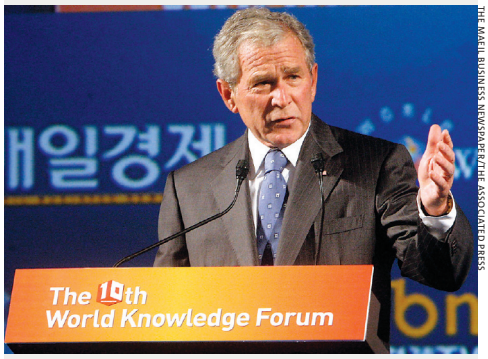
Retail sales dropped 1.5 per cent last month — smaller than the 2.1 per cent fall economists had expected, but still the biggest setback since sales dropped 3.2 per cent in December.

Car sales plunged 10.4 per cent, but excluding autos, retail sales rose 0.5 per cent — better than the 0.2 per cent increase expected. THE ASSOCIATED PRESS

Worry

- Economists are watching consumer demand closely as they worry that any recovery from the recession could stall due to the strong headwinds that households still face.

Bush International action



THE WALL STREET JOURNAL/NOVEMBER/THE ASSOCIATED PRESS

Former U.S. president George W. Bush speaks yesterday at the World Knowledge Forum in Seoul, South Korea. Bush said coordinated international action helped save the world from the financial crisis that erupted last year.

Uranium miner seeks alternatives

MINING Forsys Metals Corp., a junior uranium miner with operations in Africa, says it will review potential strategic alternatives in the wake of its failed acquisition by George Forrest International Afrique S.P.R.L., an African miner.

The Toronto company said the strategic review will examine possible financing alternatives to advance the Valencia uranium project into production, exploring strategic alliances, joint venture opportunities, mergers, acquisitions, or a sale of all or part of the business.

THE CANADIAN PRESS

NovaGold shareholders sue miner

LAWSUIT NovaGold Resources Inc. is facing a shareholder lawsuit seeking more than $100 million in damages for allegedly misrepresenting the true cost of its now-stalled Galore Creek copper-gold project in British Columbia.

The suit, which contains allegations similar to those contained in a prior U.S. shareholder action, was filed yesterday in Ontario Superior Court on behalf of all Canadian investors who acquired NovaGold shares from Oct. 25, 2006, to Jan. 16, 2008.

Besides NovaGold, the defendants include the consulting firm that provided a 2006 feasibility study that said the mine could be built for about $1.8 billion US, and several individuals including NovaGold's CEO and directors at the time.

THE CANADIAN PRESS

State Bank of India (Canada)
CDIC Member
TOLL FREE: 1-866-SBIC-NOW
www.sbicanada.com
Invest in TFSA
SBIC Power GIC account at
1.75%*
Conditions apply. Interest rates subject to change*

OWN A HOME • NO MONEY DOWN
Artisan Financial Services Inc.
"Turning more renters into home owners than anyone else since 1995"
Do You Spend $1150 On Rent?
You CAN Own A Home!
Let Us Show You How...
Apply Today: www.ArtisanFinancial.ca
or call: 416-679-9799 • 1-866-993-0099

Smokers / Ex-Smokers
Volunteers wanted for research Study
CANDIDATES MUST BE:
• 50 years of age or older
• Current/ex-smoker of at least 10 years
• History of chronic bronchitis or emphysema
IF YOU FIT THESE CRITERIA, PLEASE CALL
416-921-7707
Volunteers will receive an investigational medication.

HERZING COLLEGE
Put yourself in high demand with a career as a
Law Clerk,
Legal Assistant
or Police Foundations
Internship included
Classes Forming NOW!
1-888-NEW-CAREER
1-888-(639-2273)
www.herzing.edu Toronto Eaton Centre Campus

Certified Law Clerks
Law Clerks are trained professionals who administer legal and administrative duties usually under the supervision of a lawyer. These duties include but are not limited to managerial roles in the law office, legal document administration and a general knowledge of practice and procedures within a specialized area of law. Law firms, corporations and government hire Law Clerks to work in areas of real estate, litigation, corporate law and estates.
Herzing College provides professional training to assist students to prepare for Law Clerk specific industry certifications. Although certification is not necessary in order to become gainfully employed as a law clerk, achieving certifications will help the student develop a specialized expertise and enhance their employment options and earnings.
To create your career call:
1-888-NEW-CAREER (1-888-639-2273)

Be Job Ready in months, not years!
Earn your professional Diploma!
Evergreen College
Second Career, EI, SA & ODSP recipients are welcome
Morning, evening & weekend classes
Pharmacy Assistant (Toronto Campus)
Community Service Worker
Medical Office Admin
Early Childcare Assistant
Personal Support Worker
Computer System & Network Specialist A+, MCSE, CCNA
Computerized Accounting & Payroll
Ask us about Bonus Certifications
Field Placement & Job Assistance included
www.evergreencollege.ca
Call Now!
Toronto Downtown Campus 416.365.0505 67 Yonge Street 4th Floor (King & Yonge)
Mississauga Campus 905.566.0507 Unit 201, 1140 Burnhamthorpe Rd. W.

TODAY, KNOWLEDGE IS MONEY!

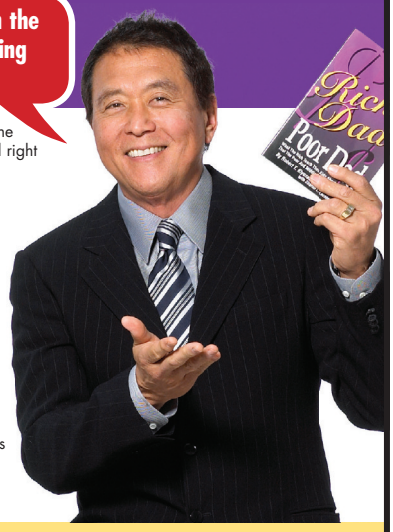
This FREE EVENT Could Mean the Difference Between Struggling & Prospering Right Now

Some of the world's richest people have gone bankrupt – or nearly so – and then rocketed right back to being wealthy again. Why?

Because they had what's really valuable... what YOU really need right now. It's FINANCIAL INTELLIGENCE!

There Is Tremendous Opportunity In The Canadian Real Estate Market
The real estate market in Canada today is in much better shape than some areas of the United States. I have strategies and techniques that work in both countries. In fact, I LOVE buying real estate in both types of markets and you should, too – once you know what I know!

I'm sending my Rich Dad's Education trainers to hold a FREE live workshop that shows you how to apply my methods of amassing money in today's economy.



FREE *Learn To Be Rich*™ Workshop

Based on the Book & Teachings of World Famous Author Robert Kiyosaki

COMING TO THE GREATER TORONTO AREA ON OCTOBER 19, 20, 21, OR 22 AND OCT 26, 27, 28 OR 29

CALL NOW OR REGISTER ONLINE 1-800-988-6572
www.richdadeducation.com

Receive a FREE CD-ROM! *"RICH DAD'S® BUDGETING YOUR MONEY"*
An excerpt from Robert's new best seller, Rich Dad's Increase Your Financial IQ
It's YOURS FREE at the workshop!
Robert Kiyosaki does not participate in this event.

RICH DAD EDUCATION

SHARE THE WEALTH! BRING ALONG A FRIEND OR A FAMILY MEMBER!

Results from programs are based on individual effort and other factors. Additional products and services will be offered for sale. The Rich Dad® word mark and logos are owned by CASHFLOW Technologies, Inc. and any use of such marks by Rich Dad Education, Ltd. is under license. © 2009 Rich Dad Education, Ltd. All rights reserved. 09RDE0447 V1 5/09

Bombardier signs locomotive deal
Bombardier Transportation said it has won a $383-million US contract to provide 100 electric locomotives to Italy's Trenitalia. THE CANADIAN PRESS

Forest industry faces new threat from U.S.

Canada's forest industry faces a new threat on the horizon that could kill thousands of jobs as reports suggest the United States is looking to bolster its biomass subsidy, says the Forest Products Association of Canada.

Association president Avrim Lazar says U.S. producers would gain a new competitive advantage unless Ottawa develops a national strategy and provides substantial funding to harness the country's potential to become a bioenergy superpower.

Left unmatched, an expanded U.S. program will lead to mill closures, Lazar added.

The U.S. government is under pressure from the forest products industry to expand the program to include large companies and broaden the definition for eligible materials.

Canadian producers fear changes to the program's criteria could in effect partially replace a black liquor subsidy set to expire in December, which provided up to $7 billion US annually to the U.S. industry.

It could also raise the cost of fibre for Canadian mills as companies look to secure the subsidy.

THE CANADIAN PRESS

Shift from fossil fuels

- The U.S. biomass crop assistance program is designed to support the shift from fossil fuels to renewable energy. It is expected to provide about $25 million US in subsidies this year to convert one million tonnes of scrap wood and chips to energy.

Moody's backs Barrick's financing plan

MINING A $1.25-billion US debt financing and a Chilean copper-gold acquisition planned by Barrick Gold Corp. are well within its means, Moody's Investors Services said as it affirmed the Toronto-based company's ratings.

Barrick plans to issue $400 million US of 4.95 per cent notes due in 2020 and $850 million of 5.95 per cent notes due in 2039 to fund its plans to support its obligations under gold hedging activities, which are being wound up.

Moody's said it had affirmed Barrick's rating of Baa1 and assigned a Baa1 rating to the two series of unsecured notes.

Barrick has bought a 70 per cent stake in the El Morro copper-gold project in Chile. THE CANADIAN PRESS

Background

- Barrick, which has grown into the world's biggest gold mining company, has major mines in Canada, the United States, South America, Australia and Africa.

BEST BUY CELLULAPOINT FUTURE SHOP Walmart Zellers

(1) Subject to long distance charges when outside your local calling area. (2) Includes international text messages. Excludes premium messages. (3) Unlimited local calling from 7pm to 8am, Monday through Thursday and from 7pm Friday to 8am Monday. (4) Taxes are extra. Mobile phone not included in plan.

Koodo shop

Bramalea City Centre
Burlington Mall
Cambridge Centre
Centerpoint Mall
Devonshire Mall
Dixie Outlet Mall
Dufferin Mall
Eastgate Square
Fairview Mall
Fairview Park Mall
Georgian Mall
Lime Ridge Mall
Lynden Park Mall
Mapleview Shopping Centre
Markville Shopping Centre
Masonville Place
Northgate Shopping Centre
Oakville Place
Oshawa Centre
Pen Centre
Pickering Town Centre
Scarborough Town Centre
Sherway Gardens
Square One
Stone Road Mall
Tecumseh Mall
The Promenade
Toronto Eaton Centre
Upper Canada Mall
Vaughan Mills
Westmount Shopping Centre
White Oaks Mall
Woodbine Centre
Yorkdale Mall

Ballesteros hopes for one more British Open round
Seve Ballesteros says he's hopeful that his health will allow him to play a round at next year's British Open. Ballesteros, who is recovering from brain cancer that has left him partially blinded in his left eye, says playing a round at the event he won three times couldn't be decided yet. THE ASSOCIATED PRESS

Sports

Not leaving Notts

Sven-Goran Eriksson, left, says he is committed to English club Notts County and is not preparing to coach North Korea at the World Cup. North Korea has qualified for the finals for the first time since the 1966 tournament. Notts County also issued a statement dismissing a report that the fourth-tier club's director was set to take on a role with North Korea. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Like a broken computer, Leafs need a reset

NHL The 0-5-1 Maple Leafs want to hit the reset button, says Leaf coach Ron Wilson. If the Leafs were a computer, Wilson would be turning it off, then turning back on again to see if it can start downloading instructions and begin operating as advertised.

So press "reset," count for 10 seconds, and, as the techies say, cross your fingers. If all goes well, the following will have changed, for the better:

Goaltending: The Leafs have surrendered the first goal in each game and have only held a lead for five minutes 41 seconds.

Leadership: Nobody wears the C. They were brow-beaten by Wilson that none in the room were worthy of being a leader; perhaps now they believe it.

Toughness: Sure, they fight. But the Leafs are anything but tough. Forwards don't go to the net. They skate the perimeter and take shots from 40 feet. Few take a hit to make a play. When they do make a hit, it's usually a defenceman who's out of position.

Defence: It was supposed to be the team's strength, but only Ian White is playing above his weight.

Offence: Scoring is supposed to be a group effort, but the group is acting like a bunch of individuals. Maybe they just don't have the talent.

TORSTAR NEWS SERVICE

Owners weighing Argos' future

The owners of the Toronto Argonauts say they are "weighing" the future of the CFL team, stopping short of saying it's for sale.

David Cynamon and Howard Sokolowski made the comment in a statement issued yesterday after a report said they are considering selling the team.

"We want to make it clear we remain the dedicated owners of the Toronto Argonauts, committed to the franchise's success both on and off the field, and particularly in the community," the statement said.

Struggling squad

- The Argos are enduring a second straight miserable season on the field, and take a league-worst 3-11 record into tomorrow's contest with visiting Edmonton.

"However, we do explore different opportunities and are weighing what is in the best interests of ourselves, our families, and the future of the Toronto Argonauts.

"We will continue to keep the Canadian Football League and commissioner Mark Cohon informed of any developments, and will certainly inform Argonauts fans, the heart and soul of our franchise, of any real news."

In June, it was revealed that B.C. Lions owner David Braley fronted Sokolowski and Cynamon half the $2-million franchise fee to purchase the Argos out in 2003, and continued to lend the team money.

Sokolowski and Cynamon said Braley offered the assistance at the time to help make the purchase of the Argos more attractive during a difficult time for the team.

Braley issued his own statement later yesterday.

"Recent news reports have referred to rumours regarding my ownership of the British Columbia Lions. I want to stress that the team is not for sale," he said. "I remain the team's owner, proud of its accomplishments, both on the field and in communities across British Columbia, and dedicated to its future success."

It's unclear what the statements mean for the team, and Sokolowski and Cynamon urged fans not to get caught up in a guessing game. THE CANADIAN PRESS

m.metronews.ca

Scan this barcode for the most recent Sports updates on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Golf Shriners fundraiser

DARRIN BUSH/THE ASSOCIATED PRESS

LPGA pro Natalie Gulbis participates in the Pro-Am portion of the Justin Timberlake Shriners Hospitals for Children Open yesterday in Las Vegas. It's the second year of Timberlake's fundraising tournament.

Sports in brief

MONCTON For one game, anyway, the Toronto Argonauts will call Moncton, N.B., home. Two CFL sources told The Canadian Press yesterday that the Argos will be the home team for a regular-season game that will be played in New Brunswick next season. The league will make the official announcement today at a news conference in Moncton.

WRESTLING Captain Lou Albano, who became one of the most recognized professional wrestlers of the 1980s after appearing in Cyndi Lauper's Girls Just Want to Have Fun music video, died yesterday. He was 76.

ARGOS TRADE The Toronto Argonauts traded import offensive lineman Cliff Washburn to the Saskatchewan Roughriders yesterday in exchange for a fifth-round pick in the 2010 CFL Canadian draft and a conditional pick in the 2011 draft.

METRO NEWS SERVICES

100% PERMANENT HAIR REMOVAL

A GOOD FOR YOU!! You're coming to OMI for your hair removal treatment.

B You are to be congratulated for not wasting your money with others who overcharge for poor results or undercharge for no result.

C OMI's proven they are best since 1979. Improve your life, call OMI now!

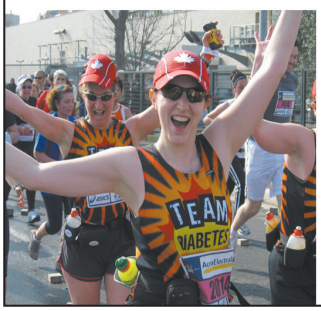
Most … of OMI consultations were treated by doctors and others without success. Don't waste your money like they did. Come to OMI first! (most OMI clients are male)

OMI on Rogers TV Channel 5
OMI MEDICAL INC.
416•223•5500
www.omihair.com
OPEN 7 DAYS A WEEK

Make a change in your life and the lives of people living with diabetes.

WALK OR RUN with TEAM DIABETES

10 YEARS TEAM DIABETES CANADA
Canadian Diabetes Association



Walk or run at various exciting Canadian and international locations. Team Diabetes prepares you for the physical challenge and helps you achieve your fundraising and training goals.

Join us as we travel to majestic Reykjavik and exotic Rio de Janeiro in 2010!

Limited spots available so contact Cara at 416-408-7089 or cara.waterfall@diabetes.ca today!
teamdiabetes.ca

BioPed ORTHOTICS, FOOTWEAR & PEDORTHIC CARE
metro

Egypt eyes U-20 attendance mark

Organizers of the Under-20 World Cup in Egypt said yesterday they were set to break the attendance record for the event, but conceded that conscripts from the country's military had helped fill stadiums. The record currently stands at 1.19 million, set in Canada two years ago. THE ASSOCIATED PRESS

Relief for Fleury, finally

Tormented former NHL star tells all in new autobiography

Theo Fleury suffered silently, alone with his pain until he could take it no more and tried to drink it all away.

When the hurt returned the cycle would repeat, and as the years went on he began to lose more and more control. By the time the former NHL star disappeared from the public eye some five years ago, most fans could only remember the sad and peculiar sideshow he had become, not the tiny-but-dazzling dynamo on the ice he had been for over a decade.

Sober four years and enjoying a stability in his life he never before had, Fleury now wants to set the record straight. His autobiography Playing With Fire, released yesterday, answers many of the questions people had about his at-times maniacal behaviour.

By exposing his demons - most notably the sexual assaults he says he was subjected to by former junior hockey coach Graham James and the substance abuse it led to — the 41-year-old Fleury has found relief.

"The only way you can get any kind of recovery in this process is to tell somebody, you've got to get it out there," Fleury said yesterday. "I felt with four years sobriety under my belt that I would be able to handle it and stay strong and get the message out there.

"I wanted people to understand why everything kind of went off the rails towards the end."

THE CANADIAN PRESS

NATHAN DENETTE/THE CANADIAN PRESS

Former NHL star Theo Fleury poses yesterday for a photograph with his new book in Toronto.

Raps fall to Celts in Turkoglu's debut

NBA Paul Pierce scored 17 points and Kevin Garnett added 16 to lead the Boston Celtics to a 106-90 pre-season victory over the Toronto Raptors last night at the XL Center in Hartford, Conn.

Chris Bosh had 21 points for the Raptors (2-2). Jose Calderon had 12 points, while Andrea Bargnani added six points and seven rebounds.

Off-season acquisition Hedo Turkoglu played 22 minutes in his pre-season debut, finishing with six points and five assists.

It was the first time the Celtics played in Hartford since a pre-season game in 1995. Prior to then, the Celtics played three regular season games a year in the arena formerly known as the Civic Center.

The game served as a homecoming for Ray Allen, who went 26-0 in Hartford while playing for UConn. THE ASSOCIATED PRESS

Sports in brief

NFL Indianapolis Colts kicker Adam Vinatieri will be out four to eight weeks after undergoing arthroscopic right knee surgery to remove a piece of cartilage. The team has signed veteran kicker Matt Stover to replace Vinatieri.

SOCCER A soccer club was permanently banned from the French amateur league yesterday after refusing to play a match against a gay team. Last week, Paris Foot Gay said its members were victims of homophobia when Creteil Bebel, a team of Muslim players, refused to play them this month.

SOCCER Jamaica defender Orane Simpson was fatally stabbed in the violence-wracked Kingston slum where he was raised, police said yesterday. METRO NEWS SERVICES

BUY ONE, GET ONE 50% OFF

Mix and Match Sport Nutrition Brands*

Choose from over 30 superior brands!

Never seen before — Buy any one product from over 30 cutting-edge sports brands and get a second at 50% off*.
Yes, you CAN Mix & Match... EVEN between brands!

And Gold Card members get an ADDITIONAL 20% OFF too!

Start saving today! Participating brands include —

ADS • Advanced Genetics • All American EFX • Amino Vital • Bio-X
Cellucor • CMI • Con-Cret • Cygen • Cytogenics • Cytosport • EAS
Gaspari Nutrition • GNC Amp • GNC Pro Performance • Infinite Labs
Isatori • Kaizen • MHP • MRI • Muscle Asylum Project • MusclePharm
MuscleTech • Nutrabolics • Nutrex • NxLabs • Optimum Nutrition
Precision • PVL • Rivalus • Starchem Labs • Strive • Thermolife
Ultimate Nutrition • VPX

*But only for a limited time!**

GNC LiveWell.

Visit GNC.CA for the location nearest you

*Offer effective September 1 until October 26, 2009. Discount taken on second item of equal or lesser value. See sales associate for complete list of participating brands. Restrictions apply. See stores for complete details.

"ELECTRIFYING" – Los Angeles Times
"IRRESISTIBLE! A sure-fire crowd pleaser with a rock-and-roll heart!" – The New York Times

STOMP

BACK WITH NEW SURPRISES
ONE WEEK ONLY! OCTOBER 20–25
CANON THEATRE
Canon
244 VICTORIA STREET • TORONTO
416-872-1212
1-800-461-3333
MIRVISH.COM
$25 STUDENT RUSH
IN-PERSON 2 HOURS BEFORE SHOW
ONE TICKET PER PERSON WITH VALID ID

Get baking
Make mini pies with the Fall Forest Pie Cutters, right, from Williams-Sonoma. Available for $24 for a set of four pie cutters. For store locations and more information, please visit williams-sonoma.ca. METRO NEWS SERVICES

Fall Fun

Trick or Tater
Mr. Potato Head Trick or Tater, left, comes with glow-in-the-dark eyes, a ghost costume, shoes, two vampire ears, two arms, a set of fangs, nose, pumpkin basket and hat. The suggested retail price for the Trick or Tater is $9.99. METRO NEWS SERVICES

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Not for the faint-hearted

RAFAEL BRUSILOW
for Metro Canada

With spooky denizens galore, the Canada's Wonderland's Halloween Haunt is back and while the monsters may not be real, the scares and thrills most certainly are.

Ghouls, goblins and ghosts join a stalking army of the imagination's most terrifying creations, brought to life by talented makeup artists bent on upping the ante in bloodletting gore.

Jessica Felder, 29, an experienced makeup artist who is working at the Haunt for the fifth time, says the joy of working the event is getting to indulge in her gory side.

"We get to be as creative and gory as we want to be, and I love being gory. Anything with blood and guts is right up my alley!" Felder joked.

If the characters you see skulking the park on Haunt nights seem uncommonly twisted and scary, that's because Felder says a lot of thought and hard work goes into giving each actor a unique look.

"We do a lot of research. All of us here, especially the makeup artists, have a leaning towards the horror side of things," Felder said.

Of course, much of that research includes tons of horror-movie watching and Felder credits the fearsome character of Freddy Krueger from the Nightmare on Elm Street flicks for inspiring her desire to become a makeup artist.

Halloween Haunt features 10 haunted house mazes and plenty of nighttime roller-coaster thrills. New featured mazes at the Haunt this year include the nightmarish Club Blood, a devilish dance hall staffed by blood-sucking vampires ready to torture foolhardy souls, and the spooky Midsummer Night's Scream, a haunted outdoor forest crawling with malformed monsters and evil fairies.

For people seeking some levity (or just a brief respite from the roller-coasters and haunted houses), the salacious, edgy new live comedy show FANGS takes a skewed look at vampires and the undead.

The Haunt runs each Friday, Saturday and Sunday in October, as well as Sunday, Nov. 1, from 7 p.m. to midnight. Regular admission is $29.99 and Season Pass holders can get in for $24.99, with a buffet dinner available to entrants for $9.99. Reduced group rates are also available.

For more information, visit haunt.canadawonderland.com.

PHOTOS BY RAFAEL BRUSILOW/FOR METRO CANADA

A lot of work goes into making the actors look scary at Canada's Wonderland's Halloween Haunt.

RAFAEL BRUSILOW/FOR METRO CANADA

Makeup artist Jessica Felder creates a flesh-stripped vampire look.

How to create that scary look

If you're confused by carnage and stumped about severed limbs, professional makeup artist Jessica Felder offers some tips for creating your perfect Halloween-ready look.

- **Make great-looking blood** by combining corn syrup, red food colouring, red gel, soy sauce and peanut butter.
- **Make your own cringe-inducing, realistic-looking wounds** by using some liquid latex mixed with a bit of paper towel and sculpt it into whatever shape you desire. You can find liquid latex at any costume or party store.
- **Shading and depth can make a big difference.** Rather than just splattering makeup on, try to add depth with deeper and lighter shades in select places for greater realism.

RAFAEL BRUSILOW
FOR METRO CANADA

events

ZOMBIE WALK More than 1,000 hungry zombies are expected to roam the streets as part of the seventh annual Toronto Zombie Walk. Takes place Oct. 24 at 3 p.m. Go to torontozombiewalk.ca for more.

SCREEMERS Features haunted walk-through attractions, midway rides and more. Runs every night to Oct. 31, from 7 p.m. ($28.50, online discount). Queen Elizabeth Building, Exhibition Place. 416-979-FEAR or screemers.ca.

HOWLING HOOTENANNY FOR HALLOWEEN Features a haunted maze, creepy creature show, scary tales and more. At Black Creek Pioneer Village. Sat. & Sun. 11 a.m.-4:30 p.m., and again Oct. 24, 25 & 31 ($15/$14/$11). 1000 Murray Ross Parkway. 416-736-1733 or blackcreek.ca.

BOO AT THE ZOO Catch a show at the Halloween Harvest Stage, participate in the Critters and Costumes parade and cheer for your favourite staff member at the pumpkin carving competition. Runs Oct. 24-25 and Oct. 31, from 10 a.m. to 4 p.m. ($21/$15/$13). torontozoo.com.

POWER HOUSE OF TERROR CHARITY HAUNT One of Toronto's most haunted buildings, nestled in the former grounds of Lakeshore Psychiatric Centre, turns into a power house of terror, designed as a labyrinth so that guests fear what lurks around every turn. Proceeds go to the SickKids Foundation. Not recommended for children under the age of nine. ($6-$12). 65 Colonel Samuel Smith Park Dr., Etobicoke. Starts at 6 p.m. Runs Oct. 16-17, Oct. 22-24, Oct. 29-Nov. 1. METRO NEWS SERVICES

Create and celebrate

Matthew Mead's Monster Book of Halloween features hundreds of treats and crafts for Halloween, including patterns and recipes for green gruel with eyeballs and witch pizza. Available at amazon.ca for $17.48. METRO NEWS SERVICES

It's harvest time

LEYLA EMORY
for Metro Canada

Summer may be over, but the fun doesn't have to be. The fall harvest season offers a plethora of treats and activities.

Apple picking tops the list. All across Canada apples are just waiting to be picked. From Davison Orchards County Village in British Columbia to Ocenas Orchards in Quebec, apple farms are offering hay rides, baked goods, and, of course, apples. Just come equipped.

"One thing people forget is that a farm is a farm," says Shirley Rosenbersky, communications officer at Chudleigh's apple farm. "Wear comfortable shoes. And if the weatherman says it's going to rain, come prepared for rain. It's fall; it can be warm, cold and then warm."

To get the most out of your apples, go with cold. "When we pick our apples from the orchard, they go right into our cooler — which is just above freezing," says Rosenbersky. "Apples are warm on the trees but they like to be put into cold. They can last six weeks in your refrigerator and still be great."

While you're out in the wilds, why not pick up a pumpkin? Pumpkinpatchesandmore.org/Canada.htm lists pumpkin picking farms by province as well as providing tips and recipes for your gourd.

When it comes to pumpkin farms, the same rules apply.

"This year I would definitely say bring an umbrella. It just hasn't stopped raining," says Kevin Ward, owner of Fernwood Farms. "That's my advice, other than the usual fall stuff. If you phone ahead to where you're going, they'll let you know how bad or how good the facilities are, depending on the area."

Back in the comfort of your own home, make the most out of your fall treats with seasonally inspired cooking classes or recipes. Relishculinary.ca offers themed classes such as Smashing Pumpkins.

"I basically focus on everything that's in season," says founder Lauren Levy. "Apples are huge on the menu — whether it's in salads, desserts or soups."

Her favourite dish at the moment is a butternut squash and apple soup. "I add a bit of apple cider, which makes it a little sweet, then you can add nutmeg and cinnamon and top it with a bit of crispy pancetta and low-fat sour cream."

And don't count out the pumpkin.

"Think about using the whole pumpkin," says Levy, whose classes focus on practicality. "You don't want to throw out pumpkin seeds, they're great to use. Make warm pumpkin salad with arugula and candied pumpkin seeds. You can even make pumpkin seed brittle."

The fall harvest season offers a plethora of treats and activities, such as apple and pumpkin picking.

Toronto Fashion Week
metro
your passport to the runways
ann-marie.colacino@metro.ca
THURSDAY, OCT. 15, 2009

Designer roundup

top destinations

Canadian fashion houses are making their mark here and around the world

Andy Thê-Anh Canada Inc.

Established: 2006
Price: $285-$2,100
Key words: Sensual, functional and pristine.
Try it on: The Bay; Boutique Andy Thê-Anh and Daniel Boutique, Toronto. Visit andytheanh.com.
Brains behind brand: Born in Vietnam and trained at College La Salle, Montréal, Andy Thê-Anh likes to imagine he's creating clothes for the Mildred Pierces of this world. "I always think clothes should be tight enough to show that you are a woman," says Thê-Anh, "And loose enough to show that you are a lady.'"
Latest inspiration: Coco Chanel. "I just finished reading (her) biography," says Thê-Anh "What a woman! I admire her determination."
Designer admiration: Claude Montana, Thierry Mugler and Jean-Paul Gaultier.
Challenges of designing in Canada: 1) Convincing customers to buy Canadian fashions (versus internationally recognized brands); 2) Getting financial backers to trust in Canadian talent and invest.
Five years from now... To have an accessory line and a menswear collection.

Thieves by Sonja den Elzen

Established: 2006
Price: $150-$1,200
Key words: Soft, woman and strength.
Try it on: Thieves, Toronto. Visit thieves.ca.
Brains behind brand: Sonja den Elzen is a self-taught Toronto designer who believes clothes should always work with the body. The fit, detailing and her use of sustainable fabrics make her designs unique and perfect for someone with a strong sense of personal style or, in her words, a "stylish urban nomad."
Latest inspiration: Gaudi's La Sagrada Familia, Barcelona.
Designer admiration: Denis Gagnon, Rick Owens and Threeasfour.

CONTINUED ON F2

"I always think clothes should be tight enough to show that you are a woman. And loose enough to show that you are a lady."
— Andy Thê-Anh, designer

Fashions from the fall 2009 collections.

thieves

andy thê-anh

The runway look

■ *Fashions from the fall 2009 collections.*

CONTINUED FROM F1

Challenges of designing in Canada: "Some Canadians want the international market to validate their own (work)," says den Elzen. "The market for designer clothing is not big (enough) yet."
Five years from now... Still be designing beautiful clothing and making a good living at it.

■ Greta Constantine and the newly launched men's collection, Ezra Constantine

Established: 2006
Price: $600-$3,500
Key words: Structure, timeless and unique.
Try it on: Holt Renfrew, Canada; Harrods, London, England; Sample Studio, New York, USA; and Paris Texas, Copenhagen, Denmark. Visit gretaconstantine.com.
Brains behind brand: Jamaican-born Kirk Pickersgill and Stephen Wong don't sketch their garments before they start construction, something nearly unheard of in fashion design. "We have a look in mind and execute it to a point where we both are satisfied," says Pickersgill, "Which is never!" Both started designing in their late teens and have worked for such designers as Comrags, Susan Dicks and Dsquared2.
Latest inspiration: Scarab beetles and feathers.
Designer admiration: Alexander McQueen, Nicholas Ghersquiere and Riccardo Ticco.
Five years from now... To be at the same level as the three designers mentioned above.

■ Aime

Established: 2007
Price: $95 - $655
Key words: Comfortable, sustainable and effortlessly chic.
Try it on: French Accents and TNT Women, Toronto; TNT Women, Montreal; and Body Politic, Eugene Choo and The Velvet Room Boutique, Vancouver. Visit aimeluxury.com.
Brains behind brand: Monica Mei Chiu has combined her fascination with the fashion world with her desire to create functional flirty garments. "I want wearers of Aime to feel comfortable and confident so they can concentrate on today's pressing issues and live their lives," says Chiu. "It's all about fit and proportion, while highlighting the areas you love about your body."
The Aime Woman: "I would love Angelina Jolie or Oprah Winfrey to wear Aime as they're both strong, intelligent women with generous hearts," says Chiu, a graduate of Ryerson University School of Fashion and the Stratergic Management program at University of Toronto. "They embody the Aime philosophy to 'Love yourself. Love others. Love luxury.'"
Latest inspiration: The cafe culture of post-Second World War Paris.
Designer admiration: Coco Chanel, Chloe (in the days of Karl Lagerfeld), and Yves Saint Laurent.
Five years from now... To work with charities that support youth and women.

■ BROSE

Established: 2009
Price: $525-$995
Key words: Fresh, clean and feminine.
Try it on: Holt Renfrew, Toronto and Montreal; and Jacflash and Finn Boutique, Toronto. Visit marikabrose.com.
Brains behind brand: Marika Brose designs dresses women love to wear. That shouldn't come as a shock with training in pattern drafting from ESMOD, Paris, and fashion merchandising management from F.I.T., New York, under her belt. The psychology degree from McGill doesn't hurt either. "I want my dress to be the one that you look forward to wearing," says Brose, "Rather than the one that hangs in your closet and stresses you out because you didn't lose those last five pounds."
The BROSE woman: "I imagine her just throwing on one of my frocks and catching a glimpse of herself as she runs out the door," says Brose, "Very little fuss, but lots of personality."
Latest inspiration: Miami. "The neon lights in fun pastels and the overall joie de vivre made me want to get up and dance!" says Brose.
Designer admiration: Karl Lagerfeld, Phoebe Philo and Stella McCartney.
Five years from now... Paris.

BY EMMA YARDLEY

New to fashion week

Self-taught designer

Katrina Tuttle

Since she was six years old, Katrina Tuttle knew she wanted to be a fashion designer. Now at the ripe old age of 21, her eponymous clothing line is two years old and about to take stage on the catwalks of LG Fashion Week in Toronto.

This fashion week is a big move for Tuttle. Based out of Halifax, she is looking to expand her brand into the rest of Canada. "It's really exciting," says Tuttle. "It's a great opportunity to show the line and get more exposure."

LG Fashion Week by L'Oreal Paris is Canada's largest fashion week, featuring 32 Canadian designers, running from Monday to Saturday in Toronto.

Tuttle began her training at six years old with a how-to book and help from family. She began making her own patterns and designs, and once she turned 18 Katrina Tuttle became a brand name. As a self-taught designer, she is involved with her designs every step of the way, even taking her own photos and styling her model's hair

Well-known in Halifax for her unique and careful designs, Tuttle uses raw silk, wool and organza to create feminine pieces. She'll be taking the opportunity while in Toronto to start looking for prospective buyers and boutiques in order to bring her line further west.

""I'm looking to expand the line," says Tuttle. "I'm showing the line across Canada, and in boutiques in Toronto."

Tuttle is already planning a trip back to Toronto to show her upcoming fall line.

BY DENISE SURETTE

The spring 2010 collection
Models wear designs from Katrina Tuttle's spring 2010 collection. Tuttle's runway show takes place at Toronto Fashion Week next Wednesday at 5 p.m. (at King Street West and Shaw Street).

The Princess Margaret

WELCOME HOME SWEEPSTAKES®

For Cancer Research

OVER 50% SOLD!

OAKVILLE

Prize Valued At $3,560,000††

1306 Cambridge Drive, Oakville

OPEN FOR VIEWING:
Weekdays 1pm - 8pm
Weekends & Holidays Noon - 5pm

CANADIAN HOUSE & HOME

Come and see the house of my dreams. It's 'new country style' and it's fabulous.
Lynda Reeves.

Custom-Built By PCM www.PCMnow.com

murakami RESIDENTIAL DESIGN AND RECONSTRUCTION

MUSKOKA

Prize Valued At $1,160,000††

1086 Brackenrig Road, Unit 3, Township of Muskoka Lakes

OPEN FOR VIEWING:
Weekends & Holidays Noon - 5pm

DESIGN, MATERIALS AND DECOR BY LINWOOD CUSTOM HOMES

BUILT BY MUSKOKA BUILDING COMPANY

DOWNTOWN TORONTO

Prize Valued At $489,400††

15 Fort York Boulevard, Unit 4105
Condo not open for viewing

CONCORD ADEX

N2

BLUE MOUNTAIN

Prize Valued At $325,730††

Unit #258, Mosaic at Blue, Blue Mountain Resort, Collingwood
Vacation home not open for viewing

EARLY BIRD PRIZE

2010 Ferrari California

Early Bird Deadline November 5

Early Bird Draw: November 18, 2009

Supplied by Ferrari of Ontario

Valued At $318,819††

26,700 PRIZES WORTH OVER $9.4 MILLION • 1 IN 10 CHANCES TO WIN†

TICKETS $100 OR 3-PACK FOR $250

NEW! ORDER TICKETS ONLINE!

HelpConquerCancer.ca • 1-866-631-1234

CONQUER CANCER IN OUR LIFETIME

® Used by Amex Bank of Canada under license from American Express. For a complete list of rules, prizes and draw dates, visit us online at HelpConquerCancer.ca. †All inquiries, if any, regarding the "Chances of Winning" are to be made to the licensee prior to the purchase of ticket/s. ††Approximate retail value as of the date contracts were negotiated with suppliers. Due to housing market fluctuations, the market value of the real estate prizes may rise or diminish over time. Winner or charity is not entitled to the difference, if any, between the stated and actual market value at the time the prize is awarded. Prices include taxes and freight, where applicable. Only 267,000 tickets will be sold. Lottery Licence #1925

A fresh style

JOE'S BRAND

Toronto-raised Joe Mimran talks clothes, creativity and and the enduring spirit of an entrepreneur

> "(For the spring 2010 collection), we've done a lot of sheer and we've done a lot of innerwear as outerwear."

You may never have heard of Joe Mimran, but chances are good that you've worn his creations.

The Canadian fashion designer and wildly successful entrepreneur is the man behind some of our biggest homegrown brands, including Club Monaco and popular budget clothing and cosmetics line Joe Fresh.

Mimran grew up in Toronto but was born in Casablanca, Morocco. As a child, he hovered around his couturier mother as she worked at her sewing machine.

"I used to have her make clothes for me… I was wearing Beatle boots and suede-fronted sweater vests and bell bottoms."

Mimran's first profession was accounting, but he knew it wasn't going to stick. "I always found a way to mix art and business, which is really what I loved. I found that the fashion industry was the perfect blend of that."

Along with his mother and elder brother Saul, Mimran started a dress business in the late '70s. They later focused their efforts on tailoring and co-ordinated sportswear, a savvy move considering the rapid movement of women into the work force. Their company, called Ms. Originals, continued to grow and expand. Among their stable of employees was a gifted young designer by the name of Alfred Sung.

In 1985, Mimran and Sung opened a retail store, calling it Club Monaco. Of the name, Mimran says, "We had this imagery of this place that brought Europe together with America in a glamourous way." Club Monaco became a huge international success — an uncommon occurrence for a Canadian brand.

"When you do something amazing in New York, the whole world knows about it," explains Mimran, who's married to fellow designer Kimberley Newport-Mimran. "When you do something amazing in Paris, the whole world knows about it. If you do something amazing in Canada or in Toronto, nobody may know about it, other than Canadians."

After selling Club Monaco to Polo Ralph Lauren in 1999, Mimran did some consulting work, and was eventually approached by grocery store chain Loblaw Companies Limited to help create a home concept, and later, the clothing line that became Joe Fresh.

"We push so hard," Mimran says of the research and work that goes into the design and production of Joe Fresh clothing and cosmetics. "We push much harder than the price points would normally dictate. And that's the magic of the brand."

Mimran's hard work continues to pay off: the brand will soon be expanding in Toronto's downtown core. A massive new Joe Fresh and Loblaws store is in the works for Queen Street and is slated to open in 2011.

Joe Fresh will be showing its spring 2010 next Wednesday at Toronto Fashion Week. Mimran offers a tantalizing glimpse: "We've done a lot of sheer and we've done a lot of innerwear as outerwear."

Fashion, by its very nature, is temporary. Had he not gone into fashion, Mimran believes he would have opted for a career in architecture.

"There's something incredible about being able to build (something) that is around for hundreds of years," he says. "I have to create so much every single season. A lot of it comes and goes. And nobody ever sees it again. All that creativity just ends up being photographs at the end of the day. It would be incredible to be able to put that creativity into something as tangible as a building or a structure."

BY SOFI PAPAMARKO

joe mimran

■ *Fashions from the Joe Fresh fall 2009 collection at Toronto Fashion Week.*

What to wear

A day-to-night dress
Maje snakeskin-print dress, $340, netaportercom
Leopard print might be all the rage in fashion right now, but snakeskin makes a more unique statement. Added bonus: Animal prints are pretty timeless, which means you can wear this strapless dress over and over and over again.

The beauty about Toronto's local style scene is that it's

based on the individual. There isn't a prototypical way of dressing here the way you might encounter in New York (lots of black), London (lots of eccentricity), Milan (lots of designer labels) or Paris (lots of chic classics). But if one were to try to pinpoint Toronto's way of dressing it would be: relaxed, utilitarian, cosmopolitan and urban. Expect the guests at the city's fashion shows to represent the best of this. If you're looking to create a unique personal look of your own, we suggest you consider the following key items for autumn.

KENYA HUNT

Easy, tailored trousers
Elizabeth and James, $275, shopbop.com
Mary-Kate and Ashley Olsen's clothing line has developed a fierce following among fashion editors for their tailored, yet easy trousers and jackets. This pair is the perfect thing to run from show to show in.

A pair of statement boots
Chloé suede lace-up boots, $695, netaporter.com
These boots are surprisingly more versatile than they look and would work equally well with a mini-dress as a pair of tailored trousers.

Chic arm candy
Isharya bangles, $65, isharya.com
The Far East meets the city with these chic rhinestone bangles.

LG Fashion Week Schedule — Oct. 19 to 23

Venue: 1030 King St. W. For more information, visit lgfashionweek.ca

Monday

- **Vawk by Sunny Fong, Art Gallery of Ontario,** 4 p.m.
- **Opening Night Wear Love Alive, 1030 King Street West,** 5:30 p.m.
- **Cinematic Style: LG Product Launch,** 8:30 p.m.
- **FDCC Designer Development Fund Annoucement, 100 years of Beauty by L'Oréal Paris,** 9 p.m.

Tuesday

- **LIZARES,** 3 p.m.
- **Jason Meyers,** 5 p.m.
- **Barbie Reception** 5:30 p.m.
- **David Dixon,** 6 p.m.
- **Barbie by David Dixon,** 7 p.m.
- **Andy Thê-Anh,** 8 p.m.
- **Bustle,** 9 p.m.

Wednesday

- **Triple Flip Photo Shoot BIO,** 10 a.m - noon.
- **Paul Hardy,** 2 p.m.
- **Réva Mivasagar,** 3 p.m.
- **Katrina Tuttle,** 5 p.m.
- **Attitude (Only at Sears),** 6:30 p.m.
- **Pink Tartan,** 8 p.m.
- **Joe Fresh Style,** 9:15 p.m.

Thursday

- **Vibgyor,** 2 p.m.
- **Aime,** 4 p.m.
- **Micalla,** 4:30 p.m.
- **Cheri Milaney,** 5 p.m.
- **Evan Biddell,** 6 p.m.
- **RUDSAK,** 7 p.m.
- **NADA,** 8 p.m.
- **The September Issue,** 9:30 p.m.

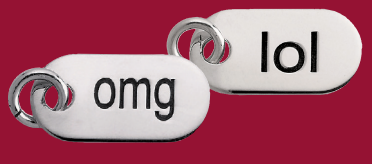
Friday

- **Frame,** 2 p.m.
- **Brandon R. Dwyer,** 3 p.m.
- **Jessica Biffi,** 4 p.m.
- **Ula Zukowska,** 5 p.m.
- **Lucian Matis,** 7 p.m.
- **Pat McDonagh,** 8 p.m.
- **Dare to Wear Love,** 9 p.m.

Great finds at fashion week

In addition to catwalk presentations at Montreal Fashion Week, some 60 businesses will display their work in Le Showroom, where buyers and stylewatchers can get an up-close look at the offerings — including those not featured in runway shows. THE CANADIAN PRESS

Style



4 the luv of texting

Are you a texting queen? If so, give your fingers a rest and send a message with sterling silver TXT-ABLS charms by Tec Jewels. They can be used to accessorize jewelry, cell phones, zippers, purses, keychains. The charms, $12.99 each, feature the most commonly used Internet initialisms like LOL, OMG, BFF, BTW and more. Available at tecjewels.com. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Montreal in springtime

Vivid colours and femininity rule Fashion Week

JANINE FALCON/FOR METRO CANADA

Montreal designer favourite Denis Gagnon shows his collection tonight

DINH BÁ

Dinh Bá
Saigon-born Dinh Bá offered up Tokyo inspiration with vivid reds, silvery grey, black and bold, geometric patterns. Take-note details included cascading oversized bows and twisting ruffles.

ENVERS

Envers
Part of a second-annual fashion show in support of the Kovalev and Friends foundation for kids with heart disease, Envers by Yves Jean Lacasse evoked the moody romance of the era of Russian Tsars with beautifully constructed gowns in rich, ruched fabrics and tiers of lace.

Muse
You're not the only one obsessed with Betty-Draper style. Muse designer Christian Chenail celebrated 20 years in the biz with trim-waisted cocktail dresses and swingy skirts with a '50s flair, complete with a smattering of jaunty polka dots. Super-coiffed updos and bright red lips served as beauty punctuation.

ANDY THÊ ANH

MUSE

TATYANA PARFIONOVA

JIMMY HAMELIN PHOTOS

Andy Thê Anh
Andy Thê Anh was feeling the blues at Montreal's Spring 2010 Fashion Week Tuesday night. "Considered a barbarian colour centuries ago, now it's the most thoughtful of colours," he told Metro after his show of structured, tailored pieces that ranged in hue from icy white to vibrant blue to black. Exhibiting to great effect in the cocktail area with models walking a square runway around more models on a rotating centre rise was actually about scaled-down costs as he focuses on US expansion, he said.

Tatyana Parfionova
Also part of the benefit show, designer Tatyana Parfionova paid hommage to her Russian home base with laced-up bodices, long, full skirts and luxe fabrics. The show featured a cameo strut from Egenia Kovalev, wife of NHL player Alex Kovalev.

Montreal designers get grants
Against the backdrop of Montreal's Fashion Week, Quebec announced a $1.15 million grant for Montreal clothing design companies Rudsak and Harricana to expand exports, the CBC reports. METRO NEWS SERVICES

These shoes were made for walking

Ron White's All Day Heels promise all-day comfort

JANINE FALCON
for Metro Canada

Ron White is poised to make a very big shoe name for himself.

With his from-the-ground-up original collection of All Day Heels, the CEO and creative director of Ron White shoes has caught the attention of sexy star Kim Cattrall, as well as Sarah Ferguson, the Duchess of York, and Luciana Barroso, otherwise known as Mrs. Matt Damon. "They've all got All Day Heels on order," he said excitedly in an interview with Metro.

White actually launched his all-day heels concept eight years ago when he opened his first Ron White shop (there are now six GTA locations, and ronwhite.ca ships globally).

Putting an orthotics and biomechanics background to good use, he started a collaboration with designers such as Stuart Weitzman, Donald Pliner and Thierry Rabotin, adjusting some of their fashionable footwear designs to his optimal-comfort specifications. "I'd tweak a shoe's construction for more flexibility in order to reduce leg fatigue, the outsole for improved cushioning, and the heel shape for more stability," he explained. "The body has to work twice as hard to stay steady when the total surface of the heel where it meets the ground is no bigger than a pencil tip."

This season marks the debut of the official All Day Heels line, which took three years of development, prototypes and trials. Getting the name registered took just as long; apparently the trademark office in the U.S. had initially thought "all-day heels" was an existing category of shoes, like "cross-trainers," and therefore ineligible for trademarking.

Most of the handmade-in-Italy collection features durable Vibram rubber soles "as thin as leather but with amazing cushioning," and thin, lightweight insoles made of Poron, a flexible, high-tech elastic polymer developed by NASA.

"It has an air-bubble construction that never compresses," gushed White. "After five years of wear, it retains 97 per cent of its cushioning." You won't necessarily see Poron as a separate, Ron White quick-fix insole for ordinary shoes, however. White maintains that all-day comfort has to take everything into account: Design, sole, insole and upper materials, as well as construction. Sounds like a recipe — a recipe for success.

Ron White Savvy tall patent leather boots, $345.

Ron White Taylor patent leather boots, $595.

Ron White Sidney suede boots, $525.

Ron White's All Day Heels line features handmade-in-Italy shoes with durable Vibram rubber soles.

Ron White Amara heel, $525.

Ron White Billie heel, $385.

Clean Slate Beauty
Laser hair removal specialists
Fall 2009 Promotion – First Treatments:
Upper back (with shoulders) $150
Underarms $60
Save even more with a package!
Get ready for next summer now that your tan is fading.
We use GentleLASE, a real laser – not IPL!
Call for a free consultation
(416) 585-2222 • www.cleanslatebeauty.com
Chinatown Centre • 222 Spadina Ave • Unit 261

Top Model winner will walk Toronto catwalk

ANDREA WOO
for Metro Canada

Rebecca Hardy's life changed exactly two years ago, when the aspiring model won cycle two of Canada's Next Top Model.

"I've had the opportunity to model in Milan, England, New York and all over Canada," said Hardy, who worked at JM Schneiders before the win, preparing meats to be processed. "I've met some huge celebrities and had the opportunity to walk many red carpets. I've been part of some huge show productions and music videos."

She will walk in several shows during Toronto Fashion Week, which takes place Oct. 19-24.

Hardy — who stands five-foot-11 and is often recognized for her red hair and blunt bangs — was born in Burnaby, B.C., and moved to Mannheim, Ont., in the first grade. She first became interested in modelling during her senior year of high school, when a friend asked Hardy to model some clothing she designed for a school fashion show.

Canada's Next Top Model winner Rebecca Hardy will walk in several shows during Toronto Fashion Week, Oct. 19-24.

"I was really nervous because I didn't feel comfortable at all in front of an audience," she said. "I was practically shaking, but when I got on stage, I completely changed. I loved it. This opened my eyes to modelling and made me want to pursue it more."

She signed with Ontario-based Cameo Models at 19 and applied to Canada's Next Top Model a few years later. For winning the competition, Hardy received a $100,000 contract with Procter & Gamble, a modelling contract with Toronto-based Sutherland Models and an editorial spread in Fashion magazine.

Rebecca Hardy will model during Toronto Fashion Week

Hardy says while the competition was often much more stressful than depicted on television — participants regularly worked long days on little sleep — she wouldn't trade the experience for anything.

"The show, and modelling, has taught me a lot about myself and although times were difficult, I wouldn't have it any other way," she said. "You learn how much you can take, and how to push yourself to the next level."

From October 16 to 23, 2009
SAVE ON THE AXCESS COLLECTION AT SEARS!

ON MEN & WOMEN'S CLOTHING
Buy 1, get the 2nd at 50% off*
ON FASHION JEWELLERY AND HANDBAGS
25% off*
*On regular priced merchandise only.
Second item must accompany any returns.
axcess Sears
© 2009 Sears Canada Inc.

ELLE Canada magazine on sale now!
We went backstage with Marc Jacobs! Check out our exclusive pics!
STYLE CONTENT BY ELLE CANADA, SEE MORE AT: **ellecanada.com**

ELLE CANADA

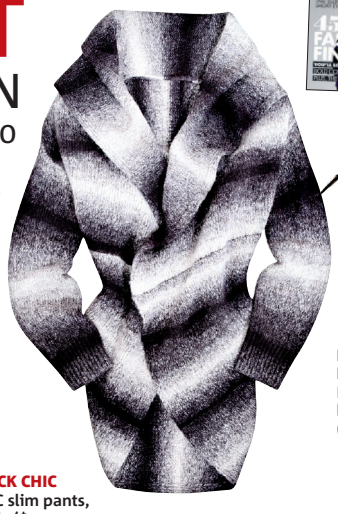
HIT LIST

INSPIRATION

Best buys under $80

METALIC ACCENTS
Polyester and metal handbag, Chinese Laundry ($40, 1-800-784-4750)

COCOON TOPPER
Acrylic and wool cardigan with shawl collar, Joe Fresh Style ($49, joe.ca)



STUDIO ANDRÉ DOYON

PYTHON PLATFORM
Faux-leather booties, H&M ($60, hm.com)

ROCK CHIC
PVC slim pants, Only ($79, 1-800-338-4392)

MAD PLAID
Wool pencil skirt, Reitmans ($30, reitmans.ca)

GRAPHIC EXTRAS
Metal bracelet, Winners ($25, winners.ca)

To read these stories and more, visit: **ellecanada.com**

Bay Street welcomes Brooks

STORE OPENING America's oldest retail company, Brooks Brothers, is celebrating their grand opening in Toronto today from their new location on Bay Street.

The 22,000-square-foot store offers the brand's complete collection for men, women and boys.

Set in the heart of Canada's financial district at the Royal Bank Plaza, Brooks Brothers' country manager for Canada, Brian Shaughnessy, says the Canadian flagship's address was no accident.

"We targeted Toronto because of the business community," he says. "We wanted to be in the financial district."

Shaughnessy says Brooks Brothers has been welcomed by Bay Street with open arms, and clients old and new are thrilled with their arrival.

"The reaction has been spectacular," says Shaughnessy. "We've had Canada on our radar for a number of years."

Brooks Brothers is well-known for their classic button-down collared shirts — created by the company in the early 1900s when detachable collars were still in fashion. Shoppers can find the shirts today starting from $108. Suits, a Brooks Brothers' specialty, start at $1,298, or for a better bang for your buck, get two suits for $1,999.

With the opening of the Toronto location, Brooks Brothers is launching its Black Fleece Collection for the first time in Canada. The line includes new interpretations on designs found in the Brooks Brothers' archives.

DENISE SURETTE/FOR METRO CANADA

Suits are Brooks Brother's speciality. They start at $1,298.

ADVERTISING FEATURE

Slimband® Housecall Q & A with Dr. Yau

Dr. Patrick Yau
MD, FRCSC
General & Bariatric Surgeon
Slimband® Centre

Q I am a 35 year old woman with twochidren. Since having my children, I have had difficulty losing the extra weight put on during both pregnancies and I am considering surgery to help me. My questions are: Would the laparoscopic band surgery be a good option for my particular weight problem? Is it recommended to wait if I may choose to have another baby in the future?

A Weight gain is a common concern amongst women who have already had or are considering having children. Post pregnancy it can become difficult to get back into shape when your entire day is dedicated to caring for a child. Lack of time and sleep can cause new mothers to eat at irregular times, often making food choices which tend to be less healthy. Women who have more than one child face even more obstacles when trying to lose that excess weight.

Several patients who have had the laparoscopic adjustable band procedure have become successfully pregnant with the band in place. Unlike any other weight loss surgery option, a banded patient can eat unrestricted quantities of food by having the band loosened during their pregnancy. This ensures that all the nutritional requirements for the pregnancy are met with no alteration in food absorption. After giving birth the mother can then have the band tightened to reduce overeating and help lose the excess weight as well as continue to maintain a healthy weight thereafter.

Weight loss surgery prior to pregnancy also reduces the risk of obesity-related metabolic disorders in babies born after the mother undergoes the procedure, according to a study presented at the recent conference of the American Society for Metabolic and Bariatric Surgery (ASMBS). Research shows that children born after the mother had the laparoscopic band procedure have better glucose, insulin and lipid levels and had a lower rate of obesity during childhood.

Because of the safety and benefits of the procedure as well as its ability to adjust the restriction level, this procedure is a great option for patients who need to lose weight in order to conceive or who are concerned about excess weight gain during and after pregnancy.

Dr. Patrick Yau
MD, FRCS(C), General and Bariatric Surgeon, is Canada's leading specialist in advanced laparoscopic surgery and is the Medical Director at Slimband®. He has over ten years of gastric banding and gastric bypass experience. As a prominent bariatric expert, he has performed over 3,500 gastric band procedures in Canada. Dr. Yau also teaches laparoscopic gastrointestinal and bariatric surgery techniques for other surgeons and senior hospital residents in Toronto.
www.slimband.com

Need to lose 40 lbs or more?

There is a permanent solution with Slimband®!

Call Now
416-482-2033
For Your FREE Consultation

- A simple procedure that uses minimally invasive laparoscopic techniques
- A same-day surgery with a reduced recovery period of 2 to 4 days
- An all inclusive 4 year program with follow-up appointments, one-on-one consultations, psychological support and helpful seminars
- No nutrient malabsorbtion or vitamin deficiencies
- Adjustable to control the restriction level of food intake and a fully reversible procedure
- Affordable in house payment plan over the course of the 4 year program

My Success Story

"As a busy mother, I never could find the time to look after myself. I used food do deal with the stresses of life, but I never felt satisfied. Slimband helped me change all that. Food doesn't consume my thoughts anymore, I am losing weight, feeling empowered and setting the right example for my kids. Thank you Slimband!

Nancy C., actual Slimband patient

Call 416.482.2033 for more info about this proven weight loss solution or visit Slimband.com

Slimband is different; it is a proven approach to weight loss that really works. Your Slimband helps you feel full faster, so you eat less but still feel satisfied. As the weight drops off, our counseling and support programs give you the knowledge and the strength to keep the weight off, to change your life, and change it forever.

My Slimband®
reveal the real you

5-year fixed mortgage rates
PROVIDED BY RATESUPERMARKET.CA
Rates may vary by province; check RateSupermarket.ca for the best rates in your area.

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
5.84%	5.84%	5.84%	5.85%	4.34%	5.84%	5.84%	5.84%	.84%

RateSupermarket.ca
Canada's rate comparison website

Metro Homes

Time to get spooky

Martha Stewart has created elegant tablescape chandeliers, skulls and skeletons encrusted with colourful glitter, as well as a grinning pumpkin clock, left, and black jack-o'-lanterns stacked in a threesome, available online at GrandinRoad.com.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

5-year variable mortgage rates
PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
2.25%	2.25%	2.50%	3.50%	2.35%	2.25%	2.25%	2.25%	2.20%

HANNAH ZITNER/FOR METRO CANADA

Diners enjoy Oliver & Bonacini Cafe Grill

The sophisticated Village

Bayview Village thrives on the cosmopolitan life — but with quiet charm

Bayview Village
Spaces & Places

RAFAEL BRUSILOW
for Metro Canada

A residential oasis known for its green areas and welcoming nature, Bayview Village thrives on style and substance.

The peaceful community that runs from the 401 to Finch Avenue and from Bayview Avenue to Leslie Street attracts residents looking to break away from hectic cosmopolitan life while still staying within reach of it.

Located near two major highways (the 404 and 401) and containing the Sheppard subway line, travel to and from Bayview Village is surprisingly easy and likely is a big part of what draws homeowners and renters to the area.

RAFAEL BRUSILOW/FOR METRO CANADA

Condos south of Sheppard Avenue.

Most of the houses in the area are originals built in the 1950s and '60s, having been renovated and renewed by successive owners rather than being knocked down for newer infill housing as is increasingly the case in so many Toronto neighbourhoods.

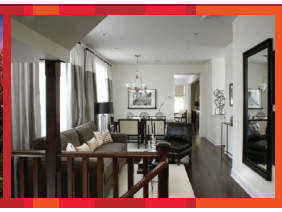
According to the most recent census figures from 2006, Bayview Village's population of 15,370 includes a wide variety of ethnic and cultural groups with a majority of residents (58 per cent) being in the working ages of 25-64, cementing the area's reputation as a calm home away from the hustle and bustle of working life.

CONTINUED ON NEXT PAGE>>

RAFAEL BRUSILOW/FOR METRO CANADA

Underpass mural on Sheppard.

Fall Into... Design.



Evergreen™
It's Our Nature.

ENVIRONMENTALLY FRIENDLY 2-STOREY FREEHOLD TOWNHOMES & SINGLES

NEW RELEASE OF TOWNHOMES, 30', 35' & 40' SINGLES THIS WEEKEND.

FROM THE LOW $400,000's
MODEL HOMES TO VIEW!

- Easy access to &
- Double-car garages available
- Steps to St. Clair

Experience Centre:
1 Jeanette St., Scarborough
Mon.–Thurs.: 1p.m.– 8p.m.
Fri.: 12p.m.–5p.m.
Weekends & Holidays:
11a.m.– 6p.m.
Phone: 416.261.0707

monarchgroup.net

INDUSTRY LEADING LEED FOR HOMES CERTIFIED COMMUNITY

Prices, specifications and promos are subject to change without notice. The ENERGY STAR® Trade Symbol does not imply certification of this organization or its products. The ENERGY STAR® registered marks are administered and promoted in Canada by Natural Resources Canada. Project "registered under LEED® for Homes."

Monarch

Shopping addicts
Visit bayviewvillageshops.com and click on Events & Promotions for weekly listings on great deals, contests and upcoming sales promotions. METRO NEWS SERVICES

RAFAEL BRUSILOW/FOR METRO CANADA

RAFAEL BRUSILOW/FOR METRO CANADA

The perfect hideaway

RAFAEL BRUSILOW/FOR METRO CANADA

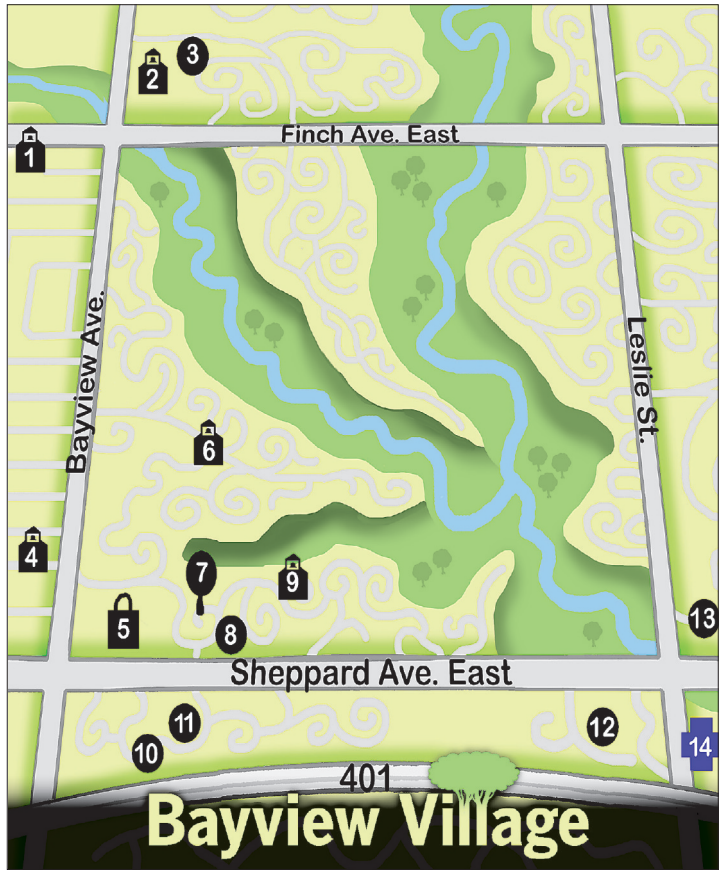
<<CONT. FROM LAST PAGE

Sheppard Avenue in the south is flanked by newly built condo developments and provides the main connection between the neighbourhood's residential zones, the Bayview Village Shopping Centre and the impressive North York General Hospital.

The Don River is perhaps Bayview Village's most inspiring feature, cutting a long swath through the area's northeast corridor with a long network of riverside trails a short walk from all points of Bayview Village and frequented by walkers and cyclists alike. Sunlight pierces through a bushy leaf canopy while the fresh smell of evergreens wafts gently along the winding trails which manoeuvre through a natural, tranquil beauty.

The sights and sounds of the rushing Don River are best enjoyed from one of the many footbridges that cross it and the people traversing the walkways are a diverse mix of power-walkers, couples with baby strollers and cyclists out for a leisurely ride.

Calm, collected and cosmopolitan, Bayview Village is a pleasant hideaway for people who like city life but don't want to be trapped within it.



Main features

- 5. Bayview Village Shopping Centre
- 7. Hawksbury Park
- 14. North York General Hospital

Schools

- 1. Finch Public School, 277 Fince Ave. E.
- 2. Blessed Trinity Elementary School, 3205 Bayview Ave.
- 3. 32B Willow Park @ Bayview - Bayview Ave & Finch Ave.
- 4. St. Gabriel Elementary School, 396 Spring Garden Ave.
- 6. Bayview Middle School, 25 Bunty Lane
- 9. Elkhorn Public School, 10 Elkhorn Dr.

Developments

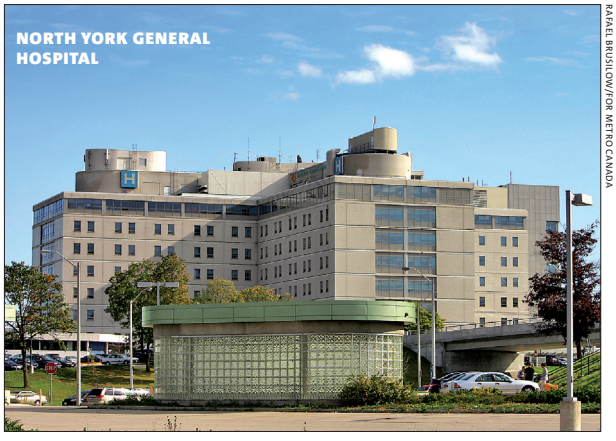
- 8. 28B St. Gabriel Lane & Terraces: Bayview Ave & Sheppard Ave East
- 10. 29B The Bayview Manor/ NY Towers: Bayview Ave. & Sheppard Ave. East
- 11. 3B ARC Condominiums/ Merci Condos: Bayview Ave. & Sheppard Ave.
- 12. 8B Concord Park Place/ Discovery 2: 50 Provost Dr., Unit 3
- 13. 4B Aria Condominiums Phase 1 & 2: Sheppard Ave. & Leslie St.

The Lowdown:

- **AVERAGE REAL ESTATE VALUES:** $470,630 (Source: City of Toronto, Statistics Canada)
- **AVERAGE GROSS RENT:** $1,295 (Source: City of Toronto, Statistics Canada)
- **NOTABLE SCHOOLS:** Elkhorn Public School, Bayview Middle School, St. Gabriel's Separate School
- **MAJOR SHOPPING AND GROCERY STORES:** Bayview Village Shopping Centre (2901 Bayview Avenue), Loblaws (2877 Bayview Avenue), Canadian Tire (1019 Sheppard Avenue E.), Ikea (1181 Sheppard Avenue E.)
- **NEW CONDO DEVELOPMENTS:** ARC Condominiums at Bayview Village (2885 Bayview Avenue), St. Gabriel's Terraces (650-662 Sheppard Avenue E.)
- **OTHER CONDO DEVELOPMENTS:** Chrysler and Waldorf, The Rockefeller, Bayview Mansions, The Empire, Hycrest Avenue
- **GETTING AROUND:** three subway stations in the area (Bayview, Bessarion & Leslie), ample bussing and highways 404 and 401 nearby

RAFAEL BRUSILOW

HANNAH ZIIN YEE/FOR METRO CANADA



RAFAEL BRUSILOW/FOR METRO CANADA

MERCI... ALMOST FINIS!

MOVE IN AS EARLY AS 30/60/90 DAYS!

ONLY AVAILABLE FOR A LIMITED TIME

BUY WITH ONLY $15,000 DOWN

PLUS

RECEIVE $15,000 CASH BACK!*

IF YOU HAVE BEEN THINKING ABOUT BUYING TODAY IS THE DAY TO SAY "OUI" TO MERCI!

- French-inspired living at Daniels' landmark, multi-award winning NY Towers Community.
- Just steps from the prestigious Bayview Village Shopping Centre, the Sheppard Subway and TTC.
- Immediate access to Hwys. 401, 404 and the Don Valley Parkway.
- Avant-garde amenities at Le Club, featuring a gorgeous rooftop Terrace.
- Fabulous studio and one bedroom (+ den) suite designs.

Daniels
love where you live™

MERCI
LE CONDOMINIUM

MOVE IN THIS YEAR!

ONLY A FEW CHOICE SUITES REMAIN FROM THE MID $200,000s

416.221.3939 mercicondos.ca

SALES CENTRE: 24 REAN DRIVE, TORONTO
MON – THURS 12-6pm, FRI CLOSED, WEEKENDS & HOLIDAYS 12-5pm

Exclusive Listing: Baker Real Estate Incorporated, Brokerage. Brokers Protected.
Prices and specifications are subject to change without notice. Illustrations are artist concept. E. & O. E. *Promotion may expire at any time without notice. See Sales Representative for details.

In the interests of the people
The Bayview Village Association (BVA) is a non-profit community organization for residents of Bayview Village. Established in 1956, the Association is committed to representing the interests of the community. BAYVIEWVILLAGE.ORG

To shop and dine is divine

HANNAH ZITNER
for Metro Canada

Fastened between an upscale shopping centre and an expansive urban parkland, Bayview Village is a residential neighborhood with bungalow-style family homes, first-time buyers condos, small shopping plazas and green space galore.

Although the main arteries in this neighborhood are busy, double-lane mammoth roads, the veins of the area are quaint, tree-lined streets with small parks and playgrounds dotted throughout.

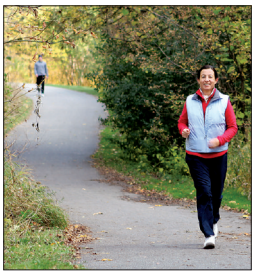
BE SURE TO CATCH PLACES AND SPACES EVERY WEEK IN METRO HOMES SECTION.

ALL PHOTOS HANNAH ZITNER/FOR METRO CANADA

With restaurants such as Oliver & Bonacini, above — brought to the neighbourhood by culinary power duo Peter Oliver and Michael Bonacini, who also run Canoe, Jump, Biff — Bayview Village is earning its stripes in the foodie world. On the opposite side of the neighborhood (and possibly atmospheric spectrum) is Jerusalem Restaurant, offering a Mediterranean buffet as well as belly dancing, most days of the week. For quick meals and take-out dinners, the main streets are lined with strip-mall favorites, including award-winning Taro's Fish offering sushi quality fresh seafood.

The chic Bayview Village Shopping Centre is a hub for luxury shops, the mall boasts "110 one-of-a-kind luxury retailers," which includes local designers such as Franco Mirabelli, above, as well as American brands The Gap and Banana Republic.

A large draw to this neighbourhood is the abundance of green space. Families with tandem bikes can be seen on the trails that criss-cross the East Don Wilderness Parklands, right, while hikers stop to spot wildlife. Once the winter hits, the YMCA takes over as the centre for active living, with a pool, track, gym equipment and community events.



What do you like about Bayview Village?
BY RAFAEL BRUSILOW

Gerry Feldman
Age 51, visits often

A: I like the Sierra Grill. All the food is great and they have outdoor dining.

Ava Ferdowsmakan
Age 19, visiting

A: I like Oliver & Bonacini — the service was very good and the food was really delicious.

Gina Bacalso
Age 41, lives in the area

A: It's a great area because you have a lot of amenities and the Loblaws is convenient — I can basically walk there.

Quick hits
BY HANNAH ZITNER

- **FOOD:** Oliver & Bonacini, Sierra Grill (formerly Sunshines), Il Fornello, Kabuki, Yen Ching Palace, Burger Hut, Taro's Fish, Peking Man Restaurant, Camros Organic Eatery, Jerusalem Restaurant, Café Maxims Patisserie, Ginza Sushi Restaurant, Sun Star Chinese Cuisine.
- **PARKS:** East Don Parkland, Ruddington, Cummer, Bestview, Garnier, Saddlecreek, Sawley Banstock Park.
- **HOUSEHOLD:** Ikea, Canadian Tire, Restoration Hardware, Loblaws.
- **A DAY IN THE LIFE:** Morning workout at the YMCA; brunch at Sierra Grill; subway two stops to Leslie to Ikea for some new sheets; buy some Swedish biscuits to go; head to a park bench in the East Don Parkland or head to the Village Spa for a massage.

OPEN HOUSE THIS SATURDAY FROM 1-4PM

THE BAYVIEW
TERRACED CONDOMINIUM RESIDENCES

A day in the life...

... or do nothing at all!

THE NEXT 10 PURCHASERS WILL RECEIVE A

BONUS INCENTIVE*

VISIT THE SALES CENTRE TODAY FOR DETAILS!

LIVE THE WAY YOU'VE ALWAYS DREAMED!

The Bayview Terraced Condominium offers you a truly exceptional opportunity to live the way you've always dreamed. Enjoy the luxury of a condominium that is lavish in its architecture, appointments and inspired Gluckstein-designed amenities. The Bayview offers you the choice to be as active as you wish . . . or do nothing at all!

LUXURY CONDOMINIUM SUITES FROM THE $400,000s
WELL UNDER CONSTRUCTION!

416.221.3939 thebayview.ca

Daniels BUY WITH CONFIDENCE 26 YEARS & BUILDING STRONG

PRESENTATION CENTRE 24 Rean Drive, Toronto
Hours: Mon-Thurs 12pm-6pm,
Weekends & Holidays 12pm-5pm, CLOSED FRIDAYS

Daniels
love where you live™

A joint venture community with Amica Mature Lifestyles™ Inc. Exclusive Listing: Baker Real Estate Incorporated, Brokerage. Brokers protected.
Prices and specifications are subject to change without notice. Illustrations are artist concept E. & O.E.
*Limited time Cash bonus only available for the next 10 suites sold and this promotion may expire at any time without notice. See Sales Representative for details.

Style At Home Magazine
Read more in the September issue of Style at Home magazine.
ON SALE NOW! styleathome.com

Decor | CANADA'S styleathome

Lush *blooms*

For the full feature, pick up Style At Home on newsstands now!

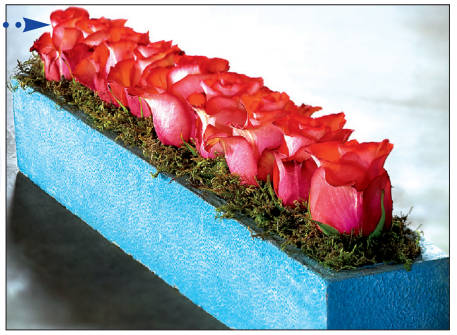
Get a fresh twist on holiday decor with four high-impact, low-effort ideas.
Written by Seema Persaud, Produced by Elaine Martin of Vintage Gardener
PHOTOGRAPHY BY PAUL CHMIELOWIEC

SIMPLY ROSES
A handcrafted stone mini-urn and various shades of peach roses add up to a dynamic, compact arrangement — a beautiful accent in a powder room or on a night table. **HOW-TO** Cut rose stems to 2" and stick in moist floral foam ball in X pattern. Fill in spaces. Tuck in sheet moss, letting some hang over.

AMAZING AMARYLLIS
Amaryllis is one of the stars in this arrangement, which looks elegant in an urn. It's dazzling on a foyer table or mantel. **HOW-TO** Put salal leaves in a water-filled urn. Create a waterfall effect with noble fir, white pine, blueberry juniper and seeded eucalyptus branches. Mix in roses, amaryllis and French tulips in different bloom sizes and stem lengths. Top with golden curly willow branches.

MIXED (EVER)GREENS
Brighten your coffee table with this festive arrangement. **HOW-TO** Insert white pine, noble fir, blueberry juniper and seeded eucalyptus branches into a moist square of floral foam in the pot. Fill in gaps with groups of roses and French tulips. Finish with a few pinecone clusters.

MINI HEDGE
Lush red roses and a simple blue box give this arrangement contemporary appeal. You can use it year-round, as the roses will dry nicely. The rectangular shape is perfect for narrow tables and windowsills. **HOW-TO** Lay presoaked floral foam in the trough. Cut stems of partially opened roses short and insert in foam. Fill in spaces with soaked sheet moss.



AURORA'S ANNUAL WAREHOUSE SALE!

SASAKI Door Crasher $24.95
Sasaki Kyoto Bronze 15" Vase Reg: $125.00

SAVE UP TO 90% OFF MSRP!
Tableware, Figurines, Baby Gifts, Trinkets, Stemware, Paintings, Flatware, Crystal, Linens, Collector Plates, Christmas Gifts, Flatware Chests, Bonbonniere

Door Crasher $14.95
Lemon Tree 68oz Decanter + 4 x 19oz Wine Glasses Reg: $80.00

Royal Doulton, Noritake, Wedgwood, Mikasa, Swarovski, Portmeirion, Stuart, Bohemia, Austin, Schott, Oneida, Royal Worcester, Hummel, Armani, DaVinci, Coalport, Waterford

Bradford, Seagull, Johnson Brothers, Spode Willowtree, Retroneau, Lladro, Oneida, KitchenAid, Franz, Henckles, Pendelfin, Precious Moments, Dept. 56, Snowbabies, LemonTree, Nachtmann

MIKASA Door Crasher $22.50
Mikasa Diamond Brilliance 15" Platter or Centerpiece Reg: $75.00

SALE HOURS
OCT 10- NOV 7
Monday : 10-6
Tuesday : 10-6
Wednesday :10-8
Thursday : 10-8
Friday : 10-8
Saturday : 10-6
Sunday : 11-5

ROYAL DOULTON Door Crasher $44.95
Royal Doulton Enchanted Evening 7" Figure Reg: $120.00

OUR BIGGEST SALE OF THE YEAR!
aurora Fine China and Crystal
www.aurorawarehousesale.com
Mon-Wed & Sat: 10-6
Thurs & Fri: 10-8
Sunday: 12-5
1610 Midland Avenue, Toronto, Ont. M1P3C2/ Phone:(416) 752-9300 1-800-668-3333

HIGHWAY 401 · ELLESMERE · KENNEDY · 1610 Midland Avenue · MIDLAND · MCCOWAN · LAWRENCE

BRAND NAMES CLOSEOUT PRICES THOUSANDS OF ITEMS AT $1 or LESS
DEAL ZONE SAVINGS CENTRE
WELLESLEY ST. · PARLIAMENT ST. · CARLTON ST. · DEAL ZONE SAVINGS CENTRE · CARLTON ST.
Mon - Sat 11-8pm • 480 Parliament St. • Toronto ON

GO GREEN & SAVE GREEN EVENT!
Save big money today on items that will help you save on hydro bills and the environment!

DOOR CRASHER!
6 Pack CFL Eco Light Bulbs 60watt
Competitor Price $13.94
$5* ea.

Weather Stripping for Windows
Competitor Price Up To $3.97
49¢* ea.

Covered CFL Eco Light Bulb 60watt
Competitor Price Up To $5.94
$1* ea.

CFL Eco Bulb 100watt
Competitor Price Up To $5.94
$2.50* ea.

Chandelier & Specialty CFL Eco Bulbs 40watt - 60watt
Competitor Price Up To $9.94
$3* ea.

OPA every kilowatt counts
Ontario Power Authority

*Prices after Ontario Power Authority instant in store coupon. Taxes based on pre coupon price. Limit 5 of each item per customer. Prices valid until October 31st. OM Official Mark of the Ontario Power Authority

X2 is the condo for the new reality.
Fabulous sequel to X The Condominium.
The new tower for the new urban owner.
Opening November 2009.

REGISTER TODAY
416 927 0080 x2condos.com

Lifetime DEVELOPMENTS GREAT GULF HOMES

EXCLUSIVE LISTING BROKERAGE BAKER REAL ESTATE INCORPORATED. BROKERS PROTECTED.
Prices and specifications subject to change without notice. E. + O. E. Illustration is artist's impression.

Dazed And Confused

Most Drivers Lost When Looking For The Lowest Car Insurance Rates

Why Is It So Hard To Find The Best Rates?

The truth is, it isn't as difficult as it seems once you know where to look. It pays to shop around – and car insurance is no different. But with so many insurance companies providing car insurance in Ontario, getting references and competitive quotes from everyone takes too much time, right? Wrong. This is where InsuranceHotline.com can help. InsuranceHotline.com offers an independent, unbiased rate comparison from over 30 insurance companies to find you the lowest rate for your profile. It is fast, safe and FREE.

Does It Really Pay To Shop Around?

Most consumers fail to realize that the rates charged by different insurance companies to insure the same driver, with the same car, for the same coverage, can vary by hundreds and even thousands of dollars. The key to finding the best rate is to figure out which insurance company has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

Don't Be Fooled By Others Offering To "Compare Quotes".

Unlike most of its competitors, InsuranceHotline.com does not sell insurance, is not a licensed broker or agent, and is not owned in whole or in part by an insurance company, agent or brokerage. This allows InsuranceHotline.com to be completely unbiased when providing insurance quotes and keeps its focus solely on finding the lowest insurance rates for consumers.

By contrast, most websites offering to "compare insurance quotes" are owned by or affiliated with insurance brokers or agents and are therefore only capable of quoting rates from the limited number of insurance companies they represent, typically no more than 4 or 5.

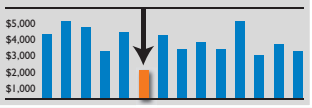
Start Saving Your Money Now.

InsuranceHotline.com puts you in the driver seat by making insurance companies compete for your business. With quotes from over 30 insurance companies, InsuranceHotline.com is the simplest and easiest way to make sure you aren't overpaying for your car insurance. And it is completely FREE to use. So what are you waiting for?

Rate Comparison

Driving Record	Lowest Price	Highest Price	Price Difference
Clean Record	$958	$2,213	$1,255
1 Ticket	$1,018	$2,552	$1,534
1 Accident	$1,849	$3,753	$1,904

InsuranceHotline.com finds this rate for drivers – for FREE!



InsuranceHotline.com

Your search engine for the lowest insurance rates

COMPARE OVER 30 QUOTES in minutes at InsuranceHotline.com

It's coffee time anytime

Homes in Style

EMMA YARDLEY
for Metro Canada

"It takes at least two years of being a barista to make a good cappuccino every time," says Samuel James, 25, veteran barista and owner of Sam James Coffee Bar.

They need to learn how to get the water temperature just right for the espresso and steam the milk to the right amount of thickness. But none of this could happen without the right tools.

"The machine you use should be functional first, fashionable second. A good grinder is what makes all the minor adjustments to perfect making espresso. It's the heart of any great coffee shop."

While you may not have to inclination to train for 24 months, James says you'll know a good cup of coffee when you taste it by its freshness, character and craftsmanship.

"It should have depth and subtly that builds as you drink it…great coffee comes from the hand of somebody who cares to follow the steps towards making it great."

1. The pretty Provencal colours of these French cups compliments the rich creamy foam of a cappuccino perfectly. Pier 1 Imports, $6, pier1.com.
2. Pour water and milk into the Bialetti Mukka Express Electric Cappuccino Maker, add freshly ground coffee, and flip the switch. Five minutes later, Presto! Cappuccino for two! $219.95, williams-sonoma.ca.
3. Packed into a small sleek package, the Bistro Espresso Machine is a water pressure powerhouse (15 bars), which is key to making full-bodied espresso. President's Choice Home, $149.99, pc.ca.
4. An adjustable dial makes it easy to grind the beans just the way you like them — from coarse to fine to everything in between. Black & Decker Burr Mill, $39.99, Canadian Tire, canadiantire.ca.
5. The Grind & Brew Coffeemaker grinds the exact amount of beans needed for the number of cups you want. Clever, right? President's Choice Home, $129.99, pc.ca.
6. Whip it! The warm milk, that is. The flexible spiral-tipped steel wand of the Bodum Schiuma frother whips milk into a light lather. Home Outfitters, $24.99, homeoutfitters.com.
7. Saltspring Coffee instigated a five-cent fee for every paper cup used. But why get a paper cup when you could grab one of these stainless steel insulated travel mugs instead? Saltspring Coffee, $19.95, saltspringcoffee.com.
8. Modern, simple and chic, the TRIVSEL espresso cup and saucer are shaped from stainless steel. Ikea, $5.99, ikea.ca.

No frills

- The Pared Down milk and sugar set does the job without frills or gimmicks. Anthropologie, $58, anthropologie.com.

Award Winning Communities. | It's where you belong.

TRIDEL®
BUILT FOR LIFE

Republic – Toronto
Project of the Year, High-Rise
25 Broadway Ave., east of Yonge St.,
north of Eglinton Ave.
416.480.0700

James Cooper Mansion – Toronto
Bloor & Sherbourne
Presentation Centre: 2 Carlton St., east of Yonge St.
416.596.9888

Three Hundred Front Street West – Toronto
Front St. West and John St.
Presentation Centre: 2 Carlton St., east of Yonge St.
416.217.0300

Verve – Toronto
Wellesley St. East, east of Jarvis St.
Presentation Centre: 2 Carlton St., east of Yonge St.
416.596.9888

Hullmark Centre – North York
Tridel Hullmark
4779 Yonge St., Yonge St. & Sheppard Ave.
416.733.2883

Grand Triomphe 2 – North York
Yonge St. & Byng Ave.
Presentation Centre:
4679 Yonge St., north of Hwy. 401
By Appointment: 416.222.3811

Avonshire – North York
4679 Yonge St., north of Hwy. 401
416.730.0300

Accolade – North York
Presentation Centre:
181 Wynford Dr.,
north of Eglinton at Wynford
416.385.0305

Metrogate – Scarborough
Community of the Year
On Village Green Square, across from
Delta Hotel. At Kennedy Rd. and Hwy. 401
416.293.5535

Ultra Ovation – Mississauga
Tridel Dorsay
Burnhamthorpe Rd., west of Hurontario St.
By Appointment: 416.798.1818

Parc Nuvo at Essex – Etobicoke
Most Outstanding High-Rise Building
25 Viking Road West
Dundas St. & Kipling Ave.
416.231.0999

Renaissance – Richmond Hill
10101 Yonge Street
North of Major Mackenzie Dr.
416.736.9500

Circa – Markham
Tridel Dorsay
3492 Hwy. 7, west of Town Centre Blvd.
905.305.0588

Tridel Presentation Centre Hours
Monday to Thursday, 11 am - 7 pm
Fridays, Closed
Weekends & Holidays, 12 noon - 6 pm

PARC NUVO AT ESSEX

Irresistible New Suites from $238,000*

Luxury condo living steps from the Kipling subway and the heart of Etobicoke

Be among the first to take advantage of this special opportunity

- 8 new 1 & 2 bedroom suites to choose from
- Parc Nuvo Club – indoor pool, fitness centre, party room, private dining room, theatre and splendid roof-top outdoor terrace
- Tridel's uncompromising quality design, premium features & finishes
- **5 designer model suites to view**
- A Tridel Built Green. Built For Life.® community

Relax, it's a Tridel.

"Highest in Customer Satisfaction" for a Fourth Consecutive Year by J.D. Power and Associates.

tridel.com

Tridel ranked "Highest in Customer Satisfaction With New Condominium Builders in the Greater Toronto Area (GTA) Four Consecutive Years" by J.D. Power and Associates 2009 Canadian New-Condominium Builder Customer Satisfaction Study℠. Tridel received the highest numerical score in the Greater Toronto Area (GTA) in the proprietary J.D. Power and Associates 2006-2009 Canadian New Condominium Builder Customer Satisfaction Studies℠. 2009 study based on 745 responses from new condominium owners in the GTA, measuring 8 builders and measures opinions of owners who registered their new condominium in January-December 2008. Proprietary study results are based on experiences and perceptions of consumers surveyed in March–May 2009. Your experiences may vary. Visit jdpower.com. Prices and specifications are subject to change without notice. Tridel®, Tridel Built for Life® and Tridel Built Green. Built for Life.® are registered trademarks of Tridel Corporation. E.&O.E. September 29, 2009.

Wake up happier

Condos and Lofts, so close to the Brampton Go Station, you'll have more time for the really important things in life.

Like sleep.

BLADE
CONDOMINIUMS

Coming this Fall to Olde Brampton.

A downtown address cutting edge in its design and rising right next door to the Brampton GO Station and the city's vibrant downtown. Blending the old façade of the existing historic factory with a modern, urban lifestyle within.

Starting from **$179,900**

Be sharp. Register for Blade today

bladebrampton.com *(Mobile-Friendly)*

905-286-5270

In2ition Realty

Rendering is artist's concept only. Prices and specifications are subject to change without notice. E. & O. E.
Exclusive sales and marketing In2ition Realty Inc. Brokers Protected.

PRESTON GROUP

Refreshing hideaway
With fresh teals and sky blues continued throughout the entire master ensuite combination, the ultimate goal is to create a space that feels like a refreshing hideaway. For more information, visit dreamfieldsbradford.com. RAF BRUSILOW/METRO NEWS SERVICES

Hidden retreat at Dreamfields

A photograph from Dreamfields.

RAF BRUSILOW
for Metro Canada

With large homes and townhouses built with comfort in mind, Dreamfields is no pipe dream.

Located north of the GTA in Bradford, Ont., Dreamfields by Rosehaven Homes offers plenty of value for families looking for a hidden retreat they can relax in. Yet, with a dedicated GO train station and Highway 400 nearby, access from Dreamfields to the lower GTA is a snap too.

The flagship Sunflower model unit features just over 3,300 square feet of living space, three bathrooms, multiple fireplaces and a serving area between the kitchen and dining room. Common walkways throughout the unit are outfitted with engineered hardwood flooring, a popular choice with many homeowners because it withstands changes in moisture better than traditional hardwood.

Heather Weeks, marketing manager at Rosehaven Homes, says the colour scheme incorporates plenty of soft blues and creams with a touch of red and is intended to create a fresh, inviting look.

"We try to keep people's comfort level in mind and we keep nice, fresh colours throughout — it's a warm, inviting environment," Weeks said.

The kitchen design provides a relaxed, cottage-like atmosphere while the dining area exudes a more traditional, tasteful formality. The juxtaposition of styles is deliberate, Weeks says, to allow homeowners to enjoy the comfort of a relaxing space while still maintaining an elegant look for when guests come over.

"I wouldn't say it's traditional and I wouldn't say it's contemporary. It's really a mix of both and you still have that sense of elegance," Weeks said.

Comfort and relaxation are perhaps best expressed in the enormous master bedroom with its in-wall fireplace and curved archway to the ensuite, open-concept bathroom.

"The master ensuite is massive — it runs the whole width of the back of the home. It's like the perfect retreat," Weeks said.

Round up

- Dreamfields in Bradford
- Builder: Rosehaven Homes
- Website: dreamfields-bradford.com
- Availability: Spring/Summer 2010
- Sizes & prices: Townhomes from 1,381 – 1,691 square feet starting in the $250,000s, 36' detached homes from 1,706 – 2,913 square feet starting in the $340,000s, 45' two-storey detached homes from 2,526 – 3,364 starting in the $400,000s

Suite Talk

CONSTRUCTION STARTING SOON!

ALL NEW RELEASE! PHASE 2
SPECTACULAR ALL-NEW TERRACE HOMES AT MARTIN GROVE RD. & RICHGROVE DR.
STARTING FROM $219,000!

minto beinspired
RICHGROVE VILLAGE
TERRACE HOMES
HOURS: Sat. & Sun. 12-6 pm. Mon.-Wed. 12-7 pm. CLOSED Thurs. & Fri.
Call 416.243.2229 www.richgrovevillage.com

* 5% downpayment for qualified purchasers. **See sales representative for full details. Prices, terms and specifications subject to change without notice. E. & O. E.

RECOMMENDED BY METRO READERS

Top 5 Movers

Your Friend With a Cube Van
"Have used Your Friend several times to move home staging furniture to my listings, and they always provide reliable and professional service."

El Cheapo Movers
"They were inexpensive, on time, friendly, and moved everything into the truck really quickly."

Kwame Wilson
"Apexx Delivery has helped me move my life on a couple occasions and they are efficient, reasonably priced, and very experienced."

Harshan Gunawardana
"Great people, great work ....Very Happy."

Jia Jia International Moving Inc.
"They are very professional and fast."

Visit metronews.ca/gigpark for thousands of reader recommendations

Powered by metro and gigpark

34 **Lip-lock can't lift ratings**

Hayden Panettiere and Madeline Zima's same-sex lip-lock might have titillated fanboys, but the kiss did not draw in many new Heroes viewers. The NBC superhero drama pulled in 5.6 million viewers, staying flat from the previous week. **TVGUIDE.COM**

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Plain Jane is the new album from Winnipeg-born, Los Angeles-based singer-songwriter Chantal Kreviazuk.

Chantal no Plain Jane

Singer-songwriter showcases versatility on new album

Chantal Kreviazuk

Album: Plain Jane
Label: MapleMusic/Universal
Rating: ⊕⊕⊕

MusicReviews
music@metronews.ca

CHANTAL KREVIAZUK IS no "plain Jane." She's the wife of Our Lady of Peace singer Raine Maida, the face of Garnier shampoo and a very clever songsmith with the ability to put on a teen-pop voice for a radio friendly single like Invincible. She can also take on a sophisticated adult contemporary pose for the next song, Half of Me, show her jazzy side on the title track, Plain Jane, and reveal a lover's vulnerability on the gushing 5000 Days. As well, the Winnipeg-born singer is still able to give us a gentle remember-those-less-fortunate-than-us nudge with the closing track Na Miso. Kreviazuk's versatility as both a singer and songwriter shines through on this album, perhaps to a fault. A listener could easily get lost with all the directional turns.

Graham Rockingham/for Metro Canada

Rosanne Cash

Album: The List
Label: Manhattan/EMI
Rating: ⊕⊕⊕⊕

IT'S THE GIFT that keeps on giving. Concerned that he was losing his daughter Rosanne to rock 'n' roll, Johnny Cash sat down one afternoon in 1973 and drew up a list of "100 essential country songs" to help educate her about her family's musical roots. It took 35 years, but Rosanne finally decided to share this priceless piece of Americana with the world. Some of it, anyway. With the help of husband/producer/guitarist John Leventhal, Rosanne chose a dozen songs from daddy's list and lovingly recorded them for this album. For added impact, she also called in some guest vocalists like Bruce Springsteen (Sea of Heartbreak), Elvis Costello (Heartaches by the Number), Rufus Wainwright (Silver Wings) and Jeff Tweedy (Long Black Veil). The standout here, however, is Rosanne's voice. It never stands in the shadow of these timeless songs. Unfortunately, Rosanne is playing coy with the other 88 titles on her father's list.

Graham Rockingham/for Metro Canada

Discover the truth on MissionAssassin.com

11.17.09

Reserve your copy now at :

GameStop EBGAMES

MATURE JEUNES ADULTES 17+ ™
Blood / Sang
Intense Violence / Violence intense
Sexual Content / Contenu sexuel
Strong Language / Langage ordurier
ESRB CONTENT RATING CLASSIFIÉ PAR L'ESRB www.esrb.org

UBISOFT

© 2009 Ubisoft Entertainment. All Rights Reserved. Assassin's Creed, Ubisoft, Ubi.com, and the Ubisoft logo are trademarks of Ubisoft Entertainment in the U.S. and/or other countries.

Fox in her underwear
Megan Fox will replace Victoria Beckham as the new face of Emporio Armani women's underwear line. Starting in January, she will appear in a print and billboard campaign. PEOPLE.COM

Downchild

Album: I Need a Hat
Label: Linus
Rating: ⊕⊕⊕

DON WALSH, FOUNDER of the band we now refer to simply as Downchild, celebrates his 40th anniversary as leader of all that is blue in Canada with a studio album of eleven new songs. This is a band we've tended to take for granted over the years, partially because Walsh has stayed so loyal to the Chicago style of jump blues that gave birth to Dan Aykroyd and John Belushi's respectful Blues Brothers' parody. Walsh and the band can play this stuff in their sleep. Still, that trembling slide guitar (especially on tracks like Rendezvous and These Thoughts Keep Marching) never ceases to impress – even when backed by guests the calibre of Colin James and Colin Linden. Chris Jackson proves why he's still one of the best blues singers in the country on tracks like Time to Say Goodbye. And take notice of the brilliant keyboard playing of Michael Fontana (formerly of Electric Flag, Rhinocerous, Lou Reed and The Lincolns), an integral part of the Downchild sound since 1990.

Graham Rockingham/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music

Bob Dylan

Album: Christmas In The Heart
Label: Columbia/Sony
Rating: ⊕⊕

IT SOUNDS LIKE a big joke: Bob Dylan's raspy voice singing bouncy Christmas songs. But it's not. On Christmas In The Heart the folk legend tackles Here Comes Santa Claus, Winter Wonderland and a host of other Xmas classics. At first this is hilarious, and feels ironic — is Dylan making fun of these tunes? But the more you listen the less funny it becomes. This is a Christmas record through and through, and not a very good one. His scratchy pipes sound terrible on these usually saccharin tunes and it's just weird hearing Dylan belt out Do You Hear What I Hear?

Bryan Borzykowski/for Metro Canada

The Flaming Lips

Album: Embryonic
Label: Warner
Rating: ⊕⊕⊕½

WHILE THE LAST few Flaming Lips albums have been relatively straightforward affairs, fans of the band know that these guys have a healthy experimental side to them. And the band members are showing it off here. Embryonic is an 18-song juggernaut complete with buzzy sounds and spacey instrumentals. It's a bit off the wall, but Wayne Coyne and company can't give up their pop side completely. Vocals are often hidden behind sounds, but on songs like If, they're still infectious even if they're not taking centre stage. It's all complex, but intriguing stuff.

Bryan Borzykowski/for Metro Canada

Christmas In The Heart is the new album from Bob Dylan.

Echo&The Bunnymen

Album: The Fountain
Label: MapleMusic/Universal
Rating: ⊕⊕⊕

IT'S BEEN ALMOST 30 years since Echo & The Bunnymen released the stellar debut Crocodiles and, amazingly, the band members are still at it. But not only are they releasing music, they're putting out good records. The latest is a collection of upbeat tunes that harken back to the old days. Let's be clear: The tunes aren't nearly as strong as what's on Ocean Rain, but they're still catchy nonetheless. Opener I Think I Need It To, with its driving rhythms and soaring chorus is an especially good track.

Bryan Borzykowski/for Metro Canada

Assault case against Black Eyed Peas manager put over

PEOPLE The assault case involving the manager of the Black Eyed Peas and celebrity blogger Perez Hilton has been put over until next month.

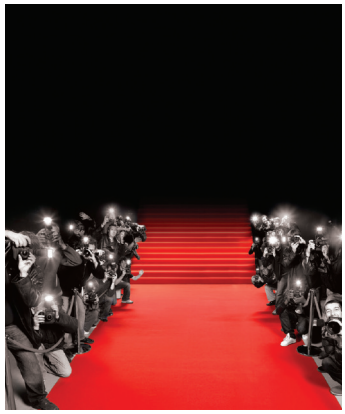
Liborio (Polo) Molina faces an assault charge for allegedly striking Hilton outside a Toronto nightclub on June 22.

Molina didn't appear in court yesterday as the case was adjourned until Nov. 4.

Molina allegedly punched Hilton — whose real name is Mario Lavandeira — following a heated argument between the blogger and Black Eyed Peas leader will.i.am at a party after the MuchMusic Video Awards. In the ensuing days, Hilton and will.i.am insulted each other in videos online and Hilton also filed a civil lawsuit against Molina.

THE CANADIAN PRESS

Toronto's best selection of costumes, masks, wigs, makeup and accessories



stand out
from the crowd
at the 52nd GRAMMY® Awards!

You could win a trip to the GRAMMY®s compliments of MasterCard®!
Just use the Curve™ MasterCard® to automatically enter, or submit a video at thecurvecard.com/toronto showing us how you stand out.[1]

Arrive in style with a card as unique as you
Earn up to 1.5% cash back for all your purchases![2] Then enjoy the freedom to reward yourself how you choose.

No annual fee

Apply for your card today at thecurvecard.com/toronto
You can also call 1-800-961-1151 (Quote promo code 2000).

[1] Simply use the Curve™ MasterCard® between September 15, 2009 and November 20, 2009 to be automatically entered for a chance to win. You will automatically receive 10 entries into the contest every time you use your card to make an eligible purchase between September 15, 2009 and November 20, 2009. You will receive 10 entries for a video submission with the possibility of 150 more entries if your video is selected for uploading and voted for. Canadian Tire Bank reserves the right not to accept for submission any videos it considers inappropriate or not in compliance with contest guidelines. No purchase necessary. Visit thecurvecard.com/toronto for details on no purchase necessary entry. There is one (1) grand prize Grammy Prize package (CAD$15,000 estimated value) to be awarded to the winner of the contest draw, and one (1) CAD$500 credit to the Curve MasterCard, or a Canadian Tire gift card loaded with CAD$500, will be awarded to the person who receives the highest number of votes for their video submission. Full contest details available online at thecurvecard.com/toronto. Contest closes November 20, 2009. Skill testing question required. Odds of winning depend on the number of eligible entries received.
[2] Some conditions apply. See Cash on the Curve™ Rewards Program Terms and Conditions for details. The Canadian Tire Curve™ MasterCard® is issued by Canadian Tire Bank pursuant to a licence by MasterCard International.
®/™ The trademarks of Canadian Tire Corporation, Limited are used under licence.
®/™ MasterCard and the MasterCard Brand Mark are registered trademarks, and PayPass is a trademark, of MasterCard International Incorporated.
GRAMMY, GRAMMY Awards and the gramophone logo are registered trademarks of The Recording Academy and are used under licence.

MasterCard paypass
MasterCard GRAMMY Awards Official Sponsor

Career Finder

NEED TO MAKE MONEY FOR THE HOLIDAYS?
EARN UP TO $1000/wk
Training Provided
Call Today Start Tomorrow
647.776.2051

EARN UP TO $16/HR
• Guaranteed base salary of $11 - $13/hr
• Competitive bonus structure & incentives
• Monthly transportation allowance up to $100
• AM/PM Flexible shifts
Yonge & Sheppard
smt direct
Call TODAY! 416.849.0960

SUPERINTENDENT COUPLE WANTED
174 units
Don Mills/Sheppard
Good clientele
Well maintained bldg
E-mail: vicks@fieldgateproperties.com
Fax: 416-221-7466

NEED EXTRA $$$
Avg. $700/wk. + Bonuses
Hiring for F/T or P/T
Customer Relations Consultants
No experience required.
Training available.
Company vehicle provided.
Students welcome.
CALL NOW! 416.250.7827

ECO
CONSULTANTS NEEDED
AVERAGE $18/HR
FULL TRAINING PROVIDED
CALL 416 774-2472

READ THE LATEST FROM THE WORLD OF JON AND KATE PLUS HATE.
m.metronews.ca

JOIN metro life panel
Give us your opinion on various topics and enter for your chance to WIN great monthly prizes.
Become a member today!
metrolifepanel.ca

ADECCO OPEN HOUSE
Inbound customer service positions paying $10.50/hr
Must be flexible to work any 8hr shift between 8am-1am
Weekdays and weekends 12pm-8pm.
Register now at Adecco 55 Town Centre Court #106
Great Opportunities available in Scarborough!
416.296.0822

35% OFF 1ST LOAN WITH AD
BORROW UP TO $1000.00 UNTIL PAYDAY
INSTANT APPROVAL By Phone/Fax/Email
LOWEST COST PAYDAY LOANS IN THE GTA
416-636-6333 or www.paydayanyday.com
PAYDAY LENDERS NOW ANY DAY CAN BE YOUR PAY DAY!
3121 Dufferin Street

FLIGHT CENTRE Unbeatable

Pick Up Your FREE copy of our NEW travel magazine *Footprints* at any of our Flight Centre locations.
1 877 923 2248 | flightcentre.ca
Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384 TICO

3rd Annual Toronto International Flamenco Festival
Presented by
SATURDAY
october 24, 2009
8:00 P.M.
Queen Elizabeth Theatre
Exhibition Place
Featuring
Rafael Campallo
"... the realest, baddest, sexiest man in dance today!"
The Village Voice

Tickets $45 - $90
For tickets call 1.877.700.3130
Or visit www.torontoflamencofestival.com

Live the Fear!
SCREEMERS
Canada's #1 Indoor Scream Park
416-979-FEAR
Exhibition Place

Hot & Fresh pizza pizza
screemers.ca

Mix of Six

Awards

When: 6 p.m.
Where: Toronto Reference Library, 789 Yonge St.

Mayor David Miller will present the Toronto Book Awards. The event is free. torontopubliclibrary.ca/tba

Music

When: 8:30 p.m.
Where: Roy Thomson Hall, 60 Simcoe St.

A banjo-playing Steve Martin performs with the Steep Canyon Rangers. Tickets are $49.50 to $89.50. roythomson.com; ticketmaster.ca.

Concert

When: 8 p.m.
Where: Massey Hall, 178 Victoria St.

Wilco is joined by Liam Finn for a show at the hall. Tickets are $39.50 to $45. ticketmaster.ca.

Comedy

Where: Yuk Yuk's Downtown, 224 Richmond St. W.

Comedian Steve Patterson plays his first of three nights at Yuk Yuk's Downtown. For times and ticket information, visit yukyuks.com

Theatre

Where: Young Centre for the Performing Arts, 55 Mill St.

Soulpepper Theatre continues its run of Who's Afraid Of Virginia Woolf? soulpepper.ca

Film Fest

When: Today to Sunday

The Macedonian Film Festival kicks off today. For information, visit macedonianfilmfestival.com

METRO NEWS SERVICES

Metro Global Photo Challenge
LET THE WORLD SEE THROUGH YOUR EYES
FOR CONTEST DETAILS, VISIT: www.metrophotochallenge.ca

The Big Pout drivn2xs

CapitalOne
Just for laughs
Comedy Tour '09
All-Star Edition
MASSEY HALL
OCTOBER 29 AT 7:00 PM

HOSTED BY SUGAR SAMMY
WITH SPECIAL GUESTS DANNY BHOY ALONZO BODDEN
AND FEATURING... PETE CORREALE GODFREY
Line-up subject to change.
Tickets available at:
ROY THOMSON HALL BOX OFFICE
TICKETMASTER 416.872.4255 or 416.872.1111
WWW.MASSEYHALL.COM or WWW.TICKETMASTER.CA
Just for laughs Live
CapitalOne metro 99.9 CBC
HAHAHA.COM/COMEDYTOUR

THE HIGHEST HIGHS AND LOWEST LOWS OF THEO FLEURY

Meet Theo Fleury on his cross-country tour

Toronto
October 17 at 12:00 noon
Indigo Eaton Centre
220 Yonge Street

Vancouver
October 22 at 7:00 PM
Chapters Broadway & Granville
2505 Granville Street

Calgary
October 24 at 2:00 PM
Chapters MacLeod Trail
9631 MacLeod Trail SW

Winnipeg
November 3 at 6:00 PM
McNally Robinson at Polo Park
1485 Portage Avenue

Calgary
November 7 at 1:00 PM
Costco Calgary South
99 Heritage Gate SE

harpercollins.ca

Bodyguard says he saw others inject Smith with drugs

L.A. hearing told of variety of incidents

An anguished bodyguard, saying he had to tell what he knew about Anna Nicole Smith's death "or I'm going to die," testified yesterday that he saw her boyfriend-lawyer Howard K. Stern inject her with a sedative at a time before her death when she was begging for something to help her sleep.

Maurice Brighthaupt said he had seen Stern inject Smith with medications four or five times in Florida and the Bahamas, and also watched the celebrity model's psychiatrist, Dr. Khristine Eroshevich, inject her once but did not specify the drug. He said he also saw Smith inject herself twice.

Brighthaupt's testimony came during a preliminary hearing to determine if Stern, Eroshevich and Dr. Sandeep Kapoor will stand trial for conspiring to illegally provide Smith with controlled substances,

All three have pleaded not guilty. The defendants are not charged with Smith's death at a Florida hotel in 2007, which was ruled an accidental overdose.

Outside court, Stern's lawyer Steve Sadow said he would prove in cross-examination today that the guard had reason to testify falsely.

He said Brighthaupt was part of a bitter struggle over Smith's estate but didn't elaborate on ways he might cast Brighthaupt's testimony into doubt.

"I can say that prescription medications were never injected by Howard K. Stern into Anna Nicole Smith," Sadow said. He said Smith was known to get B-12 injections.

The hearing ended for the day without testimony from Larry Birkhead, who proved through DNA testing he was the father of Smith's daughter. The proceedings were set to resume today.

Brighthaupt said Eroshevich brought Smith a bottle of chloral hydrate when she flew to the Bahamas from Los Angeles after Smith's son died in 2006. The sleep syrup was cited in Smith's autopsy as a principle cause of her overdose death in combination with other drugs.

The witness said he saw Eroshevich deliver a small bottle of the liquid medication which Smith took by spoon at first but then it was "straight bottle to the mouth, a gulp."

THE ASSOCIATED PRESS

"Patricia Clarkson and Alexander Siddig bring untold layers of emotion!"
- Richard Ouzounian, THE TORONTO STAR

★★★★
"A must-see!"
- Liz Braun, THE TORONTO SUN

★★★★
"Unfailingly charming!"
- BILL BROWNSTEIN, The Gazette

WINNER
BEST CANADIAN FILM
2009 TORONTO INTERNATIONAL FILM FESTIVAL

PATRICIA CLARKSON ALEXANDER SIDDIG
CAIRO TIME

MONGREL MEDIA PRESENTS A FOUNDRY FILMS / SAMSON FILMS PRODUCTION A RUBA NADDA FILM
PATRICIA CLARKSON ALEXANDER SIDDIG "CAIRO TIME" STARRING ELENA ANAYA AMINA ANNABI TOM MCCAMUS
CO-PRODUCER CLAIRE WELLAND DIRECTOR OF PHOTOGRAPHY LUC MONTPELLIER FILM EDITOR TERESA HANNIGAN PRODUCTION DESIGNER TAMARA CONBOY COSTUME DESIGNER BRENDA BOER
ORIGINAL SCORE BY NIALL BYRNE MUSIC SUPERVISORS STACEY HORRICKS DAVID HAYMAN EXECUTIVE PRODUCERS CHARLES PUGLIESE CHRISTINE VACHON
PRODUCED BY DANIEL IRON DAVID COLLINS WRITTEN AND DIRECTED BY RUBA NADDA
PRODUCED WITH THE PARTICIPATION OF TELEFILM CANADA, THE ONTARIO MEDIA DEVELOPMENT CORPORATION, ASTRAL MEDIA, THE HAROLD GREENBERG FUND, THE MOVIE NETWORK, MOVIE CENTRAL A CORUS ENTERTAINMENT COMPANY
DEVELOPED AND PRODUCED IN ASSOCIATION WITH Citytv, A DIVISION OF ROGERS COMMUNICATIONS DEVELOPED WITH THE ASSISTANCE OF SUPER CHANNEL
TELEFILM CANADA · Ontario · Canadian Heritage · Patrimoine canadien · Astral Media · SE SUPER ÉCRAN · MOVIE CENTRAL
SAMSON · FOUNDRY FILMS INC. · super CHANNEL · Citytv · DOLBY DIGITAL · mongrel
MATURE THEME
WWW.CAIROTIME.CA

Meet director Ruba Nadda for a special Q and A on Friday and Saturday night after the 7pm shows only at the Varsity Cinemas!

NOW PLAYING!
AMC THEATRES YONGE & DUNDAS 10 DUNDAS ST EAST • 416-977-2262
CINEPLEX ENTERTAINMENT VARSITY 55 BLOOR WEST AT BAY - MANULIFE CENTRE • 416-961-6303
CINEPLEX ENTERTAINMENT VARSITY V.I.P. 55 BLOOR WEST AT BAY - MANULIFE CENTRE • 416-961-6303
CINEPLEX ENTERTAINMENT QUEENSWAY 1025 The Queensway, Toronto • 416-503-0424
CINEPLEX ENTERTAINMENT CANADA SQUARE 2190 YONGE STREET AT EGLINTON • 416-646-0444
CINEPLEX ENTERTAINMENT THE GRANDE SHEPPARD CENTRE 4861 YONGE ST • 416-590-9397
AMC THEATRES KENNEDY COMMONS HWY 401 & KENNEDY ROAD • 416-335-5318
EMPIRE SQUARE ONE MISSISSAUGA 100 CITY CENTRE DR. • 905-275-2640
AMC THEATRES WINSTON CHURCHILL QEW & WINSTON CHURCHILL BLVD. • 905-829-0915
CINEPLEX ENTERTAINMENT SILVERCITY BRAMPTON HWY 410/BOVAIRD DR. • 905-789-6797
CINEPLEX ENTERTAINMENT SILVERCITY RICHMOND HILL 8771 YONGE ST RICHMOND HILL • 416-646-0444
Check theatre directories for showtimes

Rediscover a favourite . . .

THE BLOOR STREET DINER
Manulife Centre | 55 Bloor Street West | 416.928.3105
Open Daily 11:30am to 1am
Join Us !
Every Sunday for our renowned buffet brunch with omelette & carving station, and chocolate fountain.
www.EatertainMent.com

More than just hair

RICHARD CROUSE
For Metro Canada

Tomorrow comedian Chris Rock adds a new entry on his resume: Documentary filmmaker.

After a career spent making people laugh, in Good Hair, Rock is tackling a subject that sounds light hearted, but has deeper roots — the relationship African-American women have with their hair.

"When people first heard I was doing it they kind of thought it was going to be frivolous," he says. "They thought it would be some version of Punk'd where I exposed people for not having their own hair or whatever and they see the movie and they are surprised."

Surprised perhaps that Rock uses the subject of a cultural obsession with hair as a starting point to address larger issues.

"It's hair," he says. "It's self esteem. It's race. It's how we look at ourselves. It's the beauty industry. It's a black movie. It's a white movie. It's an American movie. It's a world movie. It's a really gay movie. It's a lot of movie."

Chris Rock's first venture into documentaries, Good Hair, looks at a culture's obsession with hair.

Rock's formal foray into the culture of hair was inspired by a question his daughter asked — "Daddy, how come I don't have good hair?"— but he had his own experience with toxic hair relaxers years before.

Good Hair opens in Toronto tomorrow

"I've had my hair relaxed and it burned," he said. "It feels like having your head set on fire. I stopped when I got Lethal Weapon. It was literally like, 'I got a million dollars and burning my scalp ... that is not being rich.' I dreaded it. I thought if I can't make money without doing this then I'm just not going to make any money."

He has, of course, made money without sacrificing his scalp.

His career is thriving — he has two features coming out next year, including Grown Ups opposite his old SNL partner Adam Sandler — and, he says, Good Hair may not be his last documentary.

"I just have to find the right topic," he says. "You can't just do it because you have a slot. 'OK, it's been a year!' That doesn't work for me. This one was really from my heart.

"I'm not gonna get rich off of this, but this really, really came from heart."

All Ages for TV Commercials

Could you do high pay commercials? Tryouts by phone for men, women, boys & girls, are on at Canada's NIB Broadcast Training Centre for special evening or weekend studio workshops in TV and Radio Commercials - as well as DJ, News, Sports, Entertainment Reports and Program Hosts. Good voices wanted. To try your voice -

Just Phone, Listen, Talk 416 **922-5988**

IN THEATRES OCTOBER 23RD

YOU COULD

WIN

A DOUBLE PASS TO THE ADVANCE SCREENING OF
CIRQUE DU FREAK:
THE VAMPIRE'S ASSISTANT
AND A PAIR OF PASSES TO SCREEMERS!

ENTER FOR YOUR CHANCE TO WIN!
metronews.ca

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes October 16, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

metro

Toronto relies on other cities for 50,000 units of blood each year.

You can change that.

1 888 2 DONATE

Canadian Blood Services
it's in you to give

TO 10/15/09

	Vu	SC		C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	265	353	2	TVO	Super Structures (N)		The Agenda With Steve Paikin		The Jury (Part 3 of 6) (N)		Masterworks (N)		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	Survivor: Samoa (N)		The Office (N)	The Office	90210 (HDTV) (N)		News Final
	215	343	4	OMN1	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere V	Omni News:	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	Wheel-Fortune	Jeopardy! (N)	Doc Zone (N)		The Border "Broken" (N)		CBC News: The National		The Hour
	214	344	7	CITY	Law & Order: SVU		Community (N)	Parks-Recreat	30 Rock	30 Rock	The Jay Leno Show (N)		News
	212	313	8	CTV	The Vampire Diaries (N)		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		(10:01) The Mentalist		CTV News
	218	345	11	CHCH	*Ms. Bear* ★★ (1997, Adventure) Ed Begley Jr., Kaitlyn Burke.				*The Parole Officer* ★★ (2001, Comedy) Steve Coogan.				News at 11 (N)
	137	763	13	TFO	Panorama		Météo	Volt "Bouffe"	*Le Gorille vous salue bien* (1958, Aventures) Lino Ventura.				Expédition
	-	-	14	-	Family Guy	The Office	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Talk About It
	213	326	15	SUN	The Insider (N)	George Lopez	Funniest Pets	Funniest Pets	Supernatural (HDTV) (N)		The Insider	Hitchcock Pres	Becker
	-	387	16	CBS	Inside Edition	Hollywood	Survivor: Samoa (N)		CSI: Crime Scene Invstgtn.		The Mentalist (HDTV) (N)		News 4 at 11
	-	385	17	NBC	The Insider (N)	Entertainment	Community (N)	Parks-Recreat	The Office (N)	30 Rock	The Jay Leno Show (N)		News
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	FlashForward (HDTV) (N)		Grey's Anatomy (N)		(10:01) Private Practice (N)		News
	219	346	20	ACH-B	TMZ (N)	Hollywood	FlashForward (HDTV) (N)		Fringe "Dream Logic"		(10:01) Private Practice (N)		A News
	-	-	28	FOX	Judge Judy (N)	Two/Half Men	Bones (HDTV) (N)		Fringe "Dream Logic"		Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	News-Lehrer	My Hero	Doc Martin		Monarchy With David Starkey		MI-5 "Divided They Fall"		Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	The Vampire Diaries (N)		Supernatural (HDTV) (N)		PIX News at Ten Tong.		Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Law & Order: SVU		WBZ News	Frasier	The Office	Name Is Earl	Frasier
	298	653	332	TLA	The Tyra Show (N)		According-Jim	Family Guy	KTLA News	KTLA News	Two/Half Men	Two/Half Men	Vamp. Diaries
news	502	390	26	NW	CBC News	Marketplace	CBC News: Tonight (N)		CBC News: The National		The Nature of Things		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
	509	504	79	CNB	Kudlow Report		The Oprah Effect		Swoosh! Inside Nike		Porn: Business of Pleasure		Mad Money
sports	405	417	22	net	MLB Preview	MLB Baseball National League Championship Series Game 1 -- Teams TBA. (HDTV) (Live)							Sportsnet Con.
	400	400	30	TSN	That's Hockey!	NHL Hockey Tampa Bay Lightning at Ottawa Senators. (HDTV) (Live)					SportsCentre (HDTV) (Live)		
	411	457	58	OLN	Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters		Bounty Hunter
	417	406	81	SC	Pass Time	Pass Time	Pinks -- All Out (HDTV)		Jacked!	Jacked!	Wrecked	Wrecked	Pimp My Ride
family	551	542	25	YTV	Drake & Josh	Family Biz	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	Prank Patrol	Adrenaline
	554	544	45	TEL	Stoked	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill	*Blade: Trinity* ★★ (2004, Horror)		
	556	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential	Divine Design	Divine Design	Don't Move
	570	580	29	MM	One Tree Hill		So You Think You Can Dance Canada Top 8.				Dance	Instant Star	One Tree Hill
	615	520	31	A&E	Criminal Minds (HDTV)		The First 48 "Torched"		The First 48 (HDTV)		The First 48 "Blackout"		Crime 360
	700	800	35	TLN	Centrovetrine	Sky TG 24	L'Insegnante Va in Collegio				George Lopez	George Lopez	George Lopez
	571	581	36	MMM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Storytellers Snoop Dogg.		The Daily Fix
	575	583	38	CMT	Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Karaoke Star
	616	521	39	SHO	The Outer Limits		Da Vinci's City Hall		The Best Years (DVS)		Saving Grace (HDTV) (N)		NCIS
	620	523	40	BVO	Storytellers	Camera	Bathroom Divas-Opera Star		*Metal: A Headbanger's Journey* (2005)			Bravo!Videos	Law & Order
	601	562	41	SLC	Rich Bride, Poor Bride		X-Weighted		X-Weighted "Sharla"		X-Weighted "Jeremy"		ET Canada
	522	506	43	HIS	Ice Road Truckers		Ancient Discoveries		Underworld Histories		Life After People (N)		Air-Crane! (N)
	625	548	44	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Hot Box	Jon Dore Show	Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	Holmes Inspection		Family Reno	Disaster DIY	House Hunters	House Hunters	Holmes Ins.
	294	529	47	TBS	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: SVU		*Payback* ★★ (1999, Action) Mel Gibson.		
	576	582	49	BET	106 & Park: BET's Top 10 Live		*The Matrix* ★★★ (1999, Science Fiction) Keanu Reeves, Laurence Fishburne.						Mo'Nique
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Primeval		Eureka (N)		InnerSpace (N)
	581	566	52	MTV	The City	After	Gone Too Far		Fantasy Fact.	Beatdown	Nitro Circus (N)	Pranked	MTV Live
	618	524	54	TROP	Seinfeld	Seinfeld	The Outer Limits		ET Canada	TV Made, Do It	Family Guy	Seinfeld	Seinfeld
	603	561	56	FOOD	Ricardo	Road Grill	Restaurant Makeover		Perfection	Perfection	Ace of Cakes	Ace of Cakes	Family
	261	394	60	V	Murder, She Wrote		On the Buses	'Allo, 'Allo!	*Cocoon* ★★★ (1985, Fantasy) Don Ameche, Wilford Brimley.				
	621	527	63	STR	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
	553	546	65	TRE	Backyardigans	Nght Grdn	Waybuloo	Franklin	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby
	115	711	101	TVA	La Fièvre de la danse (SC)		Dieu Merci (HDTV) (SC)		Le Gentleman (N) (SC)		TVA nouvelles	(10:45) Denis Lévesque	
	126	730	102	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	526	507	249	VIVA	Judging Amy		Missing "This Is Your Life"		The Closer "Blindsided"		Da Vinci's Inquest		Psychic Inv.
	300	601	301	M1	(6:50) *Screamers: The Hunting* (2009)			Nurse Jackie	*What Doesn't Kill You* ★★★ (2008, Crime Drama)				Penn & Teller
	305	612	306	PIX	(7:10) *Three Violent People* ★★ (1956, Western)				*Wild Wild West* ★ (1999, Action) Will Smith, Kevin Kline.				*Jon Mnemonic*

critics'corner

The Border
As Gray (Graham Abbey) and the rest of the ICS team continue their investigation into the explosion that left one of their number dead and two others seriously injured, U.S. Homeland Security agent Bianca LaGarda (Sofia Milos) returns — and she's not alone. She's escorting a Guantanamo Bay prisoner with terrorist connections. James McGowan also stars in the new episode "Broken." 9 PM on CBC

Doc Zone
"Canada: Above and Beyond," CBC's four-part review of the first 100 years of Canadian aviation, continues with "Conquering Geography," which focuses on the pilots who fly in the most challenging conditions. Whether they're putting out forest fires, mapping the backcountry from the air or servicing our northernmost airports, these folks need nerves of steel. 8 PM on CBC

The horror...the horror

Prepare to freak out your friends with a bone-chilling buzz this Halloween. Visit pocketcocktails.com/halloween for recipes for Tarantula Blood, October Blood Punch and an Eyeball Martini. Devilishly delicious... METRO NEWS SERVICES

Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Odd layout, very flavourful fare

STEPHANIE DICKISON
TorontoUrbanFoodie@gmail.com

259Host

259 Wellington St.
416-599-4678
259host.com

Rating: ●●●
Dinner for 2: $60

The Host, a fairly successful chain in Toronto for the last 12 years, has added 259Host, a fine dining resto that employs the same kinds of ingredients with a more refined, upscale look.

The first thing you'll notice is the awkward layout. A few tables sit at ground level, with stairs leading to two banquettes and one communal table on the second. Private dining is on the third floor.

The second thing is the food. Flavours stand out, such as the Goan style curry sauce of Chicken Xacuti ($17) that is a blend of 25 hand-ground spices and employs a heavy heat while still imbuing flavour.

And the Lobster Tail ($24) lavished with a fresh red pepper and coconut paste, though not as soft buttery as I'd hoped, is still lively and rich. The service is a bit much — a server and the manager look after us. The server begins by telling us what her "personal favourites" are (two in every category, really?) and the manager tells us why his restaurant is so great (grain-fed chicken, fresh vegetables).

This kind of puts us off, as does the strange layout. Fix those two things and you might have something great.

On the web

- Get recipes and more great food content at metronews.ca/recipes

STEPHANIE DICKISON/FOR METRO CANADA

Lobster Tail ($24).

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant to watch turkey leftovers get a Tex-Mex spin. Diane cooks up BBQ sauce and a great sandwich.

Dining out

SIN CITY
From Oct. 19-25, celebrate Toronto's Chocolate Fest, that includes Choc Elite dinners around town, the 4th Annual Chocolate Ball and the 9-1-1 Chocolate Relay. All proceeds from the events go to support breast and prostate cancer research. Visit chocolatefestivalweek.com for more info.

SPOOKY EATS
From Oct. 24-31, take part in Church-Wellesley Village's Devilicious Culinary Tour. Prix Fixe menus are being offered by some of the neighbourhood's restos, such as Kaiseki-Sakura, Hair of the Dog and Statlers Restaurant & Lounge. See all of them at halloweek.ca.

–STEPHANIE DICKISON

In brief

IN SEASON Good Food for All: Seasonal Recipes from a Community Garden, a new cookbook by The Stop, shows you how to make great food and a difference. See thestop.org.

MARKET MAKEOVER The Miele Gallery at the Market Kitchen, St. Lawrence Market's new cooking school and event venue was officially reopened last week after renovation. Check it out at stlawrencemarket.com.

Nightwood Theatre

Joy Rides
AUDIENCE EVENTS FOR WOMEN IN THE DRIVER'S SEAT

Women Piloting Innovation
Presented by Nightwood Theatre & MaRS

How do we build an innovation economy that harnesses the full capacity and creative energy of women? Will a more inclusive framework emerge, or will we see the proliferation of new businesses as more women rise into leadership positions in the innovation economy? What is the contribution of women at the forefront of breakthrough discoveries, and building knowledge-based enterprises?

In this forum, we hear these trailblazers who have moved technologies and innovation strategies out of the idea stage and into actionable plans delivering timely results: **Lib Gibson** (launched Sympatico, GlobeInvestor and Workopolis, former CEO of Bell Globemedia Interactive), **Kerri Golden** (Entrepreneur and Investor), **Jo Coombe** (VP, Strategic Accounts, Bullfrog Power), **Rona Maynard** (Author, Speaker and former Editor of Chatelaine), and **Megan Mitchell** (former Director of Leadership Development and Innovation, Johnson & Johnson Inc.). Moderated by **Ilse Treurnicht** (CEO, MaRS).

WEDNESDAY, OCTOBER 28, 7:30am–9:15am (includes breakfast)
Where: MaRS Centre, CR-3, 101 College Street, Toronto
Tickets: $25

High Tea with actor SONJA SMITS

Indulge in opulent teas and delicacies in an intimate teaparty with **Sonja Smits**, star of *That Face* (onstage Oct.26 to Nov.21), and indisputably one of Canada's most celebrated film, television and theatre performers. Hosted by the Waterfall Tea Room, this event takes place immediately following the November 7 matinee performance of *That Face*.

SATURDAY, NOVEMBER 7, 4:00pm–5:15pm
Where: Berkeley Street Theatre
Admission: $10

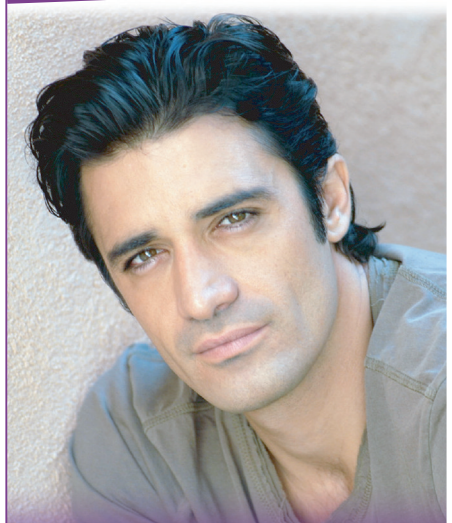
TICKETS & INFORMATION CALL 416.955.0101
or book online at nightwoodtheatre.net | FOR THESE AND OTHER EVENTS & PRODUCTIONS

4X4 FESTIVAL SPONSOR
BMO Financial Group

THE NATIONAL WOMEN'S SHOW
Presented by: ROGERS
October 23 - 25
METRO TORONTO CONVENTION CENTRE - SOUTH BUILDING
Grab your friends and have some fun at the ultimate
Girl's Day Out!
SHOP AT OVER 425 EXHIBITS!
Great Deals • Fashion Shows
Free Makeovers
Cooking Demos
Food & Wine Sampling
Fitness & Travel Ideas
Health & Wellness Experts
FRIENDS, LAUGHTER, FUN!
Arrive early for your goodie bag full of free samples.
Available daily, while quantities last.

BRING A FRIEND AND SAVE $5
With this coupon, save $5 when 2 regular adult admission tickets are purchased. No cash value.
Friday: Noon - 9 pm
Saturday: 10 am - 6 pm
Sunday: 10 am - 5 pm
Admission: $14
For info call: 1-800-891-4859 ext. 600

LOOK WHO'S COMING TO TORONTO!



GILLES MARINI offers the inside scoop on the hit movie *Sex and the City* plus his *Dancing With the Stars* experience!

Save money, buy tickets online!
www.NationalWomenShow.com

Thank you to our sponsors!
SAMSUNG · Redd Hair Studio · Pharmasave · The Fashion Cartelle · pick Ontario · Weirdnot
Media partners include: Chatelaine · 97.3 EZ Rock · Toronto Star · thestar.com · 99.9 · Citytv

What is Courtney 'revving up,' exactly?
Courteney Cox says she and husband David Arquette are looking forward to having a second child — eventually. "We're not trying yet. We're revving up the engines. I'm only ready because time's a-ticking," she tells OK! Magazine. METRO WORLD NEWS

Celebrity Buzz

Celebrity tweets

Stephen Fry gets frustrated hanging his clothes, Jessica Simpson doesn't appreciate pranks about her lost dog, and Moby has an interesting plane ride.

• @stephenfry
Of all human inventions coat hangers behave the least well. Entirely slappable entities at the best of times.

• @JessicaSimpson
People have been contacting my family and friends saying that Daisy has been found. Untrue. People are so cruel.. please respect her memory.

• @thelittleidiot
2 drunk pornstars sitting behind me on the flight to san diego. They brought their yorkies with them. Its like a cancelled sitcom from 1986.

METRO NEWS SERVICES

Jacksons squabble over kids appearing on family's show

ISN'T A JACKSONS REALITY SHOW SUPERFLUOUS? The Jacksons are at odds over the inclusion of Michael Jackson's three children in an upcoming A&E reality show about the famous family, Us Weekly reports in its latest issue.

A source tells Us Weekly the buzzed-about program will include Michael's kids — Prince, 12, Paris, 11, and Blanket, seven — though not everyone's happy about it. Eldest sister Rebbie, 59, who has refused to be in the series (called The Jacksons: A Family Dynasty, tentatively set to air in December), "feels Michael would spin in his grave if he knew his kids would be on this show."

While Janet, 43, is on board, mom Katherine "is just going along with things," the source continues. Still, one of the creators of the program — which will be either five one-hour episodes or 10 half-hour episodes — says the family shines on the series.

"We have 23 cast members with the last name Jackson," executive producer Jodi Gomes tells Us Weekly. "They've done a great job opening up about losing a brother."

METRO NEWS SERVICES

Tracy takes aim at former SNL co-stars for being mean

YOUR CAREER SUCKS, AND MINE DOESN'T Tracy Morgan has some choice words for his former Saturday Night Live co-stars, Cheri Oteri and Chris Kattan.

According to Defamer, the 30 Rock star says his ex-colleagues mistreated him during their SNL years together in his upcoming autobiography, I Am the New Black — and judging by his ad-libs during his audiobook recording, Morgan's not over it.

"I could remember those two, especially those two people, treating me like the invisible guy. Now look where they at. Cheri Oteri, she can't even get arrested," he says in the clip. "Where's Chris Kattan now? They never going to host Saturday Night Live."

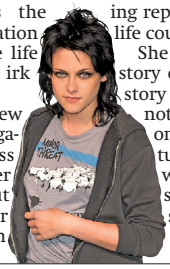
The Emmy-nominated Morgan, who has hosted SNL, adds that Will Ferrell, Colin Quinn and Molly Shannon treated him "beautifully."

METRO NEWS SERVICES

Kristen's sick of Rob romance rumour

BUT IT'S A GENUINE RUMOUR! Kristen Stewart is tiring of reports she's dating her Twilight film series co-star Robert Pattinson, insisting she's sick of reading the same story every day, femalefirst.co.uk reports.

The young actors have been forced to deny persistent reports they have taken their on-screen romance off-screen and Stewart admits the constant speculation over her private life is beginning to irk her.



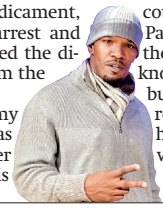
In an interview with Allure magazine, the actress refuses to answer questions about the extent of her relationship with Pattinson for fear of fueling reports they are a real-life couple.

She says, "I read that story every day... It's in a story every day, so let's not put it in another one." The pair will return later this year with New Moon, the second movie in the saga,

METRO NEWS SERVICES

'Roman Polanski would be missing' if it had been my daughter: Foxx

HOMICIDAL IN HOLLYWOOD Jamie Foxx is less than understanding of Roman Polanski's predicament, given the 1977 arrest and trial that prompted the director's flight from the U.S.



"If it had been my daughter who was barely a teenager — my daughter is 15 — Roman Polanski would be missing. Period. It wouldn't even get to the court case," Foxx tells Parade magazine. "On the other hand, I don't know Roman Polanski, but maybe if I had a relationship with him my answer would be different."

METRO WORLD NEWS

Russell's ex has a warning for Katy

SHE'S NOT BITTER AT ALL Katy Perry may be enjoying what looks like a blossoming relationship with Russell Brand, but an ex-girlfriend of the British comedian says Perry should not get too comfortable. "Everyone knows you don't date Russell Brand seriously," Georgina Baillie tells Life & Style magazine. "Russell likes the idea of having a serious relationship, but when you've got all these different flavours of ice cream offered to you on a plate, you're not going to stick with vanilla, are you? I don't think he's capable of monogamy."

METRO WORLD NEWS

Johnny hopes kids don't want to act

IT'S NOT LIKE THEY NEED A JOB Johnny Depp has had an incredibly successful acting career, but he hopes his kids don't follow in his footsteps. "I honestly hope that Lily-Rose and Jack don't want to become actors — that's my greatest fear," Depp says, according to Hollyscoop. "I always show them my various costumes and they love it. My children seem to take my job for granted."

METRO WORLD NEWS

Paris acquires a pot-bellied pig

DOES LOUIS VUITTON MAKE PIG OUTFITS? Paris Hilton is adding a new animal to her menagerie: A pot-bellied pig she's naming Princess Piglet. "Paris is thrilled. She is a major animal lover and is excited for the arrival of her new piglet," her rep tells TMZ. Not thrilled, however, are animal rights activists PETA, who say she treats her pets as disposable.

METRO WORLD NEWS

Ex-senator declares her innocence

THE WHEEL OF CELEB JUSTICE A former Bahamas senator denied trying to blackmail actor John Travolta after the death of his 16-year-old son as she testified in her extortion trial yesterday.

In an unsworn statement, Pleasant Bridgewater told jurors she was set up by the movie star's lawyers and complained she has been ridiculed and ostracized since being charged in January. "I maintain my innocence," said Bridgewater, who was not subject to cross-examination because she did not swear an oath. "I will be the first to say I am no saint. But I am no devil."

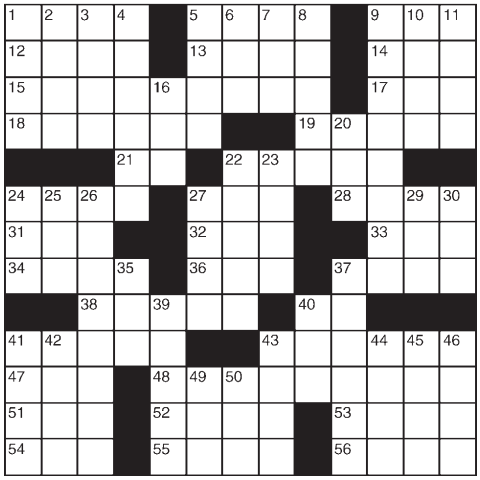
Defence lawyers began presenting their side after three weeks of testimony by prosecution witnesses including Travolta, who said ambulance driver Tarino Lightbourne threatened to sell stories to the news media suggesting the movie star was at fault in the death of his son, Jett, unless he paid $25 million US. Bridgewater is accused of negotiating with Travolta's attorneys for Lightbourne. Both defendants have pleaded not guilty to extortion. The alleged scheme involved a document that Travolta signed in the moments after his son suffered a seizure at a family vacation home on Grand Bahama.

THE ASSOCIATED PRESS

The Weather Network
TWN incorporates MSC data
Today Partly sunny 6°/ -1°
Friday Partly sunny 7°/ 1°
Saturday Partly cloudy 8°/ -2°
TAKE THE WEATHER WITH YOU visit mobile.theweathernetwork.com

Take Five

For more delicious Metro recipes, visit: **metronews.ca/food**



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

5		1		8				
			9				2	
	8			6		7		
4		3	1		6	5		
	1						4	
		6	5		8	3		2
		8		3			7	
	7				1			
				2		8		9

ACROSS

1 Tackled weeds
5 Miss Scarlet's game
9 Occupation
12 Incite
13 Padlock fastener
14 Kyoto cummerbund
15 Recurring marine events
17 Thither
18 Fall
19 Propelled a scull
21 "— what?"
22 Felix Salten story
24 Bad habit
27 "El —"
28 Old Testament kingdom
31 Commotion
32 Peculiar
33 Actress — Longoria Parker
34 — hall meeting
36 Month (Sp.)
37 Now, on a memo
38 Refuge
40 @
41 Nonsense
43 Will subject
47 Disencumber
48 Wasn't neutral
51 Lemieux milieu
52 Saskatchewan tribe
53 Complain
54 Surprise cries
55 Flock
56 Host

DOWN

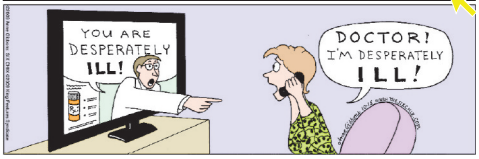
1 Suspended
2 Sandwich treat
3 "Zounds!"
4 Oust from a throne
5 Goatee site
6 Young bloke
7 Work with
8 English racetrack site
9 Trips taken in "borrowed" cars
10 Reed instrument
11 Tie
16 Pair
20 Homer's dad
22 Obama's veep
23 Puts in
24 Cistern
25 Altar affirmative
26 Leather materials
27 Arrive
29 Eggs
30 Chart
35 Carpet feature
37 Theseus' land
39 Fodder plant
40 Pompous sort
41 Small combo
42 Opulent
43 Scratched (out)
44 Hebrew month
45 Clause in a contract
46 Get a glimpse of
49 Raw rock
50 "— the ramparts ..."

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

9	4	6	2	3	7	1	5	8
2	1	7	6	8	5	9	4	3
3	8	5	1	4	9	6	2	7
6	5	1	7	2	3	8	9	4
4	2	9	8	1	6	3	7	5
8	7	3	9	5	4	2	6	1
1	6	4	5	9	8	7	3	2
7	3	2	4	6	1	5	8	9
5	9	8	3	7	2	4	1	6

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Homemade Whole Wheat and Beer Pizza

Submitted by Eilean McKenzie, Winnipeg

INGREDIENTS:

Crust:
2 cups white all-purpose flour
1/2 cup whole wheat flour
1 tbsp dried rosemary
2 tsp garlic salt
1/2 tbsp chili flakes
1 tbsp yest
1 tsp sugar
1 cup of beer at room temperature
1/2 cup of olive oil
1/4 cup water (if necessary)

Topping:
1 cup barbecue sauce
1 cup cubed cooked chicken breast
1 cup low fat shredded cheese (marble or mozzarella)
Fresh vegetables

METHOD:
1.Put all dry ingredients in a large mixing bowl. Evenly mix them.
2. Add olive oil and beer. Keep mixing till you form a ball of dough. If it's a little dry, add more beer or warm water. If it's a little sticky, sprinkle on flour. When you remove the dough from the bowl, it should be sticky but not leave anything on your fingers or in the bowl.
3. Stretch dough onto greased cookie sheet or pizza stone.
4. Top with barbecue sauce and other ingredients.
5. Cook for 30-45 minutes at 400°F until crust is golden brown and cheese is bubbling.

SERVES 4
PREP TIME: 10 MINUTES
COOK TIME: 35 MINUTES

20 minute SUPPER CLUB
20 Minute Supper Club helps you get dinner ready in a snap at **20minute supperclub.com**. Visit 20minutesupperclub.com/metro to be entered to win a $50 President's Choice gift certificate!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You will go out of your way to make life easy for loved ones and colleagues. What you do for them now they will do for you later

TAURUS ♉
APRIL 21-MAY 21
Try not to get too close to something you are working on, because if you do you may lose your sense of perspective.

GEMINI ♊
MAY 22-JUNE 21
It is time to put your own interests first and start work on something you have been planning for quite some time.

CANCER ♋
JUNE 22-JULY 22
With love planet Venus at odds with Pluto today you must expect others to demand their independence, and if you're wise you will give it to them.

LEO ♌
JULY 23-AUG 23
You will get a lot more out of social activities than just sitting at home watching TV, so get your act together and get out into the world.

VIRGO ♍
AUG 24-SEPT 22
Any barriers you encounter today are most likely to come from your work rivals. But that's OK because you like a challenge.

LIBRA ♎
SEPT 23-OCT 23
Success is yours if you want it but with your ruler Venus at odds with Pluto today you could be a bit too reckless for your own good.

SCORPIO ♏
OCT 24-NOV 22
If you want to begin it on the right note there are things you need to get sorted, especially your tendency to dwell in the past. Move on.

SAGITTARIUS ♐
NOV 23-DEC 21
You must get the balance right when it comes to furthering your ambitions. By all means aim to get ahead but try not to appear too pushy or selfish.

CAPRICORN ♑
DEC 22-JAN 20
Do you guard your independence and put your own interests first? Or do you trade freedom for security? Only you can decide, but decide you must.

AQUARIUS ♒
JAN 21-FEB 18
The Sun and Venus in Libra boost your confidence and make it easier to be adventurous. If you get the chance to travel today take it.

PISCES ♓
FEB 19-MARCH 20
You're in one of your impulsive moods at the moment and inevitably you will get yourself into some risky situations.

TRAVEL EXPO
Presented by FLIGHT CENTRE Unbeatable
Saturday October 17 10 am to 5 pm
FREE ENTRY
Metro Toronto Convention Centre South Building Hall G
Pre-register at any Flight Centre store or online at **flightcentre.ca/travelexpo.**
Call your local store for more details at **1 866 738 0740.**

This day in history

1815: Napoleon I of France begins his exile on Saint Helena in the Atlantic Ocean.
1878: The Edison Electric Light Company begins operation.
1917: World War I: At Vincennes outside of Paris, Dutch dancer Mata Hari is executed by firing squad for spying for the German Empire.
1966: Black Panther Party is created by Huey P. Newton and Bobby Seale.
1989: Wayne Gretzky becomes the all-time leading points scorer in the NHL.

METRO NEWS SERVICES

MEDICAL & GENERAL LAB TECH
Evening Classes starting Nov'09
BE JOB READY IN MONTHS
ASK ABOUT
- CONVENIENT SCHEDULES
- JOB PLACEMENT ASSISTANCE
- FINANCIAL ASSISTANCE (for those who qualify)
Medix School
www.medixschool.ca
REAL PEOPLE REAL TRAINING REAL JOBS
North York: 416.630.8021 • Scarborough: 416.701.1201
Brampton: 905.487.1163

Sale prices start Fri., Oct. 16 and end Sun., Oct. 18

Sears

super Fri., Sat. & Sun.

SATURDAY ONLY!

Inventory Blowout!

Use your Sears® MasterCard® or Sears Card and

save an extra 50% OFF

the already-reduced clearance prices of men's, women's & kids' fashions, women's & men's footwear with prices ending in .80, .70 & .60

or 40% off with any other form of tender

Selection varies by store. While quantities last.

Sat. only Timed Specials 7-11 a.m.

50% off

***All** Women's, Men's & Kids' reg.-priced sweaters

40% off

***All** reg.-priced Jessica, Jessica Weekend, Tradition and Tradition Country Collection Fashions

40% off

***All** Men's reg.-priced socks & underwear

ALL WEEKEND LONG

19.99 Each

***All** reg.-priced WonderBra® & Playtex® boxed bras

Sears reg. $32-44.25.

Receive a $15 Sears Cash card

when you use your Sears® MasterCard® or Sears Card and spend $75 or more††† on cosmetics or fragrances. Cash Card redeemable on your next cosmetics or fragrance purchase.

†††Before taxes, on approved credit. In store only. Limit one per customer. Ask for details.

CUSTOMER APPRECIATION WEEKEND

CUSTOMER APPRECIATION WEEKEND

We'll deduct the equivalent of up to

3X GST** on reg.-priced MAJOR APPLIANCES***

6X GST** on reg.-priced FURNITURE†

7X GST** on reg.-priced SLEEP SETS

6X GST** on reg.-priced CUSTOM FURNITURE

PLUS

When you use your Sears® MasterCard® or Sears Card and spend $1500 on furniture†, sleep sets and major appliances you can...

Collect Double Sears Club™ Points†† & Choose from 6 finance options‡‡‡

PLUS

Receive a $60 delivery mail-in rebate‡

INSTALLED HOME IMPROVEMENTS

We'll deduct the equivalent of up to

3X GST** installed 30-year or better shingles plus get up to $675 back with the HRTC‡‡. Installation Guaranteed when booked by October 18th, 2009. Some restrictions apply

Call 1-800-4-MY-HOME

OFFERS AVAILABLE IN SEARS DEPARTMENT, HOME, DECOR AND DEALER STORES.

*These savings offers exclude items with prices ending in .97, Special Purchases, '2 for' offers, Jockey®, Calvin Klein and Lands' End brands, manufacturer's clearance items, twin packs and currently advertised items.**Sears will deduct a discount amount equivalent to up to three times, six times or seven times the GST. Minimum purchase requirements apply. Ask for details. Applicable GST and PST will be shown on your receipt. Offers do not apply to 'great quality, priced right. **everyday**' items with prices ending in .97, Special Purchase items, mix & match sleep sets, deferral/installment billing fees, protection agreement, delivery or installation charges. Ask for details. ***Excludes microwaves, accessories and national brand laundry appliances. †D/601 Furniture Shop; excludes baby and patio furniture in Sears Department stores. ††On approved credit. Purchases made on the Sears® MasterCard® or Sears Card will receive Double Sears Club™ Points. Excludes items in our Liquidation/Outlet stores. Offer in effect Fri., Oct. 16 until Sun., Oct. 18, 2009. Ask for details. Sears Club Points do not apply to taxes or delivery charges. ‡On approved credit. Delivery Service must be purchased in order to receive rebate. ‡‡The Home Renovation Tax Credit calculation is based on the Sears average installed cost for this product in 2008. The HRTC credit applies to eligible purchases of $1000 or more, before taxes. The credit does not apply to rental programs. Some restrictions apply. Visit www.cra-arc.gc.ca for details. ‡‡‡On approved credit. Some restrictions apply. Ask for details.

NE102G309 © 2009 Sears Canada Inc.

LAST CHANCE

HYUNDAI™ SMART ADVANTAGE

LOWER PRICES WITH ~~OR~~ 0% PURCHASE FINANCING◊

2009 ELANTRA "HIGHEST RANKED COMPACT CAR IN INITIAL QUALITY IN THE U.S."Ω

- J.D. POWER AND ASSOCIATES

Limited model shown

GL with Sport Package model shown

2009 ELANTRA L

LAST YEAR'S STARTING PRICE ~~$15,845~~

NOW FROM **$11,995**♦

WITH **0%** PURCHASE FINANCING FOR 36 MOS.◊

2009 ELANTRA TOURING L

STARTING FROM ~~$14,995~~

NOW FROM **$13,995**¥

WITH **0%** PURCHASE FINANCING FOR 36 MOS.◊

2009 TUCSON L

LAST YEAR'S STARTING PRICE ~~$21,185~~

NOW FROM **$17,995**♦

WITH **0%** PURCHASE FINANCING FOR 48 MOS.◊

Limited model shown

INTRODUCING THE 2010 SONATA GL

FEATURING **BEST-IN-CLASS FUEL ECONOMY**†

STARTING FROM ~~$22,499~~

NOW FROM **$18,999**¥

WITH **0%** PURCHASE FINANCING FOR 48 MOS.◊

Limited model shown

2009 SANTA FE 2.7L GL

LAST YEAR'S STARTING PRICE ~~$25,995~~

NOW FROM **$21,995**♦

WITH **0%** PURCHASE FINANCING FOR 48 MOS.◊

Limited model shown

HYUNDAI CLEANAIR™ COMMITMENT

PLUS GET UP TO $1,000‡ IN ADDITIONAL SAVINGS

OFF OUR ALREADY LOW PRICES AND FINANCING WHEN YOU TURN IN YOUR 1995 MODEL YEAR OR OLDER VEHICLE. THAT'S ON TOP OF THE $300 AVAILABLE FOR ELIGIBLE PARTICIPANTS OF CANADA'S RETIRE YOUR RIDE PROGRAM.

Retire Your Ride
Canada's Vehicle Recycling Program

cleanair FOUNDATION

Visit **www.hyundaicanada.com** for more Clean Air Commitment information or to locate your local Hyundai dealer.

5 YEAR
100,000 KM
WARRANTY
COMPREHENSIVE LIMITED WARRANTY††

HYUNDAI™

GRADUATE REBATE PROGRAM

"The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ♦Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Elantra L/2009 Tucson L/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Elantra Limited of $20,295/2009 Tucson Limited of $27,495/2009 Santa Fe Limited of $32,445. ¥Prices calculated after deducting price adjustments off the lease/finance starting prices. Price adjustments of $1,000/$3,500 available on a 2009 Elantra Touring L 5-speed/2010 Sonata GL 5-speed. Prices for models shown (after deducting price adjustments): 2009 Elantra Touring GL with Sport Package is $20,195/2010 Sonata Limited model shown is $30,499. ♦♦Delivery and Destination charges of $1,495 for 2009 Elantra/$1,495 for 2009 Elantra Touring/$1,765 for 2009 Tucson/$1,765 for 2009 Santa Fe/$1,565 for 2010 Sonata. Registration, insurance, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ◊Purchase financing available O.A.C. from Hyundai Financial Services on 2009 Elantra/2009 Elantra Touring/2009 Tucson/2009 Santa Fe/2010 Sonata models with a finance rate of 0% for 36 months (2009 Elantra/2009 Elantra Touring) or 48 months (2009 Tucson/2009 Santa Fe/2010 Sonata). Monthly payment is $27.78 per $1,000 financed. Down payment may be required. Not all buyers will qualify. Offer may be changed or withdrawn at any time without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ΩThe Hyundai Elantra received the lowest number of problems per 100 vehicles among compact cars in the proprietary J.D. Power and Associates 2009 U.S. Initial Quality Study℠. Study based on responses from 80,930 U.S. new-vehicle owners, measuring 245 models and measures owners after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2009. Your experiences may vary. Visit jdpower.com. †Fuel economy comparison based on combined fuel consumption rating for the 2010 Sonata GL auto (8.0ZL/100km) and 2009 EnerGuide combined fuel consumption ratings for the full size vehicle class. Fuel Consumption for 2010 Sonata GL automatic (HWY 6.2L/100km, 46 mpg; CITY 9.5L/100km, 30 mpg) is based on manufacturer testing. Actual fuel consumption may vary based on driving conditions and the condition of certain vehicle accessories. ‡You may qualify for an additional incentive ($300 in B.C.) if you turn in your 1995 model year and older vehicle and participate in the national Retire Your Ride program, funded by the Government of Canada. To qualify, your vehicle must be 1995 model year or older, in running condition and fully registered and insured in the participants province for the last 6 consecutive months (12 months in B.C.). Upon confirmation of eligibility for the Retire Your Ride program, Hyundai Auto Canada will provide an additional $300 Cash that must be applied to the purchase of a new Hyundai vehicle in the amount of $500 - 2009 Accent / $500 - 2009 Elantra sedan / $500 - 2009 Elantra Touring / $500 - 2009 Sonata / $1,000 - 2009 Tucson / $1,000 - 2009 Santa Fe / $1,000 - 2010 Sonata. Cash has no cash value. Limit one per customer. Offer may be changed or withdrawn at any time without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. Not all buyers will qualify. Offer may be changed or withdrawn at any time without notice. See dealer for complete details. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. †Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions for any trade-in value for your old vehicle. For more information about the Retire Your Ride Program visit www.retireyourride.ca. Some conditions apply, see dealer for details.